

NEBL Disciplinary Guidelines - Offences and penalties

Below are the infractions and its subsequent punishments.

- (a) **Threatening an official**
First Offense: \$150 - \$300
Minimum penalty: 3 games suspension
Maximum penalty: 6 games suspension

- (b) **Obscene gestures toward opponent, referees, fans, team bench, media personnel or table officials**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 4 games suspension

- (c) **Offensive language (which may include abusive, obscene or insulting language) towards an opponent, referees, fans, team bench, media or table officials**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (d) **Attempting to strike someone**
First Offense: \$150 - \$300
Minimum penalty: 2 games suspension
Maximum penalty: 6 games suspension

- (e) **Striking an opponent, coach or fan (fist, hand, object, head)**
Minimum penalty: 1 year suspension
Maximum penalty: Lifetime suspension

- (f) **Striking a table official, game official or referee (fist, hand, object, head)**
Minimum penalty: 6 years suspension
Maximum penalty: Lifetime suspension

- (g) **Elbowing an opponent (not a basketball play or during a fight)**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (h) **Fighting - more than 2 players [closed fist]**
Minimum penalty: 2 games suspension
Maximum penalty: 2 years suspension

- (i) **Kicking**
First Offense: \$150 - \$300

Minimum penalty: 1 game suspension
Maximum penalty: 5 games suspension

- (j) **Verbally abusing a referee after a game or negatively criticizing the game**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 5 games suspension
- (k) **Spitting**
Minimum penalty: 2 games suspension
Maximum penalty: 1 year suspension
- (l) **Putting a person in fear of impending violence**
First Offense: \$150 - \$300
Minimum penalty: 2 games suspension
Maximum penalty: 2 years suspension
- (m) **Coaching, refereeing or playing while under suspension**
Minimum penalty: 2 weeks per game plus the suspension period
Maximum penalty: 5 weeks per game plus the suspension period
- (n) **Deliberately endangering the safety or health of the players, spectators, officials (incidents involving blood/body fluids).**
Minimum penalty: 2 years suspension
Maximum penalty: Lifetime suspension
- (o) **Conduct that brings the game of basketball into disrepute**
First Offense: \$150 - \$300
Minimum penalty: 4 games suspension
Maximum penalty: 1 year suspension
- (p) **Touching a referee (not hitting)**
Minimum penalty: 1 game suspension
Maximum penalty: 1 year suspension
- (q) **Making physical contact or shoving an opponent during a fight or physical altercation on the court.**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension
- (r) **Posting any negative comment on Face Book or any other social media platform about the league, officials, commissioner or opponents.**
First Offense: \$50 - \$150
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (s) **A player or coach refusing to leave the arena in a timely manner after being disqualified.**
First Offense: \$100
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (t) **A team failing to complete a game before the time has expired.**
First Offense: \$500
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (u) **Pointing at a referee in a threatening manner**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (v) **Clenching your fist in a game**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (w) **A team failing to complete a game by walking off the court before time expires.**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (x) **Leaving the team bench area during a fight or physical altercation.**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

- (y) **Making contact with an opponent during a fight or physical altercation.**
First Offense: \$150 - \$300
Minimum penalty: 1 game suspension
Maximum penalty: 3 games suspension

These by-laws, inclusive of the following appendices, are hereby adopted by the National Elite Basketball League (NEBL), a league sanctioned by the Belize Basketball Federation. In case of conflicting rules, the rules contained in these by-laws shall be applied first, followed by any other agreed regulations.