



## Day 8

Transmission 29:39

Music - [Daniel Schotsborg – Meta Level Violet 2](#)

This activation brings two more ribbons of Light emanating from the Architects of Language to anchor into your Divine vehicle. One is iridescent in color, resembling the others previously downloaded into your matrix. The fifth stream of Light frequency has a gold iridescent quality that, upon flowing into your system, expands outward, connecting with Light filaments, photon particles, grid structures and frequency codes throughout the universe. I hope you can sense or experience this expansion on some level of your awareness. It is truly spectacular.

The upgrade to your throat chakra, energy systems and physical vocal structures continues. Breathe into this, as it may feel rather strange at first, with sensations running through your head, neck, jaw and face. The connection of your throat and heart charka is amplified, allowing you to speak more authentically from your own truth and wisdom.

The mindfulness of your words is essential as you move into higher states of consciousness and responsibility. Think before you speak and ALWAYS think through your heart! Aligning your conscious mind with your heart is the way of a Master. Your words create your reality and affect everything around you. Remember this truth and speak with integrity, compassion and love, for this IS the truth of who you really are.

Remember, each day, PLEASE speak the following out loud:

I exude Love, Light, Compassion and Wisdom with every breath I take. I am a Divine Being.

Raquel

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