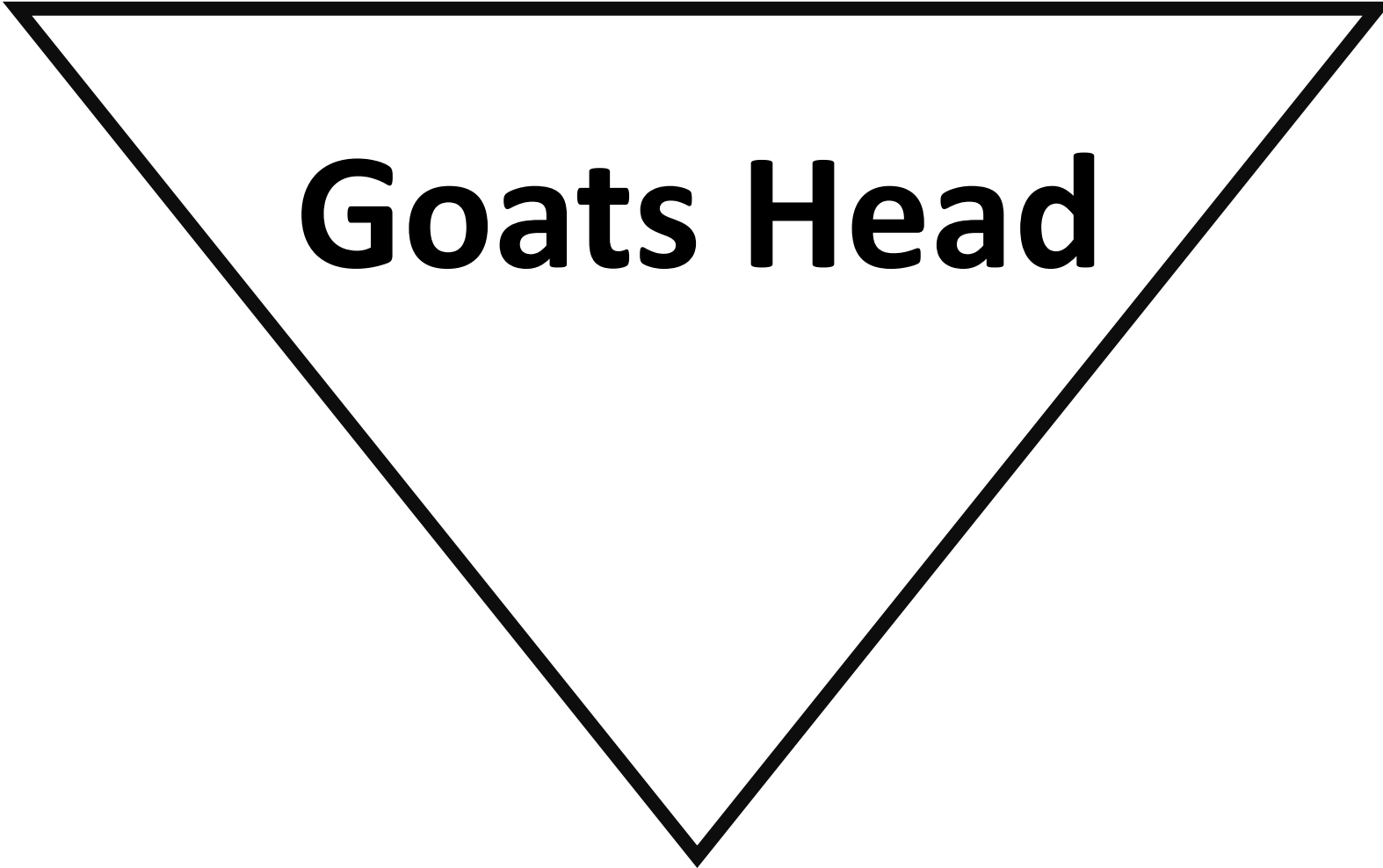


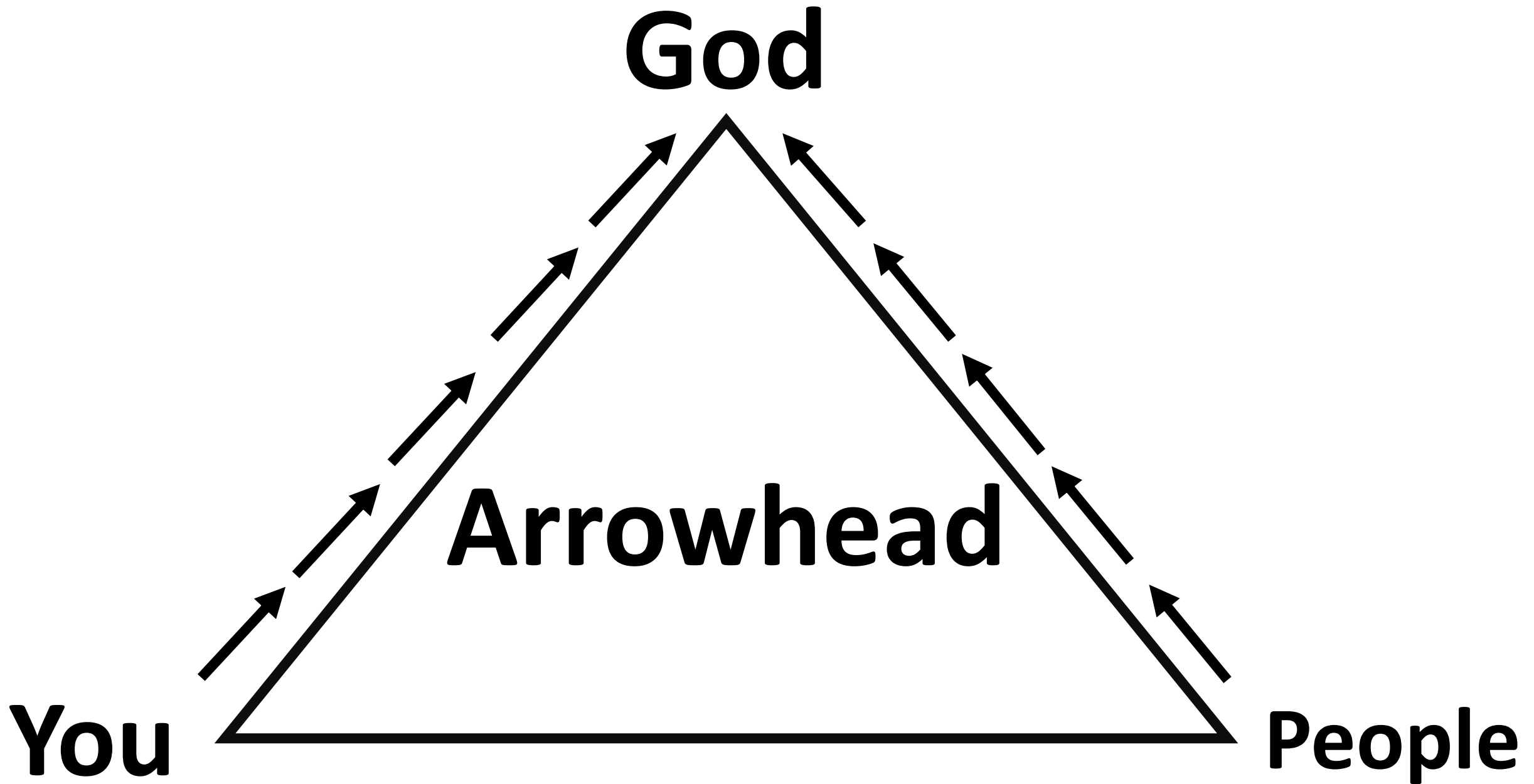
Fear

Shame

Goats Head

Pride





Proverbs 12:25

“Anxiety in a man’s heart weighs it down, but an encouraging word makes it glad.”

Anxiety:

Mentally leaving where you are and getting into an area of the past or the future.

Anxiety =

**A state of uneasiness:
worry, abnormal fear that
lacks a specific cause; fear
or dread**

Proverbs 15:15 AMPC

All the days of the desponding and afflicted are made evil [by anxious thoughts and forebodings], but he who has a glad heart has a continual feast [regardless of circumstances].

John 14:1 AMPC

Do not let your hearts be troubled (distressed, agitated). You believe in and adhere to and trust in and rely on God; believe in and adhere to and trust in and rely also on Me.

John 14:27 AMPC

Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.]

1 Peter 3:4 AMPC

But let it be the inward adorning and beauty of the hidden person of the heart, with the incorruptible and unfading charm of a gentle and peaceful spirit, which [is not anxious or wrought up, but] is very precious in the sight of God.

Philippians 4:4, 6 & 7 AMPC

4 Rejoice in the Lord always

[delight, gladden yourselves in

Him]; again I say, Rejoice!

Philippians 4:4, 6 & 7

6 Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God.

Philippians 4:4, 6 & 7

7 And God's peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall [d]garrison and mount guard over your hearts and minds in Christ Jesus.

1 Peter 5:6, 7 AMPC

6 Therefore humble yourselves [demote, lower yourselves in your own estimation] under the mighty hand of God, that in due time He may exalt you, 7 Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him, for He cares for you affectionately and cares about you watchfully.

