**Pre-Health DeCal**

Day: TUES Time: 6:30-8:00PM Location: Dwinelle 88

NUSCTX 198, 2 Unit Course, CCN: 26509

Website: <http://prehealthdecal.wix.com/home>

**Facilitators and Leaders for Fall 2018**

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| **Pre-Health Fields** | **Student Leaders** |
| Pre-Medicine | Kelli Lopes – kelliraelopes@berkeley.edu Kyle Tsutsui – kyletsutsui@berkeley.edu  |
| Pre-Nursing/Pre-PA | Annie Yu – yuannie@berkeley.edu Katy Alayvilla – k.alayvilla@berkeley.edu  |
| Pre-Pharmacy | Vicky Lin **(Facilitator)** – vicky\_lin07@berkeley.eduAngela Choi – wjddms77@berkeley.edu  |
| Pre-Optometry | Teresa Pho – teresapho5@berkeley.edu  |
| Pre-Dental | Julia Persky **(Facilitator)** – juliapersky@berkeley.eduMerna Ghallab – mernaghallab@berkeley.edu  |

**COURSE DESCRIPTION**

This course is designed to help students at Cal gain a well-rounded insight into the possible pre-health professions you can pursue as an undergrad through a survey of the health professions through lecture presentations and speakers. We plan to devote certain weeks of the semester going over the application process, professional school years, and careers of each specialty to help students gain insight into each field. We also seek to help students become successful applicants to each school through guidance through the Cal curriculum and possible extracurriculars such as research, shadowing opportunities, volunteering, and more.

**OBJECTIVES**

* Students will understand which classes at Cal to take, what extracurriculars, jobs and other opportunities are most favorable to become involved with prior to applying to the respective professional school they choose to apply to after graduating from Cal
* Students will understand what it is like to be in various professional schools, including the process, the experience as well as tips and pieces of advice from current professional school students
* Students will understand the differences between various career positions within each of the health professions and what is required in terms of education to achieve those careers

**HOW THIS CLASS WILL BE GRADED (P/NP)**

As we want to make sure this is as stress-free a semester as possible while taking this decal, we have tried to minimize the work so that you can take with you what you feel is important to you in this decal. However, this does not entitle to you to slack off on work that would best benefit you and come late to class repeatedly without an excusable reason. **That being said, there are no exams or discussions, but your grade will be determined heavily based on the attendance, homework policies, and whether you did the “Semester Check-In” activity, discussed below.**

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**INSTRUCTOR OF RECORD SUPERVISION**

* The instructor of record will monitor the student facilitators via email communication as well as in-person meetings as needed
* The instructor of record will receive grade files from the student facilitators at the end of the semester BEFORE the grade entry deadline for the instructor of record
* The instructor of record will also watch the activity of the class via bCourses monitoring and maintenance

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**ATTENDANCE + NO LAPTOP POLICY**

* + - * To pass you must have no MORE than **2 unexcused absences OR 4 tardies**
				+ 2 tardies = 1 unexcused absence
				+ Excused absences = exam times, doctor’s appointments (with doctor’s note), or other emergency situations.
				+ Leaving early without prior approval (**24 hours** beforehand) = 1 unexcused absence
* **NO LAPTOPS IN CLASS**
	+ - * **ATTENDANCE ON THE LAST CLASS IS MANDATORY**
				+ This class will be used for filling out course evaluations as well as an end-of-semester review of the class.

**HOMEWORK ASSIGNMENTS**

Assignments will be graded based on the following:

* Pass = Answered all questions, **include in response thoughts on readings from the recommended list or cited sources that relate to the profession**
* Redo = Did not answer questions, lack of effort, did not follow format criteria.

 Please redo the assignment

To be considered a complete homework assignment, please follow these criteria:

* Put your student leader’s name on the top of homework
* Double-spaced, 12 point Times New Roman font with 1 inch margins
* Minimum length is 1.5 pages
* Must be turned in through bCourses
	+ If absent, you must email your facilitator and still turn in the assignment on time
* Turn in **5 out of the 6 assignments**
	+ **HOMEWORK #6 (PRE-HEALTH DECISION) MUST BE ONE OF THE FIVE**

**PROMPTS:**

1. Evaluate the field. How do you feel about it? What do you feel are the pros and cons of the field? Do you feel like you could fit into the field as a professional? Why or why not? What was your reaction to the speakers and the presentation?

