



Athlete/Parent Handbook

Things to Include in Siegel Student Athlete Handbook

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Siegel High School Athletics

Mascot: Stars

School: Colors: Navy, Silver, Teal

Address: 3300 Siegel Road Murfreesboro Tn. 37129

Phone:615-904-3800

Fax: 615-904-3801

Athletic Twitter: @SiegelAthletics

Athletic Web Address: www.siegelstars.com

Athletic Facebook Address: www.facebook.com/Siegel-Athletics

School Twitter: @SiegelHighStars

School Web Address: www.sgh.rcs.k12.tn.us

Principal: Larry Creasy

Assistant Principal: Pamela Perkins

Rick Collins

Trey Ondrus

Ricky Parker

Athletic Director: Greg Wyant

Siegel Sports Offered

Fall Sports

Cheerleading

Twitter: @starscheering

Head Coach Carolyn Burns

Men's and Women's Cross Country

Twitter: @SiegelCC

Head Coach Phil Young

Football

Twitter: @StarsFootball

Facebook: Siegel High Football Boosters

Head Coach Michael Copley

Men's and Women's Golf

Twitter: @siegel_dallas

Head Coach Dallas Hill

Volleyball

Twitter: @SiegelVball

Facebook: Siegel Volleyball Lady Stars

Head Coach Patricia Flowers

Women's Soccer

Twitter: @SiegelSoccer

Head Coach Michael McGoffin

Winter Sports

Men's Basketball

Twitter: @siegelmbb

Head Coach Dyron Birdwell

Women's Basketball

Twitter: @StarsWbb

Head Coach Shaun Middleton

Men's and Women's Bowling

Twitter: @siegelbowling

Head Coach Cora Proctor

Men's and Women's Swimming

Twitter: @swimdive_SGH

Head Coach April Milstead

Men's and Women's Wrestling

Twitter: @SiegelWrestling

Head Coach Donovan Freeman

Spring Sports

Baseball

Twitter: @reavisc

Head Coach Craig Reavis

Softball

Twitter: @SiegelStarsSB

Head Coach Shaun Middleton

Men's Soccer

Twitter: @SiegelFutbol

Head Coach Jason Finley

Men's and Women's Tennis

Twitter: @SiegelTennis

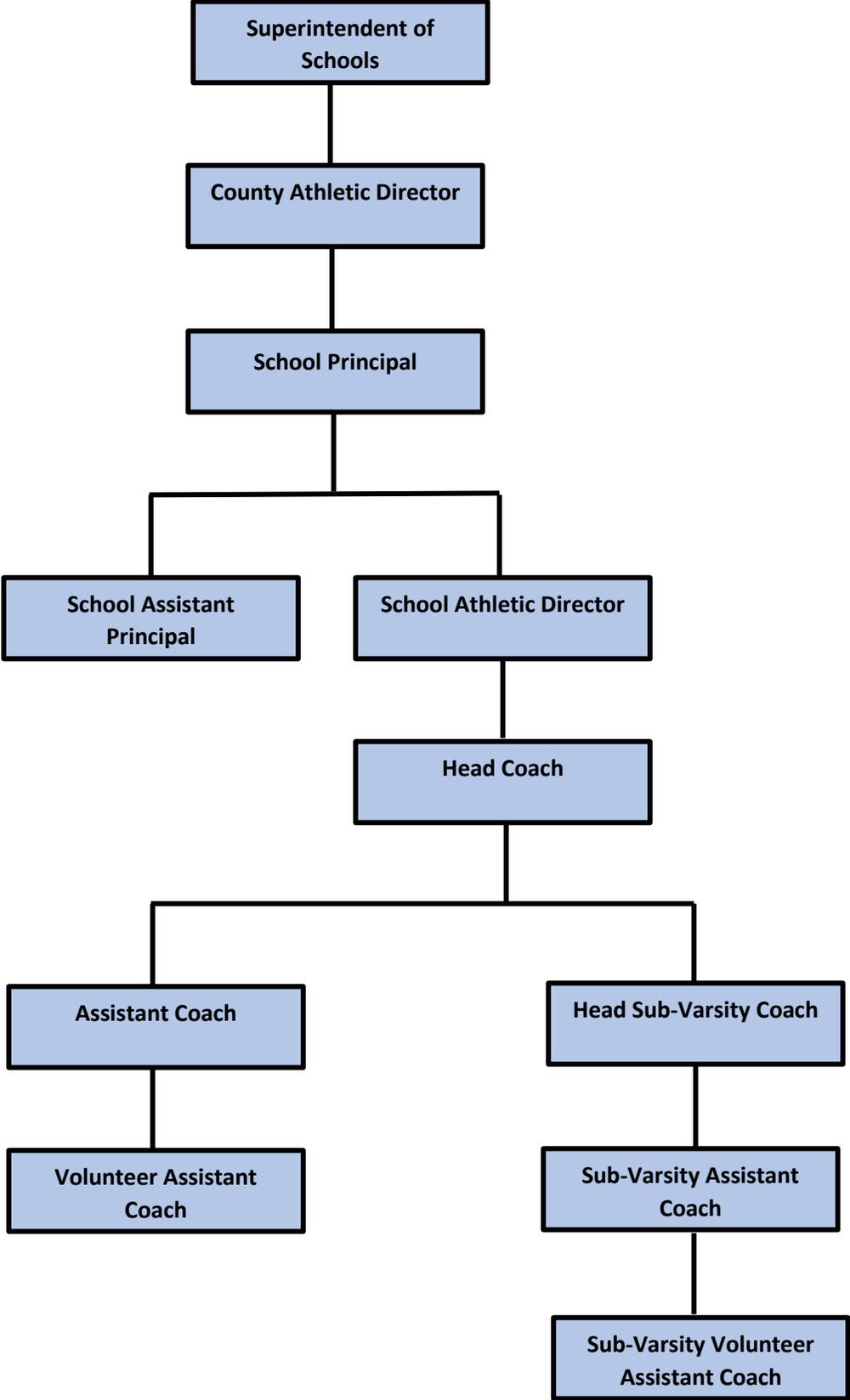
Head Coach Jeff Martin

Men's and Women's Track

Twitter: @SiegelTrack

Head Coach Bryan Duncan

Siegel Athletic Organizational Flow Chart



SIEGEL ATHLETICS MISSION STATEMENT

