

Friday 20 September 2019*Cup Group Stage*

7:30pm CUP Bristol Flyers v Surrey Scorchers
7:30pm CUP Leicester Riders v Sheffield Sharks
7:00pm CUP Manchester Giants v Glasgow Rocks
7:30pm CUP Newcastle Eagles v Cheshire Phoenix
7:30pm CUP Worcester Wolves v London Lions

Sunday 22 September 2019*Cup Group Stage*

5:30pm CUP Cheshire Phoenix v Leicester Riders
5:00pm CUP Glasgow Rocks v Newcastle Eagles
3:00pm CUP Plymouth Raiders v London City Royals
5:00pm CUP Sheffield Sharks v Manchester Giants

Friday 27 September 2019*Cup Group Stage*

7:30pm CUP Newcastle Eagles v Glasgow Rocks

Saturday 28 September 2019*Cup Group Stage*

7:30pm CUP London City Royals v Bristol Flyers
7:00pm CUP Surrey Scorchers v Worcester Wolves

Sunday 29 September 2019*Cup Group Stage*

4:00pm CUP London Lions v Plymouth Raiders
5:00pm CUP Manchester Giants v Leicester Riders
5:00pm CUP Sheffield Sharks v Cheshire Phoenix

Friday 4 October 2019*Cup Group Stage*

7:30pm CUP Glasgow Rocks v Manchester Giants
7:30pm CUP Leicester Riders v Newcastle Eagles

Saturday 5 October 2019*Cup Group Stage*

7:30pm CUP Bristol Flyers v Worcester Wolves
7:30pm CUP London City Royals v London Lions

Sunday 6 October 2019*Cup Group Stage*

5:30pm CUP Cheshire Phoenix v Newcastle Eagles
3:00pm CUP Plymouth Raiders v Surrey Scorchers

Friday 11 October 2019*Cup Group Stage*

7:30pm CUP Bristol Flyers v Plymouth Raiders
7:30pm CUP Leicester Riders v Cheshire Phoenix
7:30pm CUP Sheffield Sharks v Glasgow Rocks
7:30pm CUP Worcester Wolves v London City Royals

Sunday 13 October 2019*All Star Championship*

ALL

Friday 18 October 2019*Cup Group Stage*

7:00pm CUP Manchester Giants v Cheshire Phoenix
7:30pm CUP Newcastle Eagles v Sheffield Sharks
7:30pm CUP Worcester Wolves v Plymouth Raiders

Saturday 19 October 2019*Cup Group Stage*

7:30pm CUP Bristol Flyers v London Lions
7:00pm CUP Surrey Scorchers v London City Royals

Sunday 20 October 2019*Cup Group Stage*

5:00pm CUP Glasgow Rocks v Leicester Riders
3:00pm CUP Plymouth Raiders v Worcester Wolves

Wednesday 23 October 2019*Cup Group Stage*

7:30pm CUP London Lions v Worcester Wolves

Friday 25 October 2019*Cup Group Stage*

7:30pm CUP Glasgow Rocks v Cheshire Phoenix
7:30pm CUP Leicester Riders v Manchester Giants
7:30pm CUP Sheffield Sharks v Newcastle Eagles

Saturday 26 October 2019*Cup Group Stage*

7:30pm CUP London City Royals v Worcester Wolves
7:00pm CUP Surrey Scorchers v London Lions

Sunday 27 October 2019*Cup Group Stage*

5:30pm CUP Cheshire Phoenix v Sheffield Sharks
3:00pm CUP Plymouth Raiders v Bristol Flyers

Friday 1 November 2019

7:30pm CUP London Lions v London City Royals
 7:00pm CUP Manchester Giants v Sheffield Sharks
 7:30pm CUP Newcastle Eagles v Leicester Riders
 7:30pm CUP Worcester Wolves v Bristol Flyers

