

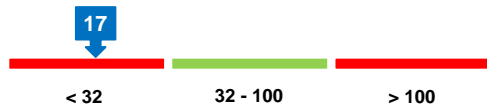


<b>Patient Name</b> John McGuire	<b>Patient ID</b> JM670807	<b>Non-smoker</b> <b>BMI</b> 27.5	<b>Waist</b> 34 in
<b>DOB</b> 8/7/1967 (54 yrs.)	<b>Report Date and Time</b> 12/14/2018 11:00	<b>Medications</b> None	
<b>Gender</b> M	<b>Received Date and Time</b> 12/10/2018 15:00	<b>Provider ID:</b> 0105 Rx Home Test 17595 NE Decora Ln Apt 426 Hillsboro, OR 97124 <b>Ph:</b> 217-417-7168	
<b>Systolic blood pressure</b> Unspecified	<b>Specimen Collection Date and Time</b> Blood Spot 12/6/2018		
<b>Hours of Fasting</b> Not Indicated	<b>Family History of</b>		
	Heart Disease No		
	Diabetes No		
	Cancer No		

## YOUR TEST RESULTS

█ Normal Range     
 █ Low or High Range     
 █ Your Levels

### 25-OH Vitamin D, Total (ng/ml)



### hs-CRP (mg/L)



## What do your Inflammation results mean?

**25-OH Vitamin D, Total:** Vitamin D is essential for bone strength as it helps in calcium absorption from diet. Traditionally, vitamin D deficiency has been known to cause rickets disease, but several studies have indicated that low vitamin D levels have also been associated with higher risk of cardio vascular disease, cognitive impairment in adults, asthma in children and cancer. Adequate levels of vitamin D could play a role in the prevention and treatment of a number of different conditions, including type 1 and type 2 diabetes, hypertension, glucose intolerance, and multiple sclerosis.

**hs-C-Reactive Protein (hs-CRP):** Blood measurements of hs-CRP are often performed to assess the risk of future heart disease. C-reactive protein (CRP) is produced by the liver and elevated CRP levels can be measured in blood in response to inflammation. High-sensitivity CRP (hs-CRP) is more precise than standard CRP while measuring baseline (i.e., normal) concentrations and enables a measure of chronic inflammation. Atherosclerosis is an inflammatory disease and hs-CRP is known as a biomarker of atherosclerotic cardiovascular disease risk.

This report is only for information purpose and does not provide any diagnosis or treatment. There may be many other risk factors that must be considered for a complete assessment of your health. Please consult your healthcare provider to discuss your results and any questions you may have about your wellness. This test was developed and its performance characteristics determined by AYUMETRIX & Purity. It has not been cleared or approved by FDA. The laboratory is regulated under CLIA as qualified to perform high-complexity testing.