It is the role of the Siegel High School Athletic Department to provide student-athletes with the opportunity to develop their athletic abilities to full potential while safeguarding their physical welfare in an environment that promotes both high academic standards and the development of leadership capabilities. These objectives are best achieved through a broad-based program, which provides equal opportunity for all its student-athletes regardless of race, color, age, sex, disability, religion, ethnic or national origin, or sexual orientation and which is administered in accordance with the highest principles of interscholastic athletic competition.

OBJECTIVES OF THE SIEGEL ATHLETIC DEPARTMENT

- To conduct a program that achieves a high level of interest and support of student, faculty, alumni, local community and other segments of the community.
- To employ an athletic staff of integrity, knowledge, skills and leadership qualities that enable programs of mental, moral, and physical benefit to student-athletes.
- To administer and compete in conferences with high ideals of integrity and sportsmanship.
- To provide student-athletes with adequate practice and competition facilities and proper medical supervision.
- To provide student-athletes with support systems to promote academic success and on-time graduation.
- To provide successful competitive athletic opportunities.
- To provide information for all sports to the media, on an equitable basis.

GOALS OF THE SIEGEL ATHLETIC DEPARTMENT

- To run a program that is in complete compliance with TSSAA rules and regulations.
- Increase staff education.
- Improve assistance in communication and reporting of student-athlete eligibility.
- To support the education of student-athletes.
- Provide access to academic support.
- To continue strengthening the relationship between the high school and the local community.
- To encourage alumni interest and support.
- Communicate with the alumni.
- To enhance community within the general Siegel High School student body.
- Create athletics as “the place”.
- Enhance student participation in co-curricular activities.