Saturday 2 November 2019 *Cup Group Stage*

7:30pm CUP London City Royals v Plymouth Raiders
 7:00pm CUP Surrey Scorchers v Bristol Flyers

Sunday 3 November 2019 *Cup Group Stage*

5:30pm CUP Cheshire Phoenix v Manchester Giants
 3:00pm CUP Plymouth Raiders v London Lions

Friday 8 November 2019 *Cup Group Stage*

7:30pm CUP Leicester Riders v Glasgow Rocks

Saturday 9 November 2019 *Cup Group Stage*

7:30pm CUP London City Royals v Surrey Scorchers

Sunday 10 November 2019 *Cup Group Stage*

5:00pm CUP Manchester Giants v Newcastle Eagles
 5:00pm CUP Sheffield Sharks v Leicester Riders

Friday 15 November 2019 *Cup Group Stage*

7:30pm CUP Bristol Flyers v London City Royals
 7:30pm CUP Glasgow Rocks v Sheffield Sharks
 7:30pm CUP Newcastle Eagles v Manchester Giants
 7:30pm CUP Worcester Wolves v Surrey Scorchers

Sunday 17 November 2019 *Cup Group Stage*

5:30pm CUP Cheshire Phoenix v Glasgow Rocks
 2:00pm CUP Surrey Scorchers v Plymouth Raiders

Wednesday 20 November 2019 *Cup Group Stage*

7:30pm CUP London Lions v Bristol Flyers

Friday 29 November 2019 - Sunday 1 December 2019 *Cup Quarter Finals*

CUP

Friday 6 December 2019

7:30pm CH Bristol Flyers v Sheffield Sharks
 7:30pm CH Leicester Riders v Plymouth Raiders
 7:30pm CH Worcester Wolves v Surrey Scorchers

Saturday 7 December 2019

7:30pm CH London City Royals v Glasgow Rocks
 7:00pm CH Surrey Scorchers v Bristol Flyers

Sunday 8 December 2019

4:00pm CH London Lions v Glasgow Rocks
 5:00pm CH Manchester Giants v Cheshire Phoenix
 3:00pm CH Plymouth Raiders v Newcastle Eagles

Saturday 14 December 2019

7:30pm CH Bristol Flyers v Worcester Wolves

Sunday 15 December 2019

5:30pm CH Cheshire Phoenix v Leicester Riders
 5:00pm CH Manchester Giants v London Lions
 3:00pm CH Plymouth Raiders v London City Royals

Wednesday 18 December 2019

7:30pm CH London Lions v Bristol Flyers

Friday 20 December 2019

7:30pm CH Leicester Riders v Bristol Flyers
 7:30pm CH Newcastle Eagles v Manchester Giants
 7:00pm CH Surrey Scorchers v Cheshire Phoenix
 7:30pm CH Worcester Wolves v Glasgow Rocks

Sunday 22 December 2019

5:00pm CH Glasgow Rocks v Cheshire Phoenix
 4:00pm CH London Lions v Sheffield Sharks

Friday 27 December 2019

7:30pm CH Leicester Riders v Glasgow Rocks
7:30pm CH Newcastle Eagles v Sheffield Sharks
7:30pm CH Worcester Wolves v London Lions

Saturday 28 December 2019

7:30pm CH London City Royals v Surrey Scorchers

Sunday 29 December 2019

5:00pm CH Glasgow Rocks v Newcastle Eagles
5:00pm CH Manchester Giants v Worcester Wolves
3:00pm CH Plymouth Raiders v Bristol Flyers
5:00pm CH Sheffield Sharks v Leicester Riders

Wednesday 1 January 2020

2:00pm CH Surrey Scorchers v Manchester Giants

Friday 3 January 2020 - Sunday 5 January 2020 *Trophy First Round*

TRO

Friday 10 January 2020

7:30pm CH Glasgow Rocks v Manchester Giants
7:30pm CH Plymouth Raiders v London Lions
7:30pm CH Worcester Wolves v Cheshire Phoenix

