**Free Pancake Breakfast – August 15**

A great way to start off the morning—the Pancake Breakfast has become a family tradition for Cedar Hills families. Breakfast includes: pancakes, eggs, bacon, milk, and juice. Time: 9:00 to 10:30 a.m. Location: The Vista Room at the Cedar Hills Community Center, 10640 N Clubhouse Drive. Good food, good friends, good fun. Be there or be hungry!

**All Vote-by-Mail Elections**

Cedar Hills is conducting all vote-by-mail elections in 2015. Ballots for the Primary Election have already been mailed to registered voters. Completed ballots must be returned by mail and clearly postmarked before Election Day, August 11, or placed in the ballot box at the Cedar Hills city office building by 8:00 p.m. on Election Day. Questions may be directed to the city recorder, Colleen Mulvey, at: cmulvey@cedarhills.org or 801-785-9668, ext. 503. More election information is available on the city’s website.

**An Important Message to Parents in Cedar Hills**

The crossing guard lights will soon be flashing and the sidewalks will be filled with kids eager to attend school. The city asks for your help in keeping our children safe as they walk to and from school. Please take a few minutes and explain the following precautions to your children:

- If your child needs to cross Cedar Hills Drive or Harvey Boulevard to get to their destination (school or home), PLEASE encourage them to use the crosswalk with the crossing guard, located in front of the school. The roundabout and trail crossings do not have a crossing guard and can be dangerous.
- Encourage your child to stand on the sidewalk until the crossing guard motions for them to cross the street. They are not to follow the crossing guard into the street until the crossing guard motions to them that it is safe.
- Encourage your child to walk quickly, not run, across the crosswalk. Bikes, scooters, skateboards, etc., are not to be ridden in the crosswalk, but need to be walked or carried while crossing.

**Parent and Teen Reminders:** Please slow down; the posted speed in a school zone is 20 mph. Leave home early enough to avoid rushing through the school zones. Watch carefully for children and the crossing guards. Let us make this another happy and safe year. If you have any questions or concerns, please call the city office.

**Recognition for Yards of the Month**

Each month during the summer the Beautification Committee gives awards to residents in recognition of their efforts to beautify the city. Photos of July’s winners are available for viewing on the city’s website: Residents > News and Events > Yards of the Month. Those who have been recognized in July are: the Nielsens on Sage Road North, the Dames on Doral Drive, the Turgeons on Applewood Circle, and the Lambs on Oxford Circle. The city has been divided into areas by voting precincts, and one winner from each area is selected each month through September.

**Cedar Hills Summer Concert Series Continues**

The city’s Summer Concert Series continues on August 8 and 29 with some amazing local talent. The free concerts will feature local bands and solo artists from the area. Performers on August 8 are Molly in the Mineshaft, a contemporary folk band based in Provo, and vocalist Evelyn Escalona. The performers on August 29 are Bayloaf 4, a popular “dad band” from Cedar Hills, singer Sabrina Haskett, and vocal artist Pete Conder. Bring lawn chairs and blankets and come and enjoy the sights, sounds, and relaxing atmosphere at the Cedar Hills Heritage Park amphitheater. The music begins at 7:00 p.m.
**Mayor’s Minute**

You have probably noticed that it is election season, and this year is very different in that we have an all vote-by-mail system now in place. You should have received your ballot in the mail by now. You can either fill it out and send it back in the mail or bring it to the city office to deposit it in the ballot box. We were the first Utah County city to announce the vote by mail elections, and we are proud that many other cities have followed our lead. I encourage you to take the time to research the candidates and learn how they stand on very important city issues.

I would like to make some comments about our first summer concert in Heritage Park this year. This is our third year since starting the concert series, and I feel it adds so much to our experience in Cedar Hills. We have had some fantastic acts in years past, including Nathan Osmond, Cedar Hills resident David Osmond, as well as Carmen Rasmussen and other American Idol and The Voice contestants. I have been asked to include my thoughts that I put in an email to our arts committee after the first concert this summer so I will add them here whole cloth:

“Sometimes a room can be packed and you can leave feeling empty after seeing someone perform, and sometimes you can be few in number and leave feeling like you have seen something very special. It was the latter at the Concerts in the Park offering on July 18. There were probably less than 100 people there, but those who attended saw a very special young man named Chuch Nichols as he stood and delivered a performance that many will never forget. Almost all of his songs were originals and from the heart—raw and personal. I hope this young man doesn't give up because he could go somewhere.