- Develop a working relationship with the student body.
- To enhance participation within the Siegel High School Faculty and Staff Community.
- Inform the faculty and staff.
- To have competitive teams at the state level.
- Set measurable standards for each program.
- Develop long range plans to provide opportunity for success.
- Ensure adequate coaching support for each program.

ATHLETIC DEPARTMENT CORE VALUES

1. RESPONSIBILITY
2. INTEGRITY
3. TRUST
4. TEAMWORK
5. ENTHUSIASM
6. RESPECT

Our Coaches

The coach is the role model for the student athlete. Coaches at Siegel High School are the most significant components of the athletic program. They are both teachers and active participants at the same time. They have the responsibility to model admirable behaviors and attitudes at all times.

In order to be an effective coach and role model, Siegel coaches must also be thoroughly knowledgeable in their sport, capable of detailed preparation, able to motivate athletes, be able to make adjustments during competition, and work effectively under the authority of the athletic director and school administration. Our coaches take seriously the opportunity they have to mold young lives.

Our Parents

Parents of student athletes have a responsibility to both their child and to the team. Without strong parental support the student athlete will not be able to achieve his/her greatest potential and/or the team may suffer. It is important that parents provide positive reinforcement and understand their role as being part of the team. A parent's role could include fundraising efforts, game ticket selling, working concessions, preparing meals, helping clean around facilities etc. All these things, and more, are needed to create a great school and community atmosphere here at Siegel. Parents, as well as players, should always be supportive and encourage coaches and teammates.

Parents are not coaches and learning to trust coaches is a key step to learning the value of the life lesson experiences athletics provides. It is also important that parents model sportsmanship when attending athletic events. For Siegel athletic programs to be successful, coaches, student athletes, and parents must make a firm commitment to sportsmanship at all times.

Our Athletes

Siegel athletes should be diligent in preparation, give 100% at all times, demonstrate personal discipline, be respectful in all situations, maintain self-control, show humility, and aggressively pursue excellence regardless of the score, opponent, time, referee, or situation. The ultimate and final responsibility rests upon the shoulders of the student athlete, for it is the student athlete who is accountable to his/her parents and the coach.

ATHLETIC DEPARTMENT EXPECTATIONS, PRACTICES, & POLICIES

Proof Of Residence

All athletes will have to show proof of residence that the athlete and his/her legal guardians reside in the Siegel zone before you will be registered at Siegel High School. Falsifying these documents can lead to an athlete being ruled ineligible by the TSSAA and forfeiture of games by his/her team.

Tryouts

There are some teams that athletes must try out for and risk being cut. During the tryout period the coach will provide an explanation of his/her expectations. Athletes cut from one team are encouraged to try out for another team if there is space on that team.

Academic Eligibility

TSSAA Handbook Section 2. To be eligible to participate in athletic contests during any school year, the student must earn five credits the preceding school year if less than 24 credits are required for graduation or six credits the preceding school year if 24 or more credits are required for graduation. All credits must be earned by the first day of the beginning of the school year. Academic eligibility for a student is based on the requirements of the school the student was attending at the conclusion of the previous school year.

Students who are ineligible the first semester may gain eligibility the second semester by passing five subjects (1/2 credit) or three blocks (one credit per block) or the equivalent.

Students on trimesters who are ineligible at the beginning of the school year may gain eligibility by passing five subjects (1/2 credit) or three blocks (one credit per block) or

the equivalent the first trimester. Those students will be eligible to participate in athletics when school resumes on or after January 1 of that school year.

If a student is forced to withdraw from school, or is prevented from enrolling in school, due to the student's illness, his/her accident, or his/her disability, the principal may request a ruling in regard to the student's eligibility, provided the student was eligible at the time the illness or accident forced the student to withdraw or prevented the student from enrolling in school. If ruled eligible, such a student shall be charged with a semester of attendance for athletic purposes for the semester of non-attendance or withdrawal.