Psalms 23:4 AMPC

Yes, though I walk through the [deep, sunless] valley of the shadow of death, I will fear or dread no evil, for You are with me; Your rod [to protect] and Your staff [to guide], they comfort me.

***I'm Just Passing Through**

Isaiah 43:2 AMPC

**When you pass through the waters,
I will be with you, and through the
rivers, they will not overwhelm you.
When you walk through the fire, you
will not be burned or scorched, nor
will the flame kindle upon you.**

John 8:31 – 32 AMPC

31 So Jesus said to those Jews who had believed in Him, If you abide in My word [hold fast to My teachings and live in accord with them], you are truly My disciples.

32 And you will know the Truth, and the Truth will set you free.

Matthew 8:13 AMPC

13 Then to the centurion Jesus said, Go; it shall be done for you as you have believed. And the servant boy was restored to health at that very moment.

Matthew 8:13 AMPC

***It shall be done for you
as you have believed**

Proverbs 23 AMPC

**7 For as he thinks in his heart,
so is he. As one who reckons,
he says to you, eat and drink,
yet his heart is not with you
[but is grudging the cost].**

Mark 4:24 AMPC

And He said to them, Be careful what you are hearing. The measure [h][of thought and study] you give [to [i]the truth you hear] will be the measure [of virtue and knowledge] that comes back to you—and more [besides] will be given to you who hear.

Philippians 4:8 AMPC

For the rest, brethren, whatever is true, whatever is worthy of reverence and is honorable and seemly, whatever is just, whatever is pure, whatever is lovely and lovable, whatever is kind and winsome and gracious, if there is any virtue and excellence, if there is anything worthy of praise, think on and weigh and take account of these things [fix your minds on them].

I Corinthians 2:16 AMPC

For who has known or understood the mind (the counsels and purposes) of the Lord so as to guide and instruct Him and give Him knowledge? But we have the mind of Christ (the Messiah) and do hold the thoughts (feelings and purposes) of His heart.

I Corinthians 2:14 AMPC

But the natural, nonspiritual man does not accept or welcome or admit into his heart the gifts and teachings and revelations of the Spirit of God, for they are folly (meaningless nonsense) to him; and he is incapable of knowing them [of progressively recognizing, understanding, and becoming better acquainted with them] because they are spiritually discerned and estimated and appreciated.

James 1:5-8 AMPC

5 If any of you is deficient in wisdom, let him ask of [b]the giving God [Who gives] to everyone liberally and ungrudgingly, without reproaching or faultfinding, and it will be given him.

James 1:5-8 AMPC

6 Only it must be in faith that he asks with no wavering (no hesitating, no doubting). For the one who wavers (hesitates, doubts) is like the billowing surge out at sea that is blown hither and thither and tossed by the wind.

James 1:5-8 AMPC

7 For truly, let not such a person imagine that he will receive anything [he asks for] from the Lord, 8 [For being as he is] a man of two minds (hesitating, dubious, irresolute), [he is] unstable and unreliable and uncertain about everything [he thinks, feels, decides].

Matthew 16:8 AMPC

**But Jesus, aware of this, asked,
Why are you discussing among
yourselves the fact that you have
no bread? O you [men, how little
trust you have in Me, how] little
faith!**

Proverbs 3:5 AMPC

5 Lean on, trust in, and be confident in the Lord with all your heart and mind and do not rely on your own insight or understanding.

I Kings 18:21 AMPC

Elijah came near to all the people and said, How long will you halt and limp between two opinions? If the Lord is God, follow Him! But if Baal, then follow him. And the people did not answer him a word.

Romans 4:18-21 AMPC

18 [For Abraham, human reason for] hope being gone, hoped in faith that he should become the father of many nations, as he had been promised, So [numberless] shall your descendants be.

Romans 4:18-21 AMPC

19 He did not weaken in faith when he considered the [utter] impotence of his own body, which was as good as dead because he was about a hundred years old, or [when he considered] the barrenness of Sarah's [deaden] womb.

Romans 4:18-21 AMPC

20 No unbelief or distrust made him waver (doubtingly question) concerning the promise of God, but he grew strong and was empowered by faith as he gave praise and glory to God,

21 Fully satisfied and assured that God was able and mighty to keep His word and to do what He had promised.

James 1:5-7 AMPC

5 If any of you is deficient in wisdom, let him ask of [b]the giving God [Who gives] to everyone liberally and ungrudgingly, without reproaching or faultfinding, and it will be given him.

James 1:5-7 AMPC

6 Only it must be in faith that he asks with no wavering (no hesitating, no doubting). For the one who wavers (hesitates, doubts) is like the billowing surge out at sea that is blown hither and thither and tossed by the wind. 7 For truly, let not such a person imagine that he will receive anything [he asks for] from the Lord,