“I want to also give a shout out to Pete Conder, who did an excellent job hosting and producing the concert. I really enjoyed the whole night, so I don't want to forget Pointe Break who began the night. All the acts were high school kids, and the night ended perfectly as Chuch sang a touching original song about a Lone Peak High School student named Hunter, who took his own life. The audience was completely silent while listening to this last song and didn't clap as it ended, as Chuch had requested. I am so excited for the rest of the concerts this summer, so let's get more and more people to be there. Again, great job to all of the volunteer arts committee members. I'm so proud of what we are doing.”

I am very grateful for our staff and those who serve our city as elected officials and on committees.

---

**STORM WATER TIP OF THE MONTH**

**We Can Make a Difference**

**Storm Drains – We all live downstream!**

During this time of year when we are maintaining our yards, cleaning out garages, and washing cars, remember that all of the water that leaves your property enters the storm drain system and ends up in the local waterways. Here are some important reminders to ensure that our water is protected:

1. Apply lawn and garden chemicals sparingly. Excess can get washed out to the gutter and into the storm drain system.
2. Make sure that grass clippings and leaves are properly disposed of. These easily clog storm drain systems.
3. Landscaping materials that are delivered to your home should never be placed in the street or on the sidewalk. Have dirt, gravel, mulch, etc. delivered onto your property and make sure to sweep up the excess and dispose of it properly.
4. Never allow liquids such as motor oil, gasoline, paint, or other harmful items to be washed down the storm drain system.

**Use Caution Near Street Workers During Striping**

Be aware that crosswalk, parking lot, and street striping will be performed during the first part of the month to get ready for the new school year. Please use caution while driving near the workers who will be working on the completion of this project. Your cooperation is very much appreciated.

**FYI: Water Pressure Reducing Valve**

A household water pressure regulator is a spring-loaded valve that reduces the water pressure coming from the public water main to household plumbing fixtures. It also prevents main line pressure surges from entering residential plumbing. High water pressure can cause dripping faucets and pipes and may damage household appliances. A properly operating pressure regulator will help prevent these surges and high pressure from entering your home.

The property owner is responsible for installing and maintaining the water pressure regulator.

A malfunctioning pressure regulator may cause: 1) sustained or initial bursts of unusually high pressure at faucets and showerheads and 2) water being discharged from the relief valve on a water heater. Altering the spring compression on the regulator will change the downstream (house side) pressure. The valve is typically installed where the water pipe enters the home.

The best way to determine if the regulator is working properly is to install pressure gauges on each side of the regulator. If the upstream gauge reads higher than the downstream gauge, then the regulator is probably functioning. Most homeowners set their pressure at approximately 50 pounds per square inch. Lower settings will conserve water and prolong the life of plumbing and fittings, while higher settings will have the opposite effects. The homeowner or a plumber can refer to the manufacturer’s instructions for adjustment. Repair kits for rebuilding pressure regulators are usually available from the manufacturer.
Community Developments
Jenney Rees, City Council Member

There are two development projects currently being worked on in the city. The first is a residential development on the east side of Canyon Road, called the Lakeshore Trails subdivision. The first of two phases of this plan is the building of five homes at the end of Bayhill Drive, which will turn this existing street into a cul-de-sac. The second phase is off of Canyon Road across from the fire station, creating 17 new homes. The developer is currently installing utilities to these lots. Copies of the plans can be found on the city’s website in the May 19, 2015, city council agenda packet.

The second project is a commercial development at the corner of Cedar Hills Drive and North County Boulevard (4800 West). The developer has received approval to build an America First Credit Union on the corner and two commercial buildings to the east of the credit union. The two commercial buildings will consist of five commercial units. At this time, the developer has not yet notified the city as to what businesses will be leasing the five spaces, but will be required to adhere to all city ordinances and zoning laws. Copies of the plans can be found on the city’s website in the October 7, 2014, city council agenda packet.

We are excited to see growth in our commercial area and hope that this will draw additional development in that zone. If you have any questions, feel free to call the city offices or any member of the city council.

