

SUBJECT:

What water does to your body

BODY:

Hey, it's Ian Stanley here.

First off I want to say thanks and congratulate you on deciding to get the "What Water Does to Your Body" mini course.

Over the next 5 days I'm gonna be sending you some really useful (and shocking) information about water. And I'll show you how this affects your health.

I'll be answering the following questions. And I'll tell some personal (and entertaining) stories along the way.

-Can drinking more water really lower your body fat?

-Is your water making you age faster?

-Is the water you're drinking causing hormone issues?

-Can water affect the appearance and age of your skin?

-Can certain types of water cause diseases in you or your children?

I put this course together for one main reason:

Most people have no idea how dangerous their water can be to their health. Or how much it can improve your health if you drink the right type and amount of water.

For example, did you know you could eat the "perfect diet"... but still hoard fat if you're not drinking the right amount of water? (I'll explain this more in detail tomorrow.)

Or that using a "traditional filter" like a Brita or PUR could still be filling your body with nasty health destroying toxins like Fluoride or Lead?

I want to get into all the ways water affects your body, but first I want to ask you one question...

What's your number one goal right now?

Just hit "reply" to this email and let me know.

The main ones are:

- I want to lose body fat
- I want to slow down or reverse the aging process
- I want to improve the appearance of my skin
- I'm worried about my hormones
- I'm worried about the chemicals in my water.

Just hit reply and let me know. I may not be able to respond to every email, but I read every single one of them.

In my next email I'm going to tell you about how water affects fat loss and how I got a six pack for the first time in my life.

Talk soon,
Ian "the water guy" Stanley

P.S. Have you seen this water filter yet? It's truly the best one on the market... and best of all you can try it out for free right now. (Just cover shipping.)