A student who returns to a member school after attendance at a school of correction or alternative school may be eligible for athletic participation provided the school of correction or alternative school is accredited by the Tennessee State Department of Education and provided the student returns to the school attended before entering the school of correction or alternative school.

Section 3. For athletic purposes the scholastic record filed in the office of the principal or superintendent at the end of a semester shall be final. Credits earned in a summer school accredited by the State Department of Education shall be recognized for eligibility purposes provided the student was enrolled during the spring semester immediately preceding the summer session and attended at least 40 days of that spring semester.

Section 4. A student who drops out of school before the end of the semester shall be ineligible to participate in secondary school athletics until the student has been in school a semester and has passed in at least five full unit subjects or the equivalent. (To become eligible under this regulation, a student must attend school for at least 40 days of the semester, but in no case shall the eligibility become effective until the beginning of the succeeding semester.)

Fees

All athletes who are in an Athletic Development class in one of the Siegel weight rooms will be assessed a \$20 maintenance fee. This fee has been approved through Rutherford County. This fee may be paid by your athletic program. Check with you coach to see if your program is paying your fee.

Athletic Development

All high school teams are given the opportunity to participate in a well supervised Athletic Development program, both in season and out of season. The mission of the Athletic Development staff is to provide a well-designed, collaborative training program based on sound physiological principles. Sport specific focus, experimentally proven methods, safe and productive physical training by means of a periodic plan will be our primary emphasis while maximizing the genetic potential of the student athlete population. Our goal is to provide the student athlete with the best "hands on" strength

and conditioning program in the country. In all our endeavors, we are committed to the principles of ethical conduct, integrity and excellence.

Athletes will train the entire school year. This will include off-season, in-season, as well as game day workouts. If you refuse to participate or continually miss workouts without a doctor's note you will be put in another class. It is a privilege to be an athlete and a privilege to be able to improve your development as an athlete. We will not tolerate any athlete that will not take advantage of this opportunity to improve.

Some Freshmen will not be included into classes because of space in our facility.

Athletic Forms

All Siegel athletic forms are now completed through the DragonFlyMax which enables parents and students to complete required athletic forms electronically. The only form that families will be required to print, sign and return is the physical form. This form is only available through the DragonFlyMax dashboard. It must be printed, completed, and signed by a physician, and then submitted to your child's/children's Coach in order to be eligible to participate in athletics.

DragonFlyMax directions can be found at <http://siegelstars.com/hq/athletic-forms/>.

Siegel athletic department will not accept paper copies of any other athletic forms or packets, and all required forms must be completed online to be eligible for tryouts and participate in athletic programs or activities. Parents will automatically be notified when the child's forms and physical need to be updated.

For parents and students new to Siegel High School, if you have not been provided access to the DragonFlyMax dashboard, please contact your school's athletic director or coach for assistance. You can find their contact information on the school's Faculty & Staff and/or Athletics website pages.

Forms that needed to be completed on Dragonfly:

- Consent for Athletic Participation, Travel , and Medical Care
- Concussion Information & Signature Form for Student/Athlete & Parent/Guardian – 3 pages.
- Sudden Cardiac Death Information & Signature Form for Student/ Athlete & Parent/Guardian – 2 pages
- Preparticipation Medical Evaluation – 3 pages
- Physical Form – Signed by doctor and returned to coach. **This is the only form that will not be done electronically on Dragonfly. It will be added to your files on Dragonfly by your athlete's coach.**

Physicals

Download Physical Form for Doctor at <http://siegelstars.com/hq/physical-exams/>

Once completed by your physician, return to your coach.

The Tennessee State Board of Education rules will be enforced regarding students obtaining athletic physicals before being allowed to participate. Physicals last for one calendar year and must be updated annually by April 15th.

The sports physicals received on, or after, April 15th are good for the entire next school year and through the following years dead period. (Last week of June)

TSSAA requires athletes to receive a sports physical on, or after April 15th to try out for any school sport.

