



my Arkansas Insurance

A Division of the Arkansas Insurance Department



Health Benefits for Pregnant Women

For pregnant women or those hoping to become pregnant, health coverage is a vital part of having a healthy baby. When you enroll for health insurance through My Arkansas Insurance, prenatal care will be provided to ensure a healthy pregnancy and a healthier baby.

Along with regular prenatal visits and labor and delivery, below is a list of screenings and tests covered in your health insurance plan to keep you and your baby healthy during pregnancy.

1. Anemia screening on a routine basis
2. Breastfeeding comprehensive support and counseling from trained providers, and access to breastfeeding supplies, for pregnant and nursing women. This includes a free breast pump.
3. Folic acid supplements for women who may become pregnant to help your baby's development
4. Gestational diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
5. Screening for diseases that could hurt your baby, like gonorrhea or syphilis for all women at higher risk
6. Hepatitis B screening for pregnant women at their first prenatal visit
7. Rh incompatibility screening for all pregnant women and follow-up testing for women at higher risk
8. Expanded help to stop smoking for pregnant tobacco users
9. Urinary tract or other infection screenings

And, after you have your baby, you can talk to your doctor about contraception options, like birth control pills, that are covered by your health insurance.



Do you need more help?

Online: myARInsurance.com or Insurance.Arkansas.gov

Phone: 844-355-3262 or 800-852-5494; M-F 8:00 a.m. - 4:30 p.m.