

Is 2018 your year to LIVE
to your fullest potential?

What would it take?

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- As we move closer and closer to 2018, what would it take for you to commit to make it a year to live to your fullest potential? When I say that, do the words “fullest potential” sound vague and fuzzy? If they do, it’s probably because you have no idea what your fullest potential is! You might remember a parent or teacher saying to you, “you are not living up to your potential.” The biggest problem we have in business planning is...

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**Most people don't
seriously want
what they say they want**

Has this happened to you?

- Did you ever do a business plan based on what your coach or broker said *you should* want, instead of what you *really* wanted? That basis for planning usually ends up in a desk somewhere.
- There is incredible value in being clear on what **You** really want, not what you think you should want.

What do you want?

- Here are some questions that may help you observe what you really want:
- Do you want world class health and stamina?
- Do you want to play at the top of your game in business? Or another one of your life intentions?
- Is there something that you are passionate about in your life?
- If you were to rate yourself on your life with 1 being mediocre and 10 being a WORLD CLASS LIFE, (thank you Robin Sharma) how would you rate yourself?

Small Sweet Steps



What if you rated your world class life on a scale of 1-10 and came in at a 5?

We talk about big juicy goals and it's easy to say you would jump to a 10. But can you leap up a mountain if you are halfway to the top?

It has much more ease to plan to go to a 5.5 first, pin a time line on that, and climb the mountain incrementally in small sweet steps.

The Big Three

What are the big three things for this year that YOU REALLY WANT?

You see, you will say you want it, and then when you don't put your focus on it, you know it wasn't that important. Are you postponing what you want... contingent on time, money or energy?

Are you leading a contingent life?

In what ways are you postponing your life.? Waiting for this before you do this.

When my kids graduate I will get serious about building my business. I will organize my database when I get my house organized. I'll have hip surgery later when I have the time to be laid up. I'll join the gym when I have the time. I'll eat healthier when I'm not so busy.

Better Choices

All we need to do to make 2018 a
great year
is make better choices.

Three Better Choices

What are three things you could do this year to really LIVE that you could make better choices about?

What would put you in action?

Reaching your potential requires action. What would put you in action and keep you in action?