Saturday 11 January 2020

7:00pm CH Surrey Scorchers v Newcastle Eagles

Sunday 12 January 2020

5:30pm CH Cheshire Phoenix v Plymouth Raiders
4:00pm CH London Lions v London City Royals

Friday 17 January 2020 - Sunday 19 January 2020 *Trophy Quarter Finals*

TRO

7:30pm CH Bristol Flyers v London City Royals
7:30pm CH Glasgow Rocks v Sheffield Sharks
7:30pm CH Leicester Riders v Worcester Wolves
7:30pm CH London Lions v Surrey Scorchers
7:30pm CH Newcastle Eagles v Cheshire Phoenix

Saturday 18 January 2020

7:00pm CH Surrey Scorchers v Plymouth Raiders

Sunday 19 January 2020

5:00pm CH Manchester Giants v Newcastle Eagles
5:00pm CH Sheffield Sharks v London Lions

Friday 24 January 2020

7:30pm CH Glasgow Rocks v Surrey Scorchers
7:30pm CH Newcastle Eagles v Leicester Riders

Saturday 25 January 2020

7:30pm CH Bristol Flyers v Manchester Giants
7:30pm CH London City Royals v Sheffield Sharks

Sunday 26 January 2020 *Cup Final*

CUP

Friday 31 January 2020

7:30pm CH Glasgow Rocks v Plymouth Raiders
7:30pm CH Leicester Riders v London Lions
7:30pm CH Sheffield Sharks v Surrey Scorchers
7:30pm CH Worcester Wolves v Newcastle Eagles

Saturday 1 February 2020

7:30pm CH Bristol Flyers v Cheshire Phoenix
7:30pm CH London City Royals v Worcester Wolves

Sunday 2 February 2020

5:30pm CH Cheshire Phoenix v Sheffield Sharks
5:00pm CH Manchester Giants v London City Royals

Friday 7 February 2020

7:30pm CH Glasgow Rocks v Bristol Flyers
 7:30pm CH Newcastle Eagles v London Lions
 7:30pm CH Plymouth Raiders v Surrey Scorchers
 7:30pm CH Sheffield Sharks v Worcester Wolves

Saturday 8 February 2020

7:00pm CH Surrey Scorchers v Leicester Riders

Sunday 9 February 2020

5:30pm CH Cheshire Phoenix v London City Royals
 4:00pm CH London Lions v Manchester Giants
 5:00pm CH Sheffield Sharks v Plymouth Raiders

Wednesday 12 February 2020

7:30pm CH London Lions v Cheshire Phoenix

Friday 14 February 2020

7:30pm CH Bristol Flyers v London Lions
 7:30pm CH Leicester Riders v Newcastle Eagles
 7:30pm CH Worcester Wolves v Plymouth Raiders

Saturday 15 February 2020

7:00pm CH Surrey Scorchers v Glasgow Rocks

Sunday 16 February 2020

5:30pm CH Cheshire Phoenix v Glasgow Rocks
 4:00pm CH London City Royals v Bristol Flyers
 5:00pm CH Manchester Giants v Sheffield Sharks
 3:00pm CH Plymouth Raiders v Leicester Riders

Friday 21 February 2020 - Sunday 23 February 2020 *GB Window*

GB

Friday 28 February 2020

7:30pm CH Glasgow Rocks v London City Royals
 7:30pm CH Leicester Riders v Sheffield Sharks
 7:30pm CH Newcastle Eagles v Surrey Scorchers
 7:30pm CH Plymouth Raiders v Cheshire Phoenix
 7:30pm CH Worcester Wolves v Bristol Flyers

Sunday 1 March 2020

5:00pm CH Manchester Giants v Plymouth Raiders

Friday 6 March 2020

7:30pm CH Bristol Flyers v Leicester Riders
 7:30pm CH Newcastle Eagles v Worcester Wolves
 7:30pm CH Sheffield Sharks v Manchester Giants

