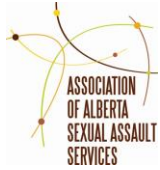


First Responder Training Outline

Day One

TIME	TOPIC
8:30am	Sign-in, Coffee and Snacks
9:00am	Welcome/Introductions and Drawing Reflective Exercise <ul style="list-style-type: none"> • Introductions • Overview of training, group norms, use of learning objectives • Drawing/Reflective Exercise
10:00am - 10:15am	BREAK
10:15am - Noon	Module 1: Critical Communication Skills for First Responders <ul style="list-style-type: none"> • Learning objectives • Effective feedback and support • Language and newspaper article • Communication skills, skit and discussion • Intersectionality • Process of a disclosure • Individual and self-awareness, do's and don'ts list • Self-care
Noon – 1pm	LUNCH
1:00pm – 2:30pm	Module 2: Child Sexual Abuse <ul style="list-style-type: none"> • Learning objectives • Video: A View from the Shadows and discussion • Define child sexual abuse • Laws, Criminal Code, consent • Child sexual abuse indicators • Impacts activity Group Scenario Discussion <ul style="list-style-type: none"> • Response model • How to respond to child disclosures • Reporting obligations • Watch Child Sexual Abuse disclosure video and discuss
2:30pm-2:45pm	BREAK
2:45pm – 5:00pm	Practice Response Model Skills (Fish Bowl) <ul style="list-style-type: none"> • Facilitator as discloser, participants as responders Module 3: Adults Who Were Sexually Abused as Children <ul style="list-style-type: none"> • Learning objectives • Listen to Voices CD and discuss • Impacts • Group Scenario Discussion • PTSD and Complex PTSD • Triggering Events • Reporting Options • Assessment Tool for Adults • Safety Planning for Suicide Risk



First Responder Training Outline

Day Two

TIME	TOPIC
8:30am	Sign-in, Coffee and Snacks
9:00am	Welcome and Review of Homework Assignment <ul style="list-style-type: none"> • Review of Homework Assignment (Share self-care from the night before) • Any thoughts or questions about yesterday's material
10:00am – 10:15am	BREAK
10:15am – Noon	Module 4: Sexual Harassment <ul style="list-style-type: none"> • Learning objectives • Define • Impacts and reporting options • Group Scenario Discussion
Noon – 1:00pm	LUNCH
1:00pm – 2:30pm	Resources Module 5: Sexual Assault <ul style="list-style-type: none"> • Learning Objectives • Definition • Laws and Criminal Code • Issues of consent • Video: The Undetected Rapist and discussion • Myths • Impacts • Group Scenario Discussion • Sexual Assault Trauma • Assessment Tools for Adults, Safety Planning and Domestic Violence
2:30pm-2:45pm	BREAK
2:45pm – 5:00pm	Practice Response Model Skills <ul style="list-style-type: none"> • Role-Play: Participant's pair together to practice being a responder and discloser. Remainder of group offers feedback and support. Module 6: Rethinking Prevention <ul style="list-style-type: none"> • Learning Objectives • Anti-Violence Continuum and the "Just World" Hypothesis • Discussion on ways to educate and create awareness