NEWS RELEASE
by Colleen Allison,
Mariposa 4-H Council President
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4-H.....A HEALTHY ENVIRONMENT AND A FUN WAY TO LEARN

You have probably heard the term "4-H" before and wondered what it is and how you and your family could become involved.

4-H is a group of youths ranging in age from nine to eighteen. The program is directed by the University of California and designed to promote agriculture, economics, as well as a wide variety of interesting projects. Volunteers teach the various projects with assistance available from University and 4-H staff as needed. The program is divided into clubs geographically and each club offers individual projects of interest. Each 4-H year usually begins in October and goes through the following September.

You have probably recognized some of our members by their clean, white shirts, green hats, ties or scarves. These youths are dedicated, hard working individuals that take their projects seriously. Many of these members have traveled state and nationwide in our program competing, growing and learning.

All of our 4-H leaders are volunteers sharing their time with youths who expressed an interest in their project. The program is always ready for growth and expansion. If you have a trade or a hobby you would like to share as a short term or long term project, we would love to have you. If you have a youth interested in our program, just call. We work hard at providing a well-rounded, active and healthy environment.

To find out more about 4-H, call a leader you may know, a 4-H member or the UC Cooperative Extension office at 966-2417. In the meantime, when you see a 4-H'er, give him/her a handshake, they are working hard and we hope they will grow up to be responsible adults.
A.R. A HEALTHY ENVIRONMENT AND A PATHWAY TO LEADERSHIP

The most valuable lesson we can ever give our children is to love what we do and ask ourselves what it is we truly enjoy doing at any age.

All too often, we deny children the opportunity to participate in their passions. The program is designed to help bridge that void. It provides a structured environment where children can develop their interests and talents, allowing them to pursue their dreams without the pressures of formal education. The program encourages children to explore and develop their unique abilities, fostering a sense of self-confidence and achievement.

The program is designed to be inclusive and accommodating to the diverse needs of students. It offers a range of activities and workshops that cater to individual strengths and interests, helping children to find their voice and express themselves.

We believe that by providing a supportive and stimulating environment, children can grow into confident, capable adults who are well-equipped to lead and contribute to society.

To find out more about this program, call a leader in your area. A full overview of the "A.R. Leaders Program" will be provided. This is an opportunity for children and youth to explore their passions, develop new skills, and become leaders of tomorrow.
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