Siegel High School policy requires students to have a current athletic physical on file in order to participate in any extracurricular activity involving athletics. These activities include but are not limited to weight training outside of the instructional day, conditioning, open facilities, tryouts, practices, and athletic contests.

If you have any questions regarding athletic physicals, please contact your child's coach.

Transportation

Rutherford County Schools strongly discourage employees from transporting students in private vehicles. If this becomes necessary, permission must be granted by the Principal. Rutherford County Schools policy requires that certain insurance limits will be met. Each one of these requests/approvals must also be copied to Rutherford County Schools staff attorney. Transportation should generally be done by parents for their own children or by bus.

ATHLETE CODE OF CONDUCT

Student-Athletes are expected to refrain from the following behaviors and characteristics:

- Tardiness to practices or competitions
- Careless and/or reckless behavior
- The inappropriate use of cellular phones, cameras and other electronic devices while in the locker room areas
- Inappropriate public displays of romantic affection (i.e. holding hands, kissing, excessive hugging)
- Profanity and vulgar or offensive speech and/or gestures
- Inappropriate use of social networks or media outlets (ie: facebook, twitter, blogs, instagram, snapchat, etc...)

- Dishonesty in any form, including lying, theft, or cheating
- Gambling
- Rebellious or disrespectful attitude
- Flagrant disrespect and disobedience
- The possession and/or distribution of pornographic materials and information, including the distribution of sexually suggestive material via cell phones, cameras computers or “sexting” of any kind. The Siegel High School definition of sexting is the act of sending, receiving or forwarding sexually explicit or suggestive messages, photos or images via cell phone, computer or other digital or electronic devices.
- Harassment in any form, both physical and/or sexual in nature. Sexual harassment includes all acts of a sexual nature, whether verbal or physical, which are unsolicited, unwelcome, inappropriate, and/or demeaning, that interfere with an individual’s performance, or which create an intimidating, hostile or offensive atmosphere. Physical harassment includes threats or intimidation of any nature, or inappropriate verbal or physical conduct which creates a hostile, offensive, or fearful environment. Examples of threats or intimidation include, but are not limited to, provoking a fight, fighting, bullying, acts that inflict injury or damage, and/or acts intended to control by fear and/or intimidation. (see bullying policy)
- Hazing in any form (please see specific area on hazing policy)
- The use and/or possession of tobacco, alcoholic beverages, illegal drugs, and the abuse of prescription medication. Violations of this policy may also result in random drug testing, per Siegel High School procedures, at the expense of the student. (please see specific reference to consequences below)
- Immoral sexual conduct
- Use or possession of weapons and/or dangerous items on school premises or at any athletic event (i.e., guns, knives, explosive devices, etc.)
- All Siegel High School and Rutherford County policies will apply

Anti-Bullying Policy

The administration, faculty and staff of Siegel High School believe we have a responsibility to provide a respectful, safe and healthy school environment and an obligation to promote mutual respect and acceptance for our students.

Therefore, we will not tolerate behavior that infringes on the safety and dignity of any student. Bullying is never acceptable and is strictly prohibited. Such conduct is contrary to the behavior, values and principles of Siegel and are disruptive to the educational process.

The State of Tennessee defines bullying as any overt, unwanted, repeated acts or gestures, including verbal or written communications or images transmitted in any manner (including digitally or electronically), physical acts committed, aggression, or

any other behaviors that are committed by a student or group of students against another student with the intent to harass, ridicule, humiliate, intimidate, or harm the targeted student and create for the targeted student an objectively hostile school environment that:

- places the targeted student in reasonable fear of harm to the targeted student's person or property;
- has a substantially detrimental effect on the targeted student's physical or mental health;
- has the effect of substantially interfering with the targeted student's academic performance; or
- has the effect of substantially interfering with the targeted student's ability to participate in or benefit from the services, activities, and privileges provided by the school.

