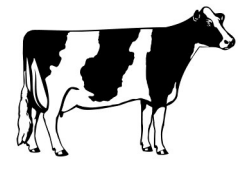
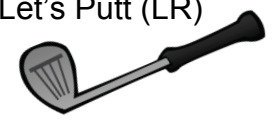
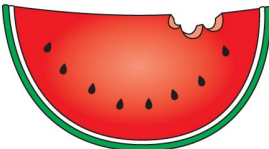
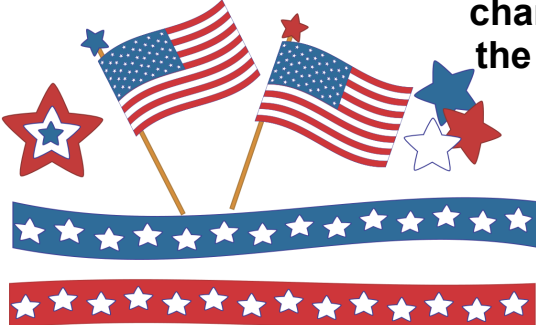


July 2016 - Verra Spring

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IL: Independent Living VS: Verra Spring B—Bus Outing BR— IL Bridge Room C—Car Shuttle Café- Terrace Café CK—Country Kitchen Conf—Conference Room CR—Carolina Room DR—Dining Room LR—Living Room NLR—New Living Room P—Pool	FC—Fitness Center FL— Front Lobby NLR—New Living Room Lib—Library Arb- Arboretum Arb-A —Azalea Hall Arb-D—Dogwood Hall LVR- Lakeview Room (IL) ILPVD-Independent Living Private Dining Room * Denotes a program which you must sign up for	Shopping Schedule: Depart at 9:15 a.m. Mondays Food Lion, CVS Walgreens Banks Post Office 3rd Monday: Cary Mall Wednesdays: Harris Teeter & Wal-Mart \$ = Resident Cost	Please note programs are subject to change. Please check the bulletin board for daily Activities 	Hair Salon Days Wednesday & Fridays Please contact Mary Peele to schedule an appointment 919-657-7612 Thank you	1 10:30 Fitter Sitters (LR) 11:00 Morning Trivia (LR) 11:30 Ladies' Who Lunch: Diced (B)* 1:00 Patriotic Crafts (Café) 2:00 Water Walking w/Teresa (POOL) 3:30 Let's Putt (LR) 6:30 Evening Movie (LR)	2 11:00 Balloon Volleyball (ILFC) 1:00 You Be the Judge (Café) 2:00 BINGO (CK) 2:00 Saturday Flick: <i>Waking Ned Devine</i> (WTTV) 6:30 Puzzles & Games (LR) 6:30 & 9:15 Movie Nite: <i>Waking Ned Devine</i> (WTTV)
3 10:00 St. Michael's (B)* 10:00 Woodland Church (ILCR) 2:00 BINGO (CK) 2:30-3:30 Ice Cream Truck (Outside) 4:00 Patriotic Music with Linda (LR) 6:00 A Salute to the Flag Music Performance (B)* 6:30 & 9:15 Sunday Night Movie: <i>The Letters</i> (WTTV)	4 Happy 4th of July! 10:00 Calm Coloring (CK) 2:00 Music w/Lisa Sharp (LR) 6:00 David Mills Jazz Performance (ILCR) 6:30 Evening Movie (LR) 	5 <i>Dr. Hill Visits*</i> 8:00 Men's Breakfast at The Egg and I (B)* \$ 10:15 Sing Along with Sarah Windley (LR) 1:30 Devotion (CK) 2:15 Stars of Your Era <i>Gina Lollobridida w/Wayne</i> (LR) 3:00 Music w/Lisa Sharp (ILCR) 4:30 Out on the Town: Fearrington House (B) * 6:30 Evening Movie (LR)	6 9:15 Shopping (B)* 10:30 Fitter Sitters (LR) 10:30 Catholic Communion (LR) 2:00 Art w/Michele (CK) 2:00 Memoir Writers (ILPVDR) 3:00 Hand Therapy and Fresh Fruit (CK) 6:00 Birthday Bingo (CK)	7 Happy Birthday Betty Smith! 11:00 Stand Strong (LR) 1:00 BINGO (CK) 2:00 Bridge Group (PDR) 2:00 Calm Coloring (CK) 2:00 Wake County Library Senior Loan Program (ILBR) 3:00 Wellness Chat: Building Positive Relationships (ILCR) 6:00 Mental Aerobics (IL CR) 6:30 Evening Movie (LR)	8 10:30 Fitter Sitters (LR) 11:00 Morning Trivia (LR) 1:00 Crossword (Café) 1:30 Ice Cream Outing (B)* 2:00 Water Walking (Pool) 3:30 Let's Putt (LR) 6:30 Evening Movie (LR) 	9 11:00 Balloon Volleyball (ILFC) 1:00 Trivial Pursuit (Café) 2:00 BINGO (CK) 2:00 Saturday Flick: <i>Still Alice</i> (WTTV) 6:30 Puzzles & Games (LR) 6:30 & 9:15 Movie Night: <i>Still Alice</i> (WTTV)
