Eating Disorders – an overview

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Aim
The aim of this session is to increase participants’ knowledge and understanding of eating disorders, in order to improve recognition, treatment and outcomes for patients.

Learning outcomes/objectives
By the end of the session, participants will be able to recognise and identify the common eating disorders, and have a broad understanding of treatments and expected outcomes.

Content
We will discuss the phenomenology, presentation and treatment of the common eating disorders.

Format of activities
The session will begin with a presentation. This will then be followed by a case study and discussion within smaller groups.

Target audience
This session is an introduction to eating disorders. It will be best suited to those who are either new to the speciality, or those who work in more general areas and who want to broaden their knowledge and understanding of eating disorders.

Soundbite for workshop
The majority of pharmacists will encounter somebody with an eating disorder at some point. It is therefore beneficial for pharmacists to be able to recognise and identify the signs of an eating disorder, and to have an understanding of the appropriate treatments.