Siegel High School will not tolerate any behavior that is considered bullying, intimidation, or harassment of another student(s). Such behavior includes, but is not limited to;

- Physical- direct physical contact including pushing, hitting, shoving, biting, hair-pulling, scratching, spitting, tripping, damaging or stealing victims property, locking person in room, rude gestures, initiating or forcing inappropriate touching
- Verbal assaults-name calling, put downs, racist remarks, teasing, threats, spreading rumors, sending inappropriate (violent, sexual, malicious, etc.) notes or pictures in any medium, (cell phone, internet, etc.)
- Social- ostracism, exclusion, ignoring, being unfriendly, alienating, social isolation, rumor spreading, damaging someone's reputation
- Psychological- acts that instill a sense of fear or anxiety, aggressive or menacing gestures

Anti-Hazing Policy

Hazing in any form is neither tolerated nor consistent with any educational or athletic goal at Siegel High School.

“Hazing” refers to any activity expected of someone joining a student organization that humiliates, degrades, or risks emotional and/or physical harm, regardless of the person's willingness to participate.

Hazing activities generally considered: physically abusive, hazardous, and/or sexually violating. The specific behaviors or activities within these categories vary widely among participants, groups and settings. Typical hazing practices would include: personal servitude; sleep deprivation and restrictions on personal hygiene; yelling; swearing and insulting new members/rookies; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such substances on one's skin;

brandings; physical beatings; binge drinking and drinking games; sexual simulation and sexual assault.

Any activity that intimidates or threatens the student with ostracism that subjects a student to extreme mental stress, embarrassment, shame or humiliation that adversely affects the mental health or dignity of the student or discourages the student from remaining in school is considered hazing.

Any activity that causes or requires the student to perform a task that involves violation of state or federal law or Siegel High School policies or regulations is considered hazing.

Hazing in any form will not be tolerated at Siegel High School and will result in disciplinary actions. There may be other disciplinary consequences as well administered by the coach, athletic department, high school principal, superintendent and/or the school board.

Attendance At Practices And Games

Each member of a Siegel High School Athletic team must assume the responsibilities associated with such a position. The athlete has an ethical obligation to the team and the school. This obligation includes regular attendance at practices and athletic contests. Commitment to Siegel teams should come before any club or outside team. If a practice or competition is missed due to outside commitments there will be consequences for missing the Siegel practice or competition.

It is possible, of course, that emergency situations may arise (e.g., illness, death in a family, etc.) that render it impossible for an athlete to attend a practice session or an athletic contest. Absences should be few and far between and arranged with the coach as early as possible.

When athletic team practices occur on school vacation days all varsity athletes are expected to be in attendance. If a conflict arises and the athlete may have to miss a practice it is of utmost importance that the athlete communicates this with the coach immediately with the understanding that consequences may follow.

Attendance At School

A student athlete must attend school on the days of an athletic practice and contest in order to participate in that practice or contest. Some specific circumstances are as follows:

- Students who are absent from part of the school day and are granted a non-illness related excused absence (e.g., a dental appointment) will be allowed to participate in the practice or contest that day.
- Student athletes must attend school until 11:25 unless it is due to an excused absence. A student athlete may not participate in a particular practice or game if they do not attend school until 11:25.

- Any Unexcused Absence from school, regardless if it is only for a partial day, will render an athlete unable to participate in the day's events. This would include in-school suspension or out of school suspension.

Handling Problems/Solving Disputes

All disputes at Siegel High School, including those related to athletic matters, should be handled in a professional manner. Siegel High School encourages the offended party to go directly to the one with whom he/she has a problem. (e.g., student athlete should talk to the coach at an appropriate time prior to parental involvement and prior to going directly to the Athletic Director.)

NOTE: Lack of playing time at the varsity level is not considered a dispute and should not be addressed with the coach by the parent. (Refer to Playing Time Policy)

If the situation is not resolved, the offended is encouraged to seek a solution by speaking to the next person in authority. In simple terms, if at any time an athlete or parent has an issue/concern with a coach or program, the below process should be followed:

1. Athlete meets with the coach to discuss the problem
2. Parents and/or athlete schedule a meeting with the coach during school hours
3. Parents and/or athlete schedule a meeting with the Athletic Director/Assistant Principal during school hours
4. Parents schedule a meeting with the School Principal during school hours
5. Parents schedule a meeting with the district Athletic Director

It is absolutely necessary that this chain-of-command be followed specifically. If not, the upper level authorities will direct the offended party to solve the problem at the appropriate level.

