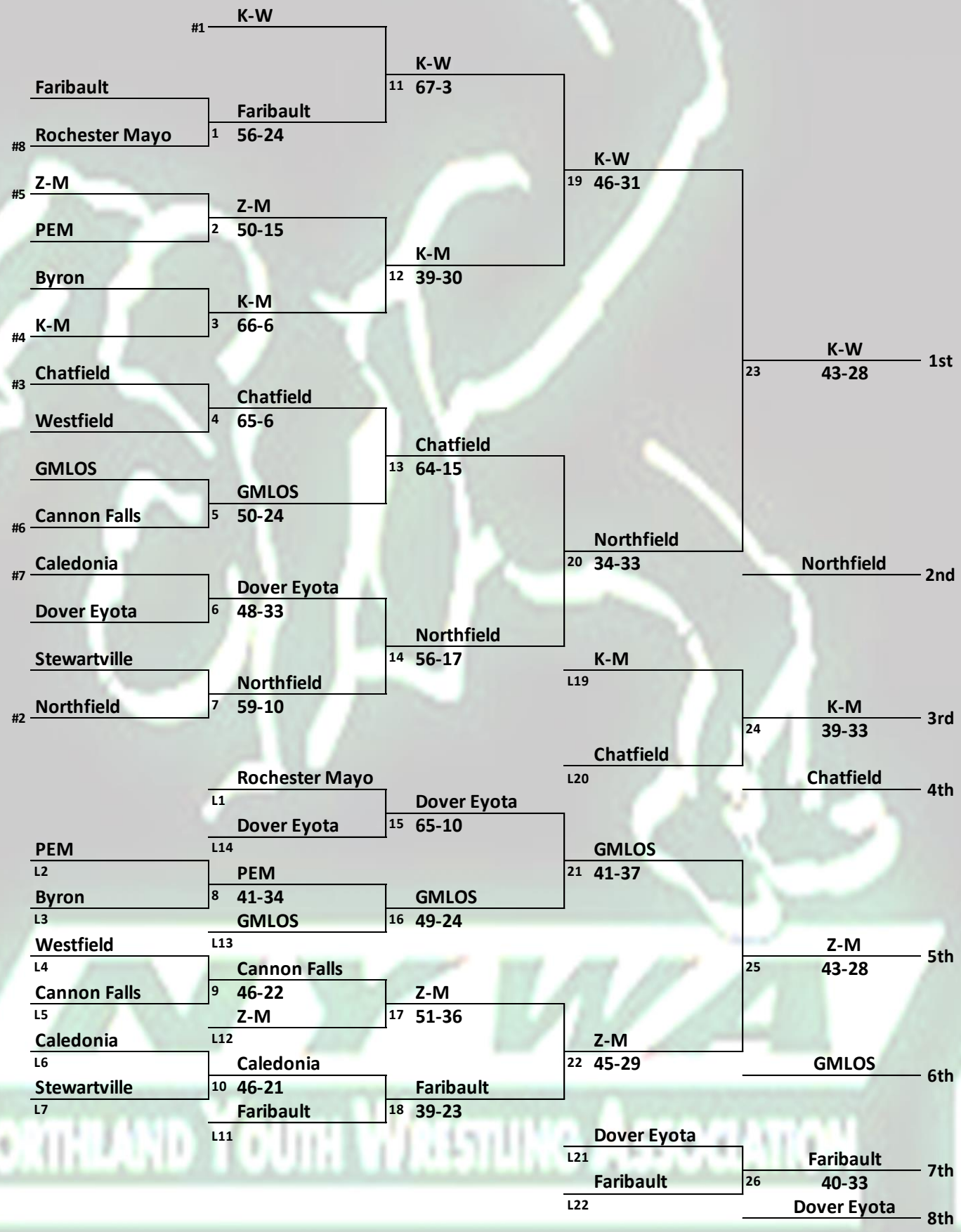2018 NYWA Region 1 Team Tournament