

TRIPLE YOUR TRIBE

INSTAGRAM RESOURCES – After the call on ONLINE SUPER COACH with AJ Mhrzad
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Instagram Resources

To help you research your market on a deeper level
& create and manage your content and growth

Online Tools

1. ink361.com — analyze accounts and posts
2. Smaudience.com — analyze hashtags
3. Canva.com — infographics
4. later.com — schedule posts (with reminders)
5. grum.co — schedule posts directly (no phone needed)
6. bit.ly — to shorten links and track clicks
7. socialblade.com — track your follower growth for free

Accounts for inspiration:

<https://www.instagram.com/grenadejay/>

<https://www.instagram.com/thebodycoach/>

https://www.instagram.com/stef_fit/

<https://www.instagram.com/madalingiorgetta/>

<https://www.instagram.com/cyogalab/>

<https://www.instagram.com/docjenfit/>

<https://www.instagram.com/strengthcoachtherapy/>

<https://www.instagram.com/theptinitiative/>

https://www.instagram.com/moveu_official/

If you want to start implementing inside a group setting, you can join my free 5 Day challenge Facebook group here:

<https://www.facebook.com/groups/368822943519008/>

Or if you want to work together with me right away or get more tips, go to my website to book a 1-1 planning session together:

tripleyourtribe.com

Look forward to seeing your journey,

Leon Benjamin

Instagram Fitpro Consultant