

MEAL PLAN 4 GROCERY LIST

<input type="checkbox"/>	English muffins	<input type="checkbox"/>	Turkey bacon	<input type="checkbox"/>	Apples
<input type="checkbox"/>	2% Cottage cheese	<input type="checkbox"/>	Walnuts	<input type="checkbox"/>	Sirloin steak
<input type="checkbox"/>	Sweet potatoes	<input type="checkbox"/>	Asparagus	<input type="checkbox"/>	