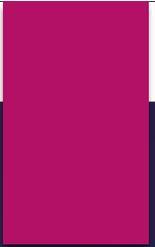




# Encouraging Ourselves in the Lord

## 1 Samuel 30:1-8 (NIV)

[1] David and his men reached Ziklag on the third day. Now the Amalekites had raided the Negev and Ziklag. They had attacked Ziklag and burned it, [2] and had taken captive the women and all who were in it, both young and old. They killed none of them, but carried them off as they went on their way.



**3] When David and his men came to Ziklag, they found it destroyed by fire and their wives and sons and daughters taken captive. [4] So David and his men wept aloud until they had no strength left to weep. [5] David's two wives had been captured—Ahinoam of Jezreel and Abigail, the widow of Nabal of Carmel.**

**David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters.**

**But David found strength in the LORD his God. (1 Samuel 30:6 (KJV) - .....but David encouraged himself in the LORD his God.)**

[7] Then David said to Abiathar the priest, the son of Ahimelech, “Bring me the ephod.” Abiathar brought it to him, [8] and David inquired of the LORD (Jehovah), “Shall I pursue this raiding party? Will I overtake them?” “Pursue them,” he answered. “You will certainly overtake them and succeed in the rescue.”

# Encouraged / Strengthened – (H1961 - Strong's)

a primitive root to exist, i.e. be or become, come to pass (always emphatic, and not a mere copula or auxiliary):--beacon, X altogether, be(-come), accomplished, committed, like), break, cause, come (to pass), do, faint, fall, + follow, happen, X have, last, pertain, quit (one-)self, require, X use.

## Exodus 6:1-8 (NKJV)

[1] Then the LORD (Yaweh) said to Moses, “Now you shall see what I will do to Pharaoh. For with a strong hand he will let them go, and with a strong hand he will drive them out of his land.”

2] And God (Elohim) spoke to Moses and said to him: “I am the LORD (Yaweh). [3] “I appeared to Abraham, to Isaac, and to Jacob, as God Almighty (El Shaddai), but by My name LORD (Jehovah) I was not known to them. [4] “I have also established My covenant with them, to give them the land of Canaan, the land of their pilgrimage, in which they were strangers.



And I have also heard the groaning of the children of Israel whom the Egyptians keep in bondage, and I have remembered My covenant. [6] “Therefore say to the children of Israel: ‘I am the LORD (Yaweh); I will bring you out from under the burdens of the Egyptians, I will rescue you from their bondage, and I will redeem you with an outstretched arm and with great judgments.

I will take you as My people, and I will be your God (Elohim). Then you shall know that I am the LORD (Jehovah) your God (Elohim) who brings you out from under the And I will 'burdens of the Egyptians. [8] bring you into the land which I swore to give to Abraham, Isaac, and Jacob; and I will give it to you as a heritage: I am the LORD (Jehovah).'"