The 24-Hour Rule

Parents/guardians should not confront a coach or official to discuss any "negative" game or practice situation with the coaching and management staff until at least 24 hours has passed from the completion of the game or practice. The 24-Hour Rule is a good way for parents and coaches to take a breath and decide whether their concern really is a matter of fairness or an intense emotional reaction forged in the heat of competition.

No Quit Policy

If a student is fortunate enough to be selected for a position on one of the Siegel athletic teams, it is important that he/she makes a firm commitment to that team. Therefore, quitting a team after being selected for the team is strongly discouraged. If any student athlete quits a team after being selected as a member of that team, that student athlete is prohibited from trying out for another Siegel High School extracurricular team (Drama, etc.) during the same season. Furthermore, it should be clearly understood that the

action of any student athlete quitting a team will certainly be among the criteria considered by coaches of subsequent teams on which a student athlete desires a position. Exceptions may occur if both coaches/directors agree it is in the best interest of the student.

Playing Time Policy

There are many benefits to be gained by participation in athletics at the high school level. Student-athletes learn discipline, to perform under stress, teamwork, sacrifice, commitment, effort, accountability, sportsmanship, confidence, leadership and to play within the rules.

Although there are many measures of success in the minds of each athlete, perhaps the most emotional is “playing time” during contests. If an athlete has a question about the amount of playing time he/she is getting, he/she should be encouraged to discuss it with the coach. Being a member of a team at Siegel High School does not guarantee “playing time”. The playing time of each participant is the sole prerogative of the coach of the sport in his/her discretion and judgment; however, there are some guidelines:

- **Freshman and Junior Varsity Teams**
 - This is the development level where athletes learn skills and strategies to prepare them for varsity competition. The coaching staff will play all team members for as much time as is practical. There are many factors that govern an individual playing time. Some of the most important are: attendance at practice, effort, attitude, commitment, and athletic skill. This is the level for athletes to show their potential and demonstrate to the coaching staff that they are willing to work to prepare for varsity level competition.
- **Varsity Teams**
 - This level of competition has the same factors and guidelines as the sub-varsity teams. However, there is one additional major factor. The varsity teams compete against opponents at the highest possible level. There is a greater emphasis on winning. To reach this goal, the most competitive, skilled team members will get the most playing time. However, teams cannot be successful without committed substitutes or “non-starters”. These athletes must be ready to step up when needed, and practice hard to help make the team as competitive as they can be. They should constantly strive to move up to the “starting” role. There are many decisions made by the coaching staff during a season. These include which athletes should be starters, who should play what position, and how long each athlete should play. These decisions, often difficult to make, are made only by the coaching staff, and are approached with the best interest of the team as the top priority.

Starting A Season Late

A student may start a season late if the reasons are acceptable to the coach and the Athletic Director. If a cut has been made the student must go through a three-day try out period. If the student is determined to be good enough they may be added to the team. No one may be cut to make room for this student. The student must have a minimum of ten (10) practices including the tryouts before he/she can participate in a contest. If they are moving from one season to the next within the same school year a team member must practice a minimum of five (5) times. The ten practices are also required when joining a team late that did not have a cut.

If a student transfers into Siegel once a season has already begun, they will be considered as a new student with new opportunities and will be permitted to try out for a team.

Multiple-Sport Policy

Encouragement - To fully accomplish the mission statement of Siegel Athletics we, the coaches and athletic administrators, must encourage all of our student athletes to participate in multiple sports. A multiple sport athlete has two to three times the opportunity to develop friendships, character, and competitive experience, reap the benefits of cross training, etc. than a single sport athlete.

