



Assistance Center Update

Support services available to Santa Fe families

SANTA FE, Texas – May 24, 2018 — The following is an Assistance Center update through Tuesday, May 29. The Center serves victims, their families and the Santa Fe community affected by this tragedy. **Please note the Assistance Center will operate at Arcadia First Baptist Church on Saturday only.**

The Center is available to those who need emotional support, services, food and other assistance. In addition to the American Red Cross, participating agencies include the Texas Department of Public Safety, victim's assistance and counseling and faith-based organizations. Additional updates will be shared as needed.

ASSISTANCE CENTER INFORMATION

DATE	LOCATION	TIME
Friday, May 25	Aldersgate United Methodist Church, 13217 FM 1764 Rd	8 am-noon
Saturday, May 26	Arcadia First Baptist Church, 14828 Hwy 6	10 am-4 pm
Sunday, May 27	Aldersgate United Methodist Church	1-6 pm
Monday May 28	Aldersgate United Methodist Church	10 am-4 pm
Tuesday, May 29	Aldersgate United Methodist Church	10 am-7 pm

Note: *The Center is closed to media*

COPING AND PREPAREDNESS TIPS

The Red Cross offers the following coping and preparedness tips for those impacted by this tragedy.

- Events like this can cause feelings of uncertainty and anxiety since no one knows what could potentially happen next. Remember that this is normal.
- Stay informed but limit media exposure of the events, especially for children.
- Let children talk about their fears and then reassure them about their safety. Talk with them in ways that they can easily understand. Let them guide the conversation; share details only when they ask about them.
- Be patient with yourself and others. It's common to have any number of temporary stress reactions such as anger, frustration and anxiety.
- Spend more time with family and friends and offer your support.
- Watch for signs of stress in your family, friends and children. Get help from others if needed.
- Take care of yourself. Eat healthy, drink plenty of water and get enough rest.
- To reach out for free 24/7 counseling or support, contact the Disaster Distress Helpline at 800-985-5990 or text "TalkWithUs" to 66746.
- Trained mental health professionals are available to talk privately at the Family Assistance Center.

BREAKFAST AND LUNCH AVAILABLE FOR PICK UP AT ARCADIA FIRST BAPTIST CHURCH

Free breakfast and lunch will be available for pick up to Santa Fe Independent School District students, faculty and families on Friday, May 25 at the Arcadia First Baptist Church (14828 Hwy 6). The American Red Cross, Interfaith Ministries for Greater Houston and the Houston Food Bank will provide breakfast from 7:30 am to 9:30 am and lunch from 11 am to 1 pm.

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