

Packing - Antarctica

What To Pack For Your Trip

Total Diving System - Antarctica

Surface Support System:

- ☐ Mask (2)
- ☐ Snorkel
- ☐ Fins, Booties, Dive Socks
- ☐ Mask Defog & Cleaner
- ☐ Divers Tool
- ☐ Redundant divers tool*

Environment Protection Sys.

- ☐ Drysuit System
- ☐ Dry Gloves & Liners (2)
- ☐ Hood - Dry Suit Heavy
- ☐ Dry Base Undergarment (2 sets for diving so can wash one out)
- ☐ Thick Undergarment (2 sets so can wash one out)
- ☐ Spare Seals
- ☐ Talc, Zipper Wax

Air Delivery System

- ☐ Primary First & Second Stage (OC)
- ☐ Back-up First & Second Stage (OC)
- ☐ Neck Ring
- ☐ Extra Mouthpieces
- ☐ Back-up Air Delivery System*
- ☐ Spare Hoses*

Air Management & Info Sys

- ☐ Dive computers
- ☐ Air monitor
- ☐ Direction monitor
- ☐ Back-up computer*
- ☐ Time monitor
- ☐ Dive slate
- ☐ Dive planning materials
- ☐ Waterproof Dive Tables*
- ☐ Logbook, extra pages (must show proof of experience)
- ☐ Certification Card

Buoyancy Control/BCD System

- ☐ Backplate & Harness, w/ quick release
- ☐ Primary Air Cell
- ☐ Redundant Air Cell*

Weight & Trim System

Special Purpose System

- ☐ Equipment Bag
- ☐ Mesh Bag
- ☐ Dry bag
- ☐ Dive Light, primary & backups
- ☐ Marker Light
- ☐ Signaling Device (*whistle, signal mirror, etc*)
- ☐ Surface Marker Buoy (SMB)
- ☐ Emergency SMB*
- ☐ SMB "crack bottle" & hardware*
- ☐ Reels & Spools (1-3)
- ☐ Carabineers, Clips, Bungee
- ☐ Spare Parts (*mask strap, fin straps, buckles, o-rings, cable ties, spare hoses, etc.*)
- ☐ Cable Ties
- ☐ Duct Tape (White)
- ☐ Tools
- ☐ Dry Box
- ☐ Sink-the-Stink
- ☐ Dry Ear/Swim Ear Drops
- ☐ Microfleece® towel
- ☐ Post Dive Shell or Cover-up
- ☐ AquaSeal®

Clothing & Personal Items

Clothing

- ☐ Jacket, Dress (*depending on trip*)
- ☐ 2 - trousers/skirts
- ☐ 1 - Shorts
- ☐ 2-4 - Shirts (Non-cotton best)
- ☐ Swimsuit (hot Springs/Buenos Aires)
- ☐ Dry Base Liner or Silk/Polypropylene Liner/Long underwear (2)
- ☐ Sweater/Fleece (wool or polar-fleece) - lightweight to medium weight

Special Notes...

- ☐ Item Available At Oceanic Ventures
- ◇ Special pricing or gift available
- * Optional items

What to Take on Your Trip...

- ☐ Sweater/Fleece (wool or polar-fleece) - heavy
- ☐ Jacket - Waterproof
- ☐ Pants - Waterproof
- ☐ Hat - Watch Cap or Balaclava, (2)
- ☐ Scarf
- ☐ Gloves (2)
- ☐ Glove Liners (2)
- ☐ Socks - Silk/Polypropylene (2)
- ☐ Socks - Wool/Fleece (3)
- ☐ Socks - Dress (1-2)*
- ☐ Socks - Casal (1-2)
- ☐ 3+ Undergarments
- ☐ Sarong or Long T-Shirt
- ☐ Necktie, Scarf, Hair band, Bandanas
- ☐ Sun hat, knit cap, hat clip
- ☐ Shoes - Dress*
- ☐ Shoes - walking/hiking
- ☐ Shoes - "Wellies"
- ☐ Teva® Sandals
- ☐ Belt

Toiletries

- ☐ Toothbrush, toothpaste, mouthwash, floss
- ☐ Razor, blades & Shaving Cream/Oil
- ☐ Comb, Hairbrush
- ☐ Shampoo & Cream Rinse
- ☐ Hair De-Tangle solution
- ☐ Deodorant
- ☐ Bar Soap & Container
- ☐ Nail Clippers
- ☐ Microfleece® Towel
- ☐ Medications & Vitamins
- ☐ Decongestants, Antihistamines
- ☐ Diarrhea Treatment (Lomotil, Pepto Bismal, etc)
- ☐ Infection Treatment (Cipro®)
- ☐ Malaria Tablets (*If appropriate for trip*)*
- ☐ Sea Sickness Medication
- ☐ Analgesic of Choice
- ☐ Other personal supplies
- ☐ Other _____

Use this list as a memory queue. Cross off items you do not own and thus will not be taking on your trip. Also, all items may not be appropriate for the trip you are taking.

