



## Day 4

Transmission 29:19

Music - [Daniel Schotsborg – Meta Level Violet 1](#)

This activation begins with connecting you to a new frequency band of Universal Light. Each day your ability to sustain, anchor and experience this Light expands. Your Divine vehicle is undergoing an intense reconfiguration to enhance your sensibility and provide you the opportunity to amplify your frequency.

The throat chakra, physical vocal cords and higher mind regions of your brain are receiving extensive attention during this transmission. Breathe into the awareness that within your DNA/RNA are the original codes for this higher expression, this new template to emerge into this time space reality.

The clearing of your physical body continues. Please be mindful of your words, thoughts and dreams during this process. Remember to be the observer and consciously strive to recognize the patterns and habits which are ready to release.

Allow the music to support you during this rewiring/upshift. It is specifically composed to positively affect the brainwave re-patterning which is ongoing during this series.

You are an amazing BEING of Light. Your thoughts and words are more powerful than you can possibly imagine. With this upgrade, they are becoming even more powerful. Celebrate your Light. Each day, PLEASE speak the following out loud:

I exude Love, Light, Compassion and Wisdom with every breath I take. I am a Divine Being.

Raquel

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