Saturday 7 March 2020

7:30pm CH London City Royals v Plymouth Raiders
 7:00pm CH Surrey Scorchers v London Lions

Sunday 8 March 2020

5:30pm CH Cheshire Phoenix v Manchester Giants
 5:00pm CH Glasgow Rocks v Worcester Wolves
 5:00pm CH Sheffield Sharks v Newcastle Eagles

Friday 13 March 2020

7:30pm CH Leicester Riders v Manchester Giants
 7:30pm CH Plymouth Raiders v Glasgow Rocks
 7:30pm CH Worcester Wolves v Sheffield Sharks

Saturday 14 March 2020

7:30pm CH Bristol Flyers v Glasgow Rocks
 7:30pm CH London City Royals v Newcastle Eagles

Sunday 15 March 2020

Trophy Final

TRO

Friday 20 March 2020

7:30pm CH Newcastle Eagles v London City Royals

Saturday 21 March 2020

7:30pm CH Bristol Flyers v Plymouth Raiders
7:30pm CH London Lions v Leicester Riders

Sunday 22 March 2020

5:30pm CH Cheshire Phoenix v Worcester Wolves
5:00pm CH Manchester Giants v Surrey Scorchers
5:00pm CH Sheffield Sharks v Glasgow Rocks

Friday 27 March 2020

7:30pm CH Leicester Riders v Cheshire Phoenix
7:30pm CH Newcastle Eagles v Bristol Flyers
7:00pm CH Surrey Scorchers v Sheffield Sharks
7:30pm CH Worcester Wolves v London City Royals

Saturday 28 March 2020

7:30pm CH London City Royals v Leicester Riders

Sunday 29 March 2020

5:30pm CH Cheshire Phoenix v Surrey Scorchers
4:00pm CH London Lions v Newcastle Eagles
3:00pm CH Plymouth Raiders v Manchester Giants
5:00pm CH Sheffield Sharks v Bristol Flyers

Friday 3 April 2020

7:30pm CH Leicester Riders v Surrey Scorchers

Saturday 4 April 2020

7:30pm CH Bristol Flyers v Newcastle Eagles
7:30pm CH London City Royals v Cheshire Phoenix
7:30pm CH London Lions v Worcester Wolves
7:00pm CH Manchester Giants v Leicester Riders

Sunday 5 April 2020

5:30pm CH Cheshire Phoenix v London Lions
5:00pm CH Manchester Giants v Glasgow Rocks
3:00pm CH Plymouth Raiders v Worcester Wolves
5:00pm CH Sheffield Sharks v London City Royals

Friday 10 April 2020

7:30pm CH Newcastle Eagles v Plymouth Raiders
7:00pm CH Surrey Scorchers v London City Royals
7:30pm CH Worcester Wolves v Leicester Riders

Saturday 11 April 2020

7:30pm CH London City Royals v Manchester Giants

Sunday 12 April 2020

5:30pm CH Cheshire Phoenix v Bristol Flyers
5:00pm CH Glasgow Rocks v London Lions

Friday 17 April 2020

7:30pm CH Bristol Flyers v Surrey Scorchers
7:30pm CH Leicester Riders v London City Royals
7:30pm CH London Lions v Plymouth Raiders
7:30pm CH Newcastle Eagles v Glasgow Rocks
7:30pm CH Sheffield Sharks v Cheshire Phoenix
7:30pm CH Worcester Wolves v Manchester Giants

Sunday 19 April 2020

5:30pm CH Cheshire Phoenix v Newcastle Eagles
5:00pm CH Glasgow Rocks v Leicester Riders
4:00pm CH London City Royals v London Lions
5:00pm CH Manchester Giants v Bristol Flyers
3:00pm CH Plymouth Raiders v Sheffield Sharks
2:00pm CH Surrey Scorchers v Worcester Wolves