If a student athlete approaches a coach or athletic administrator about his/her thoughts on the pros and cons of being a multiple sport athlete, it is our job to carefully give the student athlete an objective evaluation of his/her options. Never should a coach discourage participation in other sports. Coaches should share as much information with the student athlete as possible to help him/her make the best-informed decision he/she can make.

Off-Season Practice Policies - When a student athlete makes a commitment to participate in a team sport, he/she is making a commitment to the team to be at his/her best/peak performance at all times during the season. The student athlete is also facing the challenge of maintaining his/her academics at the highest level possible. Therefore, it is vital that coaches communicate and come to some agreement that is in the best interest of our student athletes.

These activities include:

- Open Gyms, Scrimmages, Pick-Up Games
- Conditioning
- Weight Training
- Skills Practices
- Drills

Student athletes may choose to participate in non-Siegel off-season sports outside the Siegel campus. This is permissible, but “club” sports must take a backseat to the athlete’s Siegel team when it comes to schedule conflicts.

SAFETY

Accidents/Injuries

Coaches are trained in basic first aid, certified in CPR and the use of an AED. If an accident or injury occurs, the athlete will be evaluated by our trainer. The coach then submits a written accident report to Rutherford County within 24 hours. If the injury is serious the coach will call emergency services and the parent(s).

All injuries should be treated with caution and handled with care. The parents will be contacted in the event of severe or significant injuries and consulted with in any decisions made in regard to treatment and rehabilitation. Siegel High School has a certified athletic trainer on staff to help with the care and rehabilitation of injures. The trainer can recommend doctors and/or treatments to care for the student, but the final treatment decision rests with the parents.

Coaches treat any acknowledged condition in the confidential manner with which the information is related by the parent or guardian. If an athlete misses practice on the request of a physician, the athlete should have a note of clearance before returning to practice.

Bad Weather

Lightening and Severe Storms: The Athletic Directors, in consultation with the Coach, trainer and officials during contests, will make decisions based on the TSSAA guidelines for student athlete safety.

GENERAL INFORMATION

Schedules

The scheduling of all athletic events and practices is determined by the coach. The coach will issue a schedule to the students and parents as soon as possible in each season. If practice is understood to be every day, there may not be a printed practice schedule issued. Athletic practices may be scheduled on weekends. On occasion, an athletic event may be scheduled on a day or weekend when school is out on vacation. When this is determined to be necessary, the dates will be given out as far ahead as possible and all athletes are expected to be in attendance.

School Equipment

- Students are responsible for all equipment issued to them. Athletic uniforms are supplied for the sole purpose of athletic participation. This equipment is not to be used for any other purpose.
- When the season is over, all equipment and uniforms are to be returned to the coach who will keep inventory of all items issued to the team. The coach will then submit the end-of-season inventory list to the Athletic Director in a timely manner following the season.
- The parent is responsible for the dollar replacement cost of any lost or damaged school issued equipment or uniforms.

COMMUNICATION

General

The best resource for information is our Athletics Website. Each sport has a dedicated page with links to schedules, required forms etc. www.siegelstars.com

Cancellations

It is necessary at times to cancel games and practices at the last minute due to inclement weather. Please do not call the school on these days! Our Athletic Web Site will be updated continually as cancellations are made and information comes in. If it is a home event that we have scheduled, the Principal/Athletic Director will make the cancellation call as soon as possible. If it is an away event, the opponent school makes the cancellation call. As soon as we receive that call, the website will be updated. The cancellation will be announced immediately from the school office and students will be allowed to call their parents at that time to make arrangements for pick up. You can also check your team schedule on www.siegelstars.com for the most update information as well.

Most teams will use the Remind app to send notifications of change in schedule and cancellations. Check with your coach.

Twitter

You can get athletic information, scores and cancellations by following the athletic department @SiegelAthletics

Parent Meetings

Parent Pre-Season Meetings – All parents of student athletes are required to attend a pre-season meeting with the coaching staff of that sport. The meeting shall be held before the first contest. Parents will be informed of all rules for their sport as well as the rules of Siegel High School and the TSSAA.

