

Task 5: Complete Your Project Proposal.

Senior Project: Life-Ready Leadership in Action

Sample: Project Proposal

Student Name: Joe Runner

Project Title: Organizing a Marathon

| Project Overview |
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| Project Description: I will train for and run in a marathon that I will organize for the community. |
| Community Connection: This is something I've dreamed of doing for the last five years, ever since I was in track in middle school. Organizing the marathon will involve not only the city council, police, and those interested, but will serve the community as a whole to become more physically fit. |
| Mentor Choice: I've chosen to use John Smith, a friend of my father's to be my mentor. He has been running for 17 years and recently trained for and ran his 12th marathon. |
| Academic Learning: <ul style="list-style-type: none">→ Research Question: What health benefits exist from pursuing running as a lifelong sport?→ Possible Thesis Statement: Embracing running as a lifelong sport eliminates obesity in children and adults alike.→ Possible Research Topics: health benefits of lifelong running, obesity epidemic, national numbers of lifelong runners, barriers to lifelong running, ways to promote lifelong running |
| Learning Stretch: <ul style="list-style-type: none">→ Prior Knowledge: I have been on the track and cross-country team since 8th grade. I've run one 5k race. I've read a few running magazines over the years and watched a few sports programs in which athletes are discussing their training methods. My cross-country coach has discussed good training methods.→ Anticipated Learning: I have never planned for an event like this, but I will focus on reaching different organizations and businesses to gain the interest of as many people as possible. Newspapers, radio stations, and community organizations will be the most likely candidates. |

| Project Cost Analysis | |
|---|------|
| Create and print flyers to promote event (500 colored copies) | \$50 |
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| | |
| TOTAL COST: | \$50 |

| Project Time Analysis | |
|---|-----------------------------|
| Estimated Start Date: | June 1, 2017 |
| Estimated Hours for Training (train 10 hours a week for five weeks) | Jun 1 to June 30 = 50 hours |
| Estimated Hours for Organizing Marathon (prepare 2 hours a week) | June 1 to July 1 = 10 hours |
| Estimated Completion Date: | July 1 Marathon |

Student Name: _____

Project Title: _____

Project Overview**Project Description:** What will you do to complete 40 hours toward this project?**Community Connection:** How will connect to a career exploration and/or community service?**Mentor Choice:** Who did you select as your mentor and why?**Academic Learning:** How will your research paper connect to your project?

- **Research Question:**
- **Possible Thesis Statement:**
- **Possible Research Topics:**

Learning Stretch: What do you already know and how will you grow from this project?

- **Prior Knowledge:**
- **Anticipated Learning:**

Project Cost Analysis

| | |
|---|------|
| Create and print flyers to promote event (500 colored copies) | \$50 |
| | |
| | |
| TOTAL COST: | \$50 |

Project Time Analysis

| | |
|----------------------------|--|
| Estimated Start Date: | |
| Estimated Hours for | |
| Estimated Hours for | |
| Estimated Completion Date: | |

Mentor Signature _____ Date _____

Advisor Signature _____ Date _____

Parent Signature _____ Date _____