

Job Title: Fitness Technician
Job Location: NASA's Kennedy Space Center, FL
Job type: Regular, Full-time
Job Classification: Non-Exempt
Where to apply: www.imssfl.com

Job Duties/Functions:

This position is responsible for supporting and contributing to a program focused on customer service, safety, cleanliness, improving overall health, conducting fitness assessments, providing instruction on proper use of the equipment, instructing group exercise classes, strong motivational skills, and ability to communicate effectively with management and employees.

Education/Training:

- BA/BS degree in Health Promotion, Health Education, Public Health or Exercise Science preferred. Other degrees may be considered.
- Certification with ACSM-HFI (American College of Sports Medicine Health Fitness Instructor), NSCA-CSCS/PT (National Strength and Conditioning Association - Certified Strength and Conditioning Specialist/Personal Training) or AFAA (Athletics and Fitness Association of America Group Exercise or Personal Training)
- BLS and First Aid certification or completed in first 120 hours

Licenses/Certifications/Registrations:

See above

Responsibilities:

- Assist with facility operation plans including opening and/or closing Fitness Center
- Maintain safe and professional atmosphere in the Fitness Center or when representing the program on Center (professional demeanor with facility users and staff; appropriate attire)
- Provide superior customer service to every Fitness Center member

- Ability to demonstrate verbally and/or physically the proper use of exercise equipment and to provide feedback to improve members' technique/form for safer, more effective activity
- Perform fitness assessments
- Instruct group exercise classes
- Provide personal training (if certified)
- Ensure a safe and clean facility
- Advertising and marketing
- Ability to respond to safety and emergency response drills/events
- Assist all staff members
- Other tasks as assigned

Working Conditions:

Must thrive in a team atmosphere and effectively work with all levels of employees. General office environment may require minor lifting and bending.

Complies with all Company safety policies and site-specific safety procedures. Participates in and supports the KEMCON safety program. Ensures safe operating conditions within area of responsibility. Identifies potential hazards, concerns, and safety incidents and reports to supervisory personnel.

We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, or any other characteristic protected by law.

IMSS is a drug-free workplace.