10 10:00 St. Michael's (B)* 10:00 Woodland Church (ILCR) 2:00 BINGO (CK) 2:30-3:30 Ice Cream Truck (Outside) 6:30 & 9:15 Sunday Night Movie: <i>The Outlaw Josey Wales</i> (WTTV)	11 9:15 Shopping (B)* 10:30 Fitter Sitters (LR) 11:00 Crossword (LR) 2:00 Music w/Barbara Snead (LR) 2:00 WT Choir (ILCR) 3:00 Pigeon Forge & Smoky Mountains Trip Information Session (ILCR) 5:45 After Dinner Music w/Fred Cooley (LR) 6:30 Evening Movie (LR)	12 9:00 Hearing Checks (CONF) 11:00 Chic Fil A Eat More Chick'n Event: FREE MEAL! (Dress like a cow eat free)  1:30 Devotion (CK) 2:15 Wackie Wordies (LR) 3:00 Music w/Barbara Snead (ILCR) 6:30 Evening Movie (LR)	13 9:15 Shopping (B)* 10:30 Fitter Sitters (LR) 10:30 Catholic Communion (LR) 2:00 Let's Create w/Jane & Heather (LR) 3:00 Hand Therapy & Pigs in a Blanket (CK) 6:00 Evening Bingo (LR) 	14 11:00 Stand Strong (LR) 1:00 BINGO (CK) 2:00 Calm Coloring (CK) 2:00 Bridge Group (PDR) 2:00 Wake County Library Senior Loan Program (BR) 3:00 How to Avoid Scams (ILCR) 6:00 Mental Aerobics (ILCR) 6:30 Evening Movie (LR)	15 10:30 Fitter Sitters (LR) 11:00 Morning Trivia (LR) 1:00 Trivia (Café) 2:00 Water Walking (Pool) 3:00 Jim Cotton's Military Life on Video (ILCR) 3:30 Let's Putt (LR)  6:30 Evening Movie (LR)	16 Happy Birthday Betty Marshall! 11:00 Balloon Volleyball (ILFC) 1:00 Urban Myth (Café) 2:00 BINGO (CK) 2:00 Saturday Flick: <i>Big</i> (WTTV) 6:30 Puzzles & Games (LR) 6:30 & 9:15 Movie Night: <i>Big</i> (WTTV)

July 2016 - Verra Springs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:00 St. Michael's (B)* 10:00 Woodland Church (ILCR) 2:00 BINGO (CK) 2:30 Worship Service w/Wake Chapel (ARB) 2:30-3:30 Ice Cream Truck (Outside) 5:00 Taylors Concert at First Baptist Church (B)* 6:30 Puzzles & Games (LR) 6:30 & 9:15 Sunday Night Movie: <i>A Walk in the Woods</i> (WTTV)	18 9:15 Shopping & Cary Mall (B)* 10:30 Fitter Sitters (LR) 11:00 Crossword (LR) 2:00 Afternoon Music w/Teresa Smith (LR) 3:00 Watermelon on the Patio  6:30 Evening Movie (CK)	19 11:00 Stand Strong (LR) 1:30 Devotion (CK) 2:15 Stars of Your Era <i>Red Skelton</i> w/Wayne (LR) 3:00 Music w/Teresa Smith (ILCR) 6:30 Evening Movie (LR) 	20 9:15 Shopping (B)* 10:30 Fitter Sitters (LR) 10:30 Catholic Communion (LR) 1:00 Farm to Table w/Martha (CK) 2:00 Memoir Writers (ILPVDR) 3:00 Hand Therapy and Finger Sandwiches (CK) 6:00 Bingo Auction (LR)	21 <i>Happy Birthday Evelyn Berrier!