





Dear Parent,

Before you can fully give a Blessing to your teenager, you might need to receive a Blessing yourself. Tragically, many parents of teenagers who desire to give a Blessing never received one from their parents. Use this Biblical guide to receive a Blessing from your Heavenly Father. Take a moment and imagine God Himself speaking these words over you.

Take time with this document. Read through the Scriptures, and as you read it let the Biblical understanding of your identity in Christ serve as your Blessing.

Once you complete this you will be free to read this same powerful statement to your teenager during their Manhood or Womanhood Ceremony.

ENJOY!



“I am a Child of the King”

**Because of who Jesus Christ is, and
because He is my Savior and my Lord:**

**I am a child of the King of Kings and Lord of Lords,
seated with Christ in the heavenly realm. I am chosen, accepted,
and included – a citizen of heaven and a member of God’s
household.**

I am loved by God unconditionally and without reservation.

**I belong to Him, having been bought by Him with the
precious blood of Jesus. I have eternal life and will be
saved from all of God’s wrath to come – guaranteed!**

I am a Christian. I am not just different in what I do.

**My identity has changed. Who I am has changed. Everything has
become brand new.**

I am a dwelling place in which God lives by His Spirit.

I have access to Him anytime, anywhere, for any reason.

**I am God’s creation – His workmanship. I was created by Him
and for Him, so who I am and what I do matters.**

**I am spiritually alive. I have been set free from the fear of death
and have been given life to live and enjoy to the full.**

I am forgiven – completely, totally, and absolutely.

**I have been rescued from the dominion of darkness and
brought into the Kingdom of light – the Kingdom of the Son.**

I have been set free from the penalty of sin and the power of sin.

**I am an enemy of Satan and at war with spiritual forces of evil, but
greater is He that is in me than he that is in the world.**

**If God is for me, it doesn’t matter who or what stands against me,
because nothing and no one can separate me from the love of
Christ –**

not hurt, pain, loss, problem, or brokenness;

not persecution, trouble, difficulty, or danger;

not abandonment, abuse, addictions, or appetites;

not desires, food, sexuality, or relationships;

not life or death, angels or demons;

not my past, the present, or the future;

no power, no person, no place, not anything in all creation;

not even Satan himself shall prevail.

**I am in the hands of Jesus, in the hands of God, and nothing and
no one can snatch me out of God’s hands.**

I will fear no evil because God is with me, and

He has promised to never leave me nor forsake me.

God’s presence is with me everywhere I go –

to the heights of heaven,

through the valley of the shadow,

to the ends of the earth – forever and always.

I am a child of the King and choose this day to live as one.

**(Rev. 1:8, John 1:12)
(Eph. 2:6, I Pet. 2:9)
(John 14:1-6, Eph. 2:19)**

**(Rom. 5:6-8, I John 4:10)
(I Peter 2:9, I Cor. 6:19)
(I John 5:11-13, John 3:16)
(Rom. 5:9, Eph. 1:13-14)
(I Peter 4:16)**

**(II Cor. 5:17, Gal. 2:20)
(Eph. 2:22, I Cor. 6:19)
(Eph. 2:18, Phil. 4:6-7)
(Ps. 139, Eph. 2:10)
(Col. 1:16, Gal. 6:7-9)
(Rom. 6:8-11, Heb. 2:14-15)
(John 10:10)
(I John 1:9, Ps. 103:8-13)
(Col. 1:13)**

**(Rom. 6:16-23, Gal. 5:1)
(I Peter 5:8, Eph. 6:12)
(I John 4:4)
(Rom. 8:31, Eph. 1:18-23)**

**(Rom. 8:35-39)
(Col. 2:15)**

**(John 10:27-28)
(Ps. 23:4, II Tim. 1:7)
(Heb. 13:5)
(Ps. 139:7)**

(Matt. 28:19-20)