

# **Subconscious Facts Part #4**

## 2 Corinthians 10:3-5 (AMP)

[3] For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons.

[4] For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds,

[5] [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),

**From my perspective:**

**The Brain, Conscious, Subconscious,  
Autonomic Nervous System, the Mind, Will,  
Emotions, Reasoning, Intellect, etc.**

**-These are all considered the 'Soul' in the  
Bible.**

**- It needs renewing and transforming.  
(Rom. 12, Eph. 4)**

**Realize this:**

**WHEN ANY NEW REVELATION KNOWLEDGE  
COMES, it will challenge our beliefs / life-style /  
fears.**

**John 8:31-32 (NKJV)**

**[31] Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. [32] "And you shall know the truth, and the truth shall make you free."**

**Jn. 8:31-32**

**> “You will know the truth, and..... free”**

**(1) Truth causes Division**

**(2) Division causes Transition / Repentance**

**(3) Transitioned correctly brings Freedom**

**2 Corinthians 10:5 (AMP)**

**[5] [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),**

# 10 Organ Recipients Who Took On The Traits Of Their Donors

MARCUS LOWTH

Organ donations and transplants have saved countless lives. However, some people claim to have received more than just the working organ.

There is an increasingly studied phenomenon known as “cellular memory”—the theory that cells within an organ carry the memories and desires of the person to whom belonged. While it’s still very much on the fringes of science, as more studies are done, more and more examples appear to be making the case that cellular memory may be more than just a wild theory. Here are 10 examples.

# Claire Sylvia Has Strange Cravings And Dreams New England

Not only did the [heart and lung transplant](#) that 47-year-old Claire Sylvia received save her life, but it also made her the first person in New England to undergo the process. She's also convinced that in addition to vital organs, she received some of her donor's tastes, as if his memories were locked into his heart and lungs and consequently are now flowing in her body.

She told a reporter that when she was asked what she wanted to do first after the operation, she said that she was "dying for a beer right now." This was strange to Claire, as she'd never enjoyed beer in the slightest before. Over the coming days, she also found that she was experiencing cravings for foods that she'd never liked or even eaten before, such as green peppers, Snickers chocolate bars, and strangely, McDonald's Chicken McNuggets, something which she'd never had a desire to eat.

She also began to experience strange dreams. She would see a thin, young man who she believed was called Tim. Specifically, she had the words “Tim L” in her mind when she had the dreams. By searching through local obituaries of the days leading up to the day of her transplant, she came across Timothy Lamirande.

Timothy Lamirande was 18 years old when he died in a motorcycle accident on the same day as Claire’s transplant. He had been on his way home from a local McDonalds restaurant. A bag of Chicken McNuggets was found in his jacket pocket when doctors removed his clothing in a desperate attempt to save his life.

She managed to track down Tim’s family, whom she hadn’t met before, and they confirmed to her that the cravings she was having were indeed all for foods that Tim had enjoyed very much, beer and all. She has remained in touch with Tim’s family ever since



## **FACTS ABOUT THE SUBCONSCIOUS:**

- 1) It is an information / data base or storage center.**
  - a. It's not a separate person in us.**
  - b. It contains all the memories and information we've gathered in our lifetime.**

- 2) It's in a constant state of expanding the data / information base. (Like God)**
  - a. It begins as a 'Clean Slate'.**
  - b. Everything we know has been gathered.**

**3) The information comes in 'primarily' via the 5 senses.**

- a. Begins in the 3rd trimester of the womb.**
- b. Experiences, Parents, Relatives, Teachers, Media, Sights, Sounds, Smells, Flavors, Phy. Feelings.**
- c. However, our conscious mind can give new information to our Subconscious.**

**4) It does carry some cognitive ability such as thinking, calculating, and reasoning.**

**a. It can reason with, disagree, etc. with the conscious mind.**

**b. It can make extremely quick decisions / reactions.**

**c. It can calculate and make adjustments to how the physical body will operate.**

**d. It can operate the body for a time just like the conscious mind.**

**5) However, THE CONCLUSIONS it reaches as to what is truth and is not - are predominantly formed by:**

**a. Ourselves.**

- Our cognitive mind / prefrontal cortex**
- The conclusions / reasonings of our conscious mind**
- The things we choose to believe as true.**

**b. Those conclusions / truths become the continual non-conscious guides that direct us through life.**

- Emotions.**
- Intuitions.**
- Fears.**
- Shame.**
- Perspectives of self and others.**
- Etc.**

**6) This information runs 95% of our life.**

**a. The information we receive from the people,  
and experiences we trust the most**

**> Has the greatest impact on us.**

**> It becomes our Positive or Negative Load**

**7) The subconscious has been designed by God to:**

- a. Believe only truth.**
- b. So it continually scans / looks for truth.**
- c. Subsequently: everything / every piece of information we live by is truth to us.**

**8) The beliefs that form concerning ourselves or our life develop either a positive or negative load / outlook on life / expectation in life.**

- good or poor self-esteem (typically affects hygiene)**
- glass half full or half-empty perspectives**
- seeing possibilities or problems**
- feeling people generally like us or they don't**
- believing something will work for us or not**
- expecting to succeed or fail**
- expecting acceptance or rejection**
- living in a positive, upbeat, happy mode**
- living in a negative, depressed, sad, angry mode**

**9) It operates from a position of defense or self-protection, that's why it's first two impulses are:**

- a. FEAR (something bad is going to.....)**
- b. SHAME (something is wrong with me / I'm flawed)**

**10) The subconscious believes its job is to help us survive and to protect us.**

**Since it's trying to protect us: it will automatically go to some form of FEAR.**

- Fight,**
- Flight,**
- Freeze.**

**11) All the information is stored and recalled in a 'PRESENT / NOW' perspective.**

**a. A past or future perspective does not exist unless one is given to the memory being recalled.**

**John 14:27 (AMP)**

**[27] Peace I leave with you; My [own] peace I now give and bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.]**

**12) The majority of the feelings, thoughts, decisions, and choices that are made in the 'NOW' mindset will result from:**

**a. FEAR**

**b. SHAME**

**13) The one huge difference between the human brain and a computer is: the old information can't be:**

**a. Over-written or deleted.**

**> It is always there.**

**b. It must be made inoperative or obsolete in the normal functions of the brain.**

## **14) The subconscious speaks to us.**

*-How the Subconscious speaks to us.*

**1) We will get a feeling / emotion first.**

**2) If that doesn't convince us, we'll get a picture. (Flashback - Vain Imagination)**

*- That usually does it and gets us to put our guard up to protect ourselves*

**3) However, if that doesn't convince the conscious mind:**

*- then it'll speak to us via our thoughts.*

**15) The subconscious information can be interrogated.**

**a. First we must Deescalate.**

**b. Go Objective - Come outside the thought.**

**-Our perception of the memory determines  
how we receive from the memory.**

**- To view the memory differently we will need a  
different perspective.**

**- This gives the ability to receive new information.**

## **c. Ask questions.**

**> *Start with emotionally based questions that will probe the sensation / emotion coming up.***

- Why are you Angry?**
- Why are you Hurt?**
- Who Hurt You?**
- Why are you Feeling this way?**

## **d. Don't place blame.**

- What's wrong with me.**
- I'm such a \_\_\_\_\_.**

**e. The intention of the questioning is to create a place of Safety.**

**f. The purpose of the questioning is to find Truth.**

**g. Give yourself Permission to go into the memories.**

**h. Who is the Bully in your memory?  
Who is the Victim in your memory?**

**i. Follow the responses with deeper questions.**