</i> 11:00 Stand Strong (LR) 2:00 Calm Coloring (CK) 2:00 Bridge Group (PDR) 2:00 Wake County Library Senior Loan Program (BR) 4:30 Farm to Table Theme Dinner (DR) 6:00 Alzheimer's Support Grp (LVR) 6:00 Mental Aerobics (CR) 6:30 Evening Movie (LR)	22 10:30 Fitter Sitters w/Janett (LR) 11:00 Morning Trivia w/Janett (LR) 1:00 Victorian Homes Tour w/Parker Call (B) 2:00 Water Walking w/Teresa (POOL) 3:30 Let's Putt (LR) 6:30 Evening Movie (LR)	23 11:00 Balloon Volleyball (ILFC) 1:00 Fact or Cr@p (Café) 2:00 Saturday Flick: <i>Jack Reacher</i> (WTTV) 2:00 BINGO (CK) 6:00 Family Variety Show (ILCR) 6:30 Puzzles & Games (LR) 6:30 & 9:15 Movie Nite: <i>Jack Reacher</i> (WTTV)
24 10:00 St. Michael's (B)* 10:00 Woodland Church (ILCR) 2:00 BINGO (CK) 3:00 Worship Service with Tree of Life (ARB) 6:30 Puzzles & Games (LR) 6:30 & 9:15 Sunday Night Movie: <i>Benjamin Britten: Peter Grimes</i> (WTTV)	25 9:15 Shopping 10:30 Fitter Sitters (LR) 11:00 Crossword (LR) 2:00 WT Choir (ILCR) 2:00 Afternoon Music w/ Caroline Gregory (LR) 3:00 Root Beer Floats on the Patio 6:30 Evening Movie (LR) 	26 10:10 News & Views with Wayne (CK) 11:00 Stand Strong (LR) 1:30 Devotion (CK) 2:15 Stars of Your Era <i>James Best</i> w/Wayne (LR) 6:00 Mark Liberto on Guitar (Café) 6:30 Evening Movie (LR) 	27 9:15 Shopping (B)* 10:30 Catholic Communion (LR) 1:30 Resident Council Meeting (LR) 2:00 Let's Create (CK) 3:00 Hand Therapy and Fresh Fruit (CK) 6:00 Evening Bingo (LR) 	28 11:00 Stand Strong (LR) 1:00 Hello My Name is Doris Movie at Cary Theater (B)* 1:00 BINGO (CK) 2:00 Bridge Group (PDR) 2:00 Wake County Library Senior Loan Program (BR) 6:00 Mental Aerobics (CR) 6:30 Evening Movie (LR)	29 9:15 Publix & Dollar Tree Shopping (B)* 10:30-11:30 Stand Strong Testing (LR) 1:00 You Be the Judge (LR) 2:00 Water Walking (Pool) 3:30 Calendar Review (LR) 6:30 Evening Movie (LR)	30 11:00 Balloon Volleyball (ILFC) 1:00 Urban Myth (Café) 2:00 Saturday Flick: <i>Jane Eyre</i> (WTTV) 2:00 BINGO (CK) 6:30 Puzzles & Games (LR) 6:30 & 9:15 Movie Nite: <i>Jane Eyre</i> (WTTV) Family Swim Day
31 10:00 St. Michael's (B)* 10:00 Woodland Church (ILCR) 2:00 BINGO (CK) 2:30-3:30 Ice Cream Truck (Outside) 6:30 & 9:15 Sunday Night Movie: <i>The Bridge on the River Kwai</i> (WTTV)	Please note programs are subject to change. Please check the bulletin board for daily Activities			IL: Independent Living VS: Verra Spring B—Bus Outing BR— IL Bridge Room C—Car Shuttle Café- Terrace Café CK—Country Kitchen Conf—Conference Room CR—Carolina Room DR—Dining Room LR—Living Room	FL—Front Lobby P—Pool FC—Fitness Center NLR—New Living Room Lib—Library Arb- Arboretum Arb-A —Azalea Hall Arb-D—Dogwood Hall LVR- Lakeview Room (IL) * Denotes a program which you must sign up for	Shopping Schedule: Depart at 9:15 a.m. Mondays Food Lion, CVS Walgreens Banks Post Office 1st Monday: Cary Library 3rd Monday: Cary Mall Wednesdays: Harris Teeter & Wal-Mart \$ = Resident Cost