

I believed you  
when you said you  
could do anything

and  
I believe you  
now

When my sister told me she had been sexually assaulted, I said the words I knew she most needed to hear: I Believe You, and it's not your fault. When she was ready, she connected with Alberta's ONE LINE for Sexual Violence. Their support helped her take the next step toward healing.

Alberta's **ONE LINE** for Sexual Violence is a toll-free phone, text, and chat service that's private and available throughout Alberta.

1-866-403-8000 | [www.aasas.ca](http://www.aasas.ca)



\*Sexual Violence includes (but is not limited to): sexual assault (rape), sexual harassment, child sexual abuse. If you or someone you know has been impacted by sexual violence or you need more information please call, text or chat Alberta's ONE LINE for Sexual Violence.

#IBelieveYou

Alberta  
Government

ASSOCIATION  
OF ALBERTA  
SEXUAL ASSAULT  
SERVICES