Personal Items

- ☐ Cell Phone*
- ☐ Alarm Clock, batteries
- ☐ Ear Plugs, Eye Mask
- ☐ Flash light, batteries, bulbs
- ☐ Toilet Paper (*location specific*)*
- ☐ Anti-bacterial Wipes & Hand wash
- ☐ Insect Repellent*
- ☐ Sun Block, Lip Balm

Repair & Cleaning Items

- ☐ Sewing Kit (including large needle to accommodate dental floss)
- ☐ Multipurpose Tool (SOG® Tool)
- ☐ Universal Sink Stopper (flat)
- ☐ Detergent
- ☐ Net Line/Flexible Clothesline*
- ☐ Safety Pins, rubber bands, cord
- ☐ Cable Ties & Duct Tape
- ☐ Ziploc® Bags, Trash Bags

Paperwork

- ☐ Passport, visas, extra passport photos, vaccination certifications (if needed),
- ☐ Copies of important documents
- ☐ Tickets, Itinerary
- ☐ Health Insurance Info
- ☐ DiveAssure® Card
- ☐ Charge & ATM cards
- ☐ Cash - Local Currency (Small Amount of local currency)
- ☐ Traveler's Cheque*
- ☐ 2 Personal Cheques
- ☐ Membership Cards, business/calling cards, telephone access numbers
- ☐ Security Pouch (*worn under clothing*)

Comfort & Travel

- ☐ Dark sunglasses
- ☐ Lens cleaning supplies
- ☐ Prescription glasses
- ☐ Copy of eyeglass prescription
- ☐ Compass*
- ☐ Umbrella*
- ☐ Inflatable Travel Pillow*
- ☐ Silk Sleeping Sheet*
- ☐ Spoon, fork, knife (*for some trips*)*
- ☐ Water

Oceanic Ventures

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What to Take on Your Trip...

- Purification*
- Reading Materials
- Calculator, small*
- MP3 Player*
- Lemon Drops, hard candy
- Power bars
- Binoculars
- Travel Water Bottle
- Fish ID Guide

Memories

- Computer, download cables, power supply
- Pen, small notebook, glue stick (for journal, notes, addresses, etc)
- Camera, lenses, flash, tripod, strobes, film, media, extra batteries, charger
- Personal Address Book
- Address Labels for friends at home
- Gifts for Children
- Gifts for hosts
- Gifts for others
- Large Envelops (to mail things home)

Luggage

- Dive Equipment Bag
- Mesh Bag
- Daypack or fanny pack
- Roller Bag or Carry-on bag
- Dry Bag
- Small Mesh Bag/Lightweight duffel/laundry bag
- Packing Cubes
- Luggage Lock
- Hand luggage scale

Antarctica

Going on an Expedition may be unlike any other activity you have done before. One of the sponsors, Diving Unlimited International will be bringing some state of the art dive clothing for you to try but it will not be available for you on every dive because others will want to try it as well. As such, you need to plan on bringing what you need for both the diving and the excursions.

Expect 30°, but the temperatures can be 20°-50° with windy and wet conditions possible.

According to Oceanwide Expeditions, *"the secret to keeping warm is the layering principle. It is better to have several light layers of clothing than one heavy layer...The most important layer is the outer waterproof and windproof shell."* You should pack clothing accordingly.

Buenos Aires

Expect 80°-90° with high humidity during the day. It cools off some in the evening.

Ushuaia

Expect 40°-50°. Wind and rain are possible.

Mark Your Equipment

Much of the equipment, drysuit undergarments, luggage, etc. look similar. To help assure you keep up with yours, please put your name on **everything**. Remember, there was a reason your mother put your name in all of your underwear and clothes when you went to camp!

You can use paint pens (available at Oceanic Ventures) and sharpies.

Packing - Tools & Spares for Antarctica

Items Being Packed by Others

TOOLS AND SPARES

Eric Keibler:

- Crescent Wrench - Small
- Flat, Multi-Wrench
- Screwdriver with interchangeable bits for flat head and Phillips head screws
- Allen Keys - SAE
- Allen Keys - Metric
- Wire Cutters
- Multi-Tool (aka Leatherman® or SOG® Tool)
- Pick
- Eraser
- Selection of O-Rings
- Aquaseal®
- LP Hose (1)
- HP Hose (1)
- Drysuit Hose (1)
- BCD Hose (1)
- Spare first & second stage ADS (1)
- Zeagle second stage seats
- Bungee
- Duct Tape
- Cable Ties
- Cigar cutter
- Jet Flame Lighter

Faith Ortins, DUI

- Wrist Seals - Glue On
- Wrist Seals - Zip Seals
- Neck Seal - Zip Seal
- Gloves
- Patches
- Tools to do patches and seal replacements
- Undergarment - Vest (a few)

Your Spare Parts

We recommend that you carry a spare set of seals for your dry suit and a tube of Aquaseal.

Additionally, like all dive trips, you should carry a selection of o-rings designed to work with your equipment. It is especially important that you carry some spare DIN o-rings since they have a tendency to fall out.

It never seems you can have too many cable ties so bring more than you think you will need.

Also, don't forget talc and zipper wax.

Check Your Equipment

Please make sure all of your diving equipment is in current service. Eric and Faith will not be doing annual equipment maintenance on this trip.