Open Fires Banned East of Canyon Road
The fire chief of the Lone Peak Public Safety District has recommended the city implement the following restriction: Effective immediately, open fires are banned in the areas east of the city limit line. Any property east of the city limit line is owned by the U.S. Forest Service, and discharge of firearms is permitted there as per forest service guidelines. Please contact the American Fork Police, if knowing where the city limits lie in relation to major streets and trails. An aerial map may be viewed on the city’s website to assist in finding where the city limits lie in relation to major streets and trails. Any property east of the city limit line is owned by the U.S. Forest Service, and discharge of firearms is permitted there as per forest service guidelines. Please contact the American Fork Police, if you witness shooting within city limits. You can reach them by calling 801-763-3020 during business hours or 801-794-3970 after hours. If there is an emergency at any time, please use 9-1-1.

Residents Required to Curb Outside Watering
On May 5, 2015, the City Council implemented outdoor conservation measures for all residential pressurized irrigation water users. Be sure to water on your assigned days to avoid receiving warnings or fines. All house numbers ending in an odd number will be allowed to water Monday, Wednesday, and Friday. All house numbers ending in an even number will be allowed to water Tuesday, Thursday, and Saturday. Spot watering with secondary water from a hose is allowed on Sundays. Restrictions will be enforced with a warning for the first violation, a $50 fine for the second violation, and a $200 fine for the third and subsequent violations.

The City Has Gone Paperless
On August 1, the city transitioned to paperless billing. If you have an Internet connection and an email address, you can view current and past statements online at XpressBillPay.com. Once the account is established on Xpress Bill Pay, select the paperless billing option. Those who do not opt out of paper billing or wish to continue receiving paper statements will receive a monthly fee of $1.35 for the pass-through cost of printing and mailing the bill.

While on Xpress Bill Pay, an automatic payment option may be setup. Existing auto payments with the city or with your bank will not be affected by this change. Payments will continue to be received in the 24/7 drop box in the fire station parking lot on Cedar Hills Drive or at the city's front desk during regular business hours.

Cedar Hills Food Truck Rally
We are excited to announce a new community event – a weekly food truck rally. The rallies will be held every Thursday evening from 5:00 to 9:00 at Heritage Park through mid-September and resume again next April. Each week there will be four or five trucks available. This is a great opportunity to enjoy good food and spend fun times with friends and neighbors. We appreciate the opportunity to host family-friendly activities for the community.

Shooting in the Foothills
The city has received a number of calls expressing concern over the target shooting in the east bench area. The city is actively working with the U.S. Forest Service, American Fork Police, and property owners in the area on an extensive plan to eliminate the discharge of firearms within city limits. The city’s primary concern is to increase the safety of those who live and recreate on the bench areas.

An aerial map may be viewed on the city’s website to assist in knowing where the city limits lie in relation to major streets and trails. Any property east of the city limit line is owned by the U.S. Forest Service, and discharge of firearms is permitted there as per forest service guidelines. Please contact the American Fork Police, if you witness shooting within city limits. You can reach them by calling 801-763-3020 during business hours or 801-794-3970 after hours. If there is an emergency at any time, please use 9-1-1.

New Four-Way Stop Signs to Be Installed
The intersection at Harvey Boulevard and 4600 West will soon be a four-way stop. With the heavy pedestrian traffic in the area, created by new homes, schools, and churches, the city is hoping to reduce vehicular speeds and increase safety in the vicinity. The new traffic pattern will be implemented by mid-August, and police presence will be increased to remind residents to slow down. Please be alert and use caution as drivers and pedestrians adjust to the change.

Health and Wellness Fair
The Charleston Assisted Living Center invites everyone to their annual Health and Wellness Fair open house on Friday, August 28, from 1:00 to 3:00 p.m. Enjoy a complimentary fresh fruit smoothie, health and wellness screenings, information booths, and a free head and neck massage. For more information and to RSVP, contact The Charleston at (801)772-0123.
Youth City Council Convenes
The new 2015-16 Youth City Council has been in place since the beginning of the summer. The YCC is busy working on their upcoming events, including Cedar Hillbilly Day on September 12.

Sangaku-kan West Karate Classes
Karate classes for children ages 6-12 are offered at the Cedar Hills Recreation Center. The one-hour classes are held Mondays and Wednesdays for different levels. The next session begins August 24, with registration now available online at cedarhills.org. The registration fee is $50 for the five-week session. Questions? Please contact the recreation department at recreation@cedarhills.org.

