ROOM BY ROOM · BEDROOMS

How to Organize the Main Bedroom

How to clear the main bedroom, from the nightstands to under the bed, and make it restful again.

WHERE TO START

Empty the drawers first: nightstands, dressers and desk.

WHAT YOU'LL NEED

- ☐ Four boxes or totes
- ☐ Duster and vacuum
- ☐ Fresh bed linens

BEFORE YOU BEGIN

Put the time on your calendar like any other appointment. One room per session is plenty.

The method

1. **Set up four boxes**
   Label them Toss, Donate, Keep and Relocate. Every item goes into one of them, so nothing ends up in a new pile.
2. **Empty it completely**
   Take everything out and set it on a cleared table or counter. You can't organize around things you haven't seen.
3. **Clean before anything goes back**
   Wipe the shelves, drawers and surfaces and sweep the floor while the space is empty.
4. **Group like with like**
   Sort what you're keeping into families. Seeing all of one kind together shows you how much you really have.
5. **Give every family a home**
   What you use most goes closest to hand. Add containers and labels only once you know what stays.
6. **Close the session**
   Take out the trash, put the donations in your car and return every Relocate item to its room before you stop.

In this room

Only what belongs

Anything that doesn't belong in a restful bedroom finds another home.

Under the bed

Clear it out, keep only what makes sense, then dust and sweep.

Wash the bedding

Strip the bed while you work and put fresh linens on at the end.

KEEP IT THAT WAY

Clear the nightstands every week so the room stays a place to rest.

ONE THING TO REMEMBER

Then enjoy one of the most relaxing nights' sleep you've had in a while.

YOUR CHECKLIST IS ON THE NEXT PAGE

More tips and photos in the full post: read it here

ROOM BY ROOM · BEDROOMS · CHECKLIST

The Main Bedroom Checklist

STARTED _____ DONE _____

- [ ] Empty all your drawers: nightstands, dressers and desk.
- [ ] Get rid of anything that doesn't belong in your relaxing bedroom.
- [ ] Put the items that are staying back in the drawers, organized.
- [ ] Strip your bed linens and give them a wash.
- [ ] Clear everything out from under your bed. Remove what doesn't belong, then dust and sweep under the bed.
- [ ] Find a home that makes sense for the things that will stay.
- [ ] Put your fresh bedding back on.
- [ ] Get ready for one of the most relaxing nights' sleep you've had in a while.

NOTES

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