OR

1. Research a condition this profession can treat. How do they treat it? What are the latest developments for this condition or treatment (i.e. technology, new discoveries)?

**REQUIRED – Final Assignment (HOMEWORK #6) Prompt: “Pre-Health Decision”**

What have you decided is/are the careers that you are most interested toward now? How have they changed since the beginning of the decal? Why do you think they have changed, if they have? If you interests have not changed, how has learning about the other professions reaffirmed your desire to pursue that particular field?

 **“SEMESTER CHECK-IN” ACTIVITY**

The “Semester Check-In” is an activity where you are required to meet with your assigned student leader once outside of class. Don’t worry – this is not meant to make you nervous or feel like an interview. This is a time when you can ask any questions, get feedback on your resume, and get guidance from leaders who’ve already completed the prerequisites and gone through their own set of challenges at UC Berkeley. This activity is meant to help you, as well as increase interaction with your facilitator throughout the semester.

**This will be graded on a Pass/No Pass basis, with “Pass” essentially meaning you completed this activity and a “No Pass” meaning you made no attempt to schedule one.**

**PLAGIARISM**

Plagiarism is considered academic dishonesty and any plagiarism on assignments in this class will result in a **NO PASS grade**, as well as possible disciplinary action from the University Office of Student Conduct.

**SUMMARY OF HOW TO PASS THE CLASS:**

**□ Finish 5 out of 6 Written Assignments**

**(HW #6 is REQUIRED to be 1 of the 5)- 50 pts (50% of grade)**

**□ Complete the “Semester Check-In” activity during the semester**

**10 pts (25% of grade)**

□ **Good Attendance Record
(only 2 unexcused absences allowed,
2 tardies/leaving early without approval = 1 unexcused absence)**

**10pts (25% of grade)**

**LECTURE SCHEDULE**

*Schedule is Tentative and is Subject to Change*

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| **Date** | **Subject** | **Literature Texts (Required)** | **Due Dates** |
| **August 28th**  | **Introduction to the Pre-Health DeCal** | *101 Careers in Healthcare Management, Second Edition: Edition 2* by Friedman and Kovner |  |
| **September 4th**  | **Pre-Medicine**  | *Medical School Admission Requirements (MSAR)* by AMCAS |  |
| **September 11th**  | **Pre-Medicine****(In-Class Discussion: Research)** | *Med School Confidential* by Robert H. Miller, Dan Bissel, and Harold Friedman |  |
| **September 18th**  | **Pre-Nursing */* PA** | *The Ultimate Guide to Getting into Nursing School* by Genevieve Chandler | **HW#1 DUE –Write about Pre-Medicine** |
| **September 25th**  | **Pre-Nursing / PA****(In-Class Discussion: Clinical Activities)** | *Nursing Programs 2011 (Peterson's Nursing Programs)* by Peterson's |  |
| **October 2nd**  | **Pre-Pharmacy** | *Pharmacy School Admission Requirements (PSAR)* by AACP | **HW#2 Due – Write about Pre-Nursing** |
| **October 9th**  | **Pre-Pharmacy****(In-Class Discussion: Extracurriculars)** | *Get Into Pharmacy School* by William Douglas Figg and Cindy H. Chau |  |
| **October 16th**  | **Pre-Optometry** | *Schools and Colleges of Optometry Admissions Requirements* by ASCO | **HW #3 DUE – Write about Pre-Pharmacy** |
| **October 23rd**  | **Pre-Optometry****(In-Class Discussion: Classes at Cal)** | *Opportunities* *in Eye Care Careers* by Kathleen Belikoff |  |
| **October 30th**  | **Pre-Dentistry** | *ADEA Official Guide to Dental Schools* by ADEA | **HW #4 DUE – Write about Pre-Optometry** |
| **November 6th**  | **Pre-Dentistry****(In-Class Discussion: Letters of Rec)** | *Opportunities in Dental Care Careers*  by Bonnie Kendall |  |
| **November 13th** | **Alternative Health Professions** | *So You Want to Be A Physician Assistant* by Beth Grivett, PA-C | **HW #5 DUE – Write about Pre-Dentistry** |
| **November 20th**  | **Final Evaluation (Mandatory)** | *The Immortal Life of Henrietta Lacks* by Rebecca Skloot | **HW #6 DUE– *REQUIRED*** **Pre-Health Decision** |