Pickleball Equipment Rentals
Pickleball is a cross between ping pong and tennis, and it’s the fastest growing sport in the country! Cedar Hills has two pickleball courts, located in the basketball courts at Heritage Park and Timpanogos Cove Park. Contact the city office to reserve the equipment (net, four paddles, and four balls), along with a printed set of rules on how to play the game. The equipment rental rates are $15/day, which includes two hours of court time, and $20/weekend, which includes four hours of court time. Information on how to reserve the equipment is located at cedarhills.org on the recreation page.

Flag Football Registration Is Open
Cedar Hills offers youth flag football for boys and girls in grades 2 through 9. Registration is available online at cedarhills.org through August 15, with late registration available as space permits. The games run from the end of August through early October.

Teen Flag Football
Cedar Hills is excited to announce the start of a new flag football league for teens in grades 10-12. Sign up as a team or as an individual at cedarhills.org through the end of August. Games begin in September and will be played on weeknights.

Cedar Hills Youth Theater Presents Disney’s Mulan Jr.—The Musical
Hey, kids! Interested in musical theater? On Tuesday evenings beginning August 25, the city offers theater classes for kids ages 8-18. Exceptions can be made for seven year olds on a case-by-case basis. During this twelve-week course students will learn the basics and finer points of musical theater, while rehearsing and performing Disney’s Mulan Jr. Each student in the class will have a role in the production, which will be performed three times in November. The three-month class fee is $35 per month or $95 if paid in advance. Registration includes lessons by a certified theater instructor and tickets to see other productions in the community. Classes will be held at the Cedar Hills Recreation Center, 10640 N Clubhouse Drive. Please sign up online at: cedarhills.sportsites.com. For more information, email Nicole at nallen@cedarhills.org.

Tot Soccer Registration Is OPEN thru August 9
Cedar Hills offers a fun, six-week tot soccer league for children ages three and four. Games are played on Tuesday evenings at Mesquite Park in Cedar Hills, starting August 22. Parents are encouraged to coach. Online registration is open until August 9 at cedarhills.org.

Cedar Hills Soccer League for Kids
Cedar Hills offers leagues for co-ed Kindergarten teams and 1st & 2nd grade boys and girls teams. The 2015 fall session runs August through September, with registration online at cedarhills.org until August 9. Separate registrations are now required for the fall and spring sessions. The cost is $30 for each session. A reversible, reusable jersey needs to be purchased for $5, if you haven’t already purchased one. The jersey will be used for all Cedar Hills recreation programs. Games will be played on Saturdays beginning August 22.

Register for Fall Dancing and Singing Classes
Celebration Performers is an exciting program taught by professionals from the BYU Ballroom touring team and Vocal Point. The fall session begins August 20. Students learn to sing, dance, and perform in weekly classes, held for young people ages 5-18 on Thursdays at the Cedar Hills Recreation Center studio. Monthly tuition is $49 for the weekly, one-hour classes. Register before August 20 and pay no registration fee! Register at CelebrationPerformers.com or call Sherri Whitehead at 801-492-7524. Don’t wait; class sizes are limited!

Bookmobile Summer Schedule
The Utah County Bookmobile comes to town every other Monday (August 10 and 24) from 1:00 to 3:00 (last month of summer hours) and is parked at the LDS church located at the roundabout behind Walmart. You may obtain a library card directly from the bookmobile when it is in Cedar Hills. For more information, including updates, cancelations or delays, visit bookmobiles.utah.gov/utah.

Summer Safety for Kids and Pets
Battalion Chief Joseph McRae
You tell yourself that you will only be gone for a few minutes. The kids are safely strapped in their car seats. You could leave them in the car, lock the doors, run in and be out before they know it. What’s the worst that could happen? You are putting your child at risk for heat stroke, power window strangulation, or, worst of all, death.

Pets are also just as susceptible. Ten minutes in a hot vehicle can cause animals to go into heat stress, identified by increased panting, rapid pulse, glazed eyes, or vomiting. A pet can quickly suffer brain damage or die from heatstroke when trapped in high temperatures.

Safeguarding your loved ones begins with prevention. Never leave a child or pet unattended in a car. Take children with you when you get out of the car, or leave them with a reliable child care provider. The same goes for pets. Shop at pet-friendly stores so that your furry friend can go with you. If that is not possible, leave pets at home where they are safe. If you see a child or animal alone in a car, call 9-1-1 and stay with the car. Have a safe summer!