



**my Arkansas Insurance**

A Division of the Arkansas Insurance Department



# Health Insurance Guide For Individuals and Families

Each year from November 1 through December 15, Arkansans can sign up for a quality health plan from a top-rated insurance company. There are plans for individuals and families. Here are some important facts about signing up for insurance:

## Plans are by Arkansans for Arkansans

- The Arkansas Insurance Department manages the Arkansas Health Insurance Marketplace.
- Arkansans design, review, and certify the plans available.
- It is a partnership between the State of Arkansas and HealthCare.gov.

## Arkansans available to help Arkansans

- Trained experts across the state can meet help you enroll
- Help is available at the phone numbers and websites below.

## You may qualify for help with the monthly premium

- About eight out of 10 Arkansans enrolled previously received help.

## How can I enroll?

- Sign up for a plan during Open Enrollment (November 1 to December 15):.
- Certain life changes may mean you can sign up outside of Open Enrollment
- A major change like a new job, marriage, divorce or having a baby may qualify you for a Special Enrollment Period.
- This means that you can sign up for a plan when the change happens.



## Do you need more help?

**Online:** [myARInsurance.com](http://myARInsurance.com) or [Insurance.Arkansas.gov](http://Insurance.Arkansas.gov)

**Phone:** 844-355-3262 or 800-852-5494; M-F 8:00 a.m. - 4:30 p.m.