

# MEASURING TIPS FOR CUSTOMFIT

*CustomFit builds patterns to your knitter's choice of measurements - and you can make them as personalized or generic as you like. CYCA standards for men, women, and kids are built into CustomFit if your knitter doesn't want to measure - but if you **are** measuring, here are my tips:*

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## Essentials: All you need for straight, a-line, and tapered designs.

If your knitter doesn't want waist shaping, these are all you need!

- **Torso circumferences:** Bust, waist, and an average hip.
- **Torso lengths:** Armhole depth + below-armhole length = sweater length.
- **Arm circumferences:** Wrist and bicep.
- **Arm length:** The full sleeve length from CO to armhole

Let the knitter's preference dictate lengths (and err longer rather than shorter). Circumferences only need to be accurate to within about an inch (2.5 cm).

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## Extras: For waist shaping, a better shoulder fit, other lengths.

Get more out of CustomFit with these "extras".

- **Upper Torso:** Improves shoulder fit and front/back widths.
  - **Additional sleeve info:** Lengths and circs for short, elbow, 3/4 sleeves.
  - **Additional length info:** Lengths and circs for short, long, tunic sweaters.
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## Optionals: Not usually needed.

- **Cross-chest distance:** The distance between the armholes. Will override CustomFit's shoulder fitting; don't use unless you're sure!
  - **Inter-nipple distance:** For short-row bust darts; not needed for most.
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## Essentials Tips:

- Tape should neither fall down, nor cut into the knitter
- Waist circumference should include widest tummy point
- Make the sweater longer rather than shorter if you're not sure
- Armhole depth is a **sweater** measurement, and is used as-is
- Armholes are typically 7 - 10.5" (18 - 26.5 cm) for women, 9 - 13" (23 - 33 cm) for men



## Extras Tips:

- Pull the upper torso snugly (but so that the knitter can still breathe)
- Waist to armhole length ends at the knitter's "bendy place"
- Short sleeve lengths are often very short (less than 1" (2.5 cm))
- Waist to armhole length is shorter than all sweater lengths
- Short sweater circumference should include lower tummy
- CustomFit uses the widest circumference **at or above** a selected length to determine CO



## Optionals Tips:

- Cross-chest distance should be taken on the front, typically 12 - 17" (30.5 cm - 43 cm) for a woman and 15 - 19" (38 - 48 cm) for a man
- Inter-nipple distance will be used to determine minimum distance between bust short rows; CustomFit has a good default and this measurement typically isn't needed