



tower talk

american plaza newsletter

Volume 1

Issue No. 8

Attention Voters!

Pu-leez — read the packet you received regarding the April 8th Annual Meeting very carefully. It should have the title, "Everything You've Always Wanted to Know About the Annual Meeting — But Were Afraid to Ask". It covers very thoroughly all the facts of the agenda, resumes of Board Candidates, and facts about the one other item of carpets versus tile. The packet represents a lot of thought and effort by the Board, Nominating Committee, and Management Staff. We should not insult that effort by asking questions at the meeting that have already been answered, thereby bogging down the meeting procedure. It's an important meeting, so let's do our part by being prepared, and informed — we have the packet to help us on both! Is it a deal?

Do attend the Forum on March 28th (at the Recreation Room). It will be a good chance to match face with name and "get to know" the Board Candidates!

Happenings

About 26 residents attended the March 4th Coffee. A good time was had by all — again! For the record, everyone is invited!! Someone asked if renters could attend? The answer to that is absolutely, for sure, of course, by all means, certainly, yes, positively and please come!!! All men are encouraged to take a pleasant two hours off and contribute their welcome company. Also mentioned was a request for a non-caffeine beverage. Grace Brown assured me that herbal tea would be available for the next "coffee" April 4th. Anyone have a, pardon the expression, pot to donate for boiling water and/or a service piece for the tea? In any event, the next coffee will be April 4th and the hostesses will be Helen McLeod and Mary Dudrey. Do come and enjoy.

Towers and Trowels

The Garden Club met in the Recreation Room March 14th and was attended by about 19 enthusiastic residents. Irv Trachtenberg wowed us with all sorts of wonderful facts and information. I think for this month we will cover "how to get ready". We will cover what and where to plant, as well as what to do if any nasty pesky critters attack our plants later.

Nothing should be planted until May, as our weather is still unsettled (32° last night) and plants might be lost or at least stunted if put out sooner. So now is a good time to gather the pots and prepare the soil. It is suggested a mix of steamed bone meal, vermiculite (or perlite), and a general fertilizer be added to your existing soil. The packaged soil found in all garden and/or grocery stores is fine, but needs this extra combination for best results. The general fertilizer should be a good mix of 5-10-10: Nitrogen (for a healthy green foliage), pot ash (to prevent disease), and phosphorous (for root growth). The following proportions would do for a 15" high by 12" across container:

- One cup bone meal (steamed)
- One cup fertilizer
- $\frac{1}{2}$ cup perlite or vermiculite
- one - two cups steer manure

For smaller containers, you can mix:

- One tbl. fertilizer
- One tsp. perlite or vermiculite
- 2-3 tsp. steer manure
- one tbl. bone meal

Tools?? A trowel, hand claw and even a kitchen spatula or tablespoon covers our deck needs — Watch your kitchen gadgets, Myrtle, they may disappear!

Containers?? Clay pots are fine, but tend to dry out faster with the wind factor, and are more apt to break when working the soil. Plastic and wood containers are good—be sure there is drainage for all containers. Even foil balls or newspaper



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can be used over the drainage hole to let water drain through. Otherwise, oxygen is cut off and disaster -- sob.

Watering?? A good investment is a moisture indicator probe. It's not expensive and found in all garden stores. The gauge indicates "dry", "moist" or "wet" and very handy for house plants too. A bit more dependable than the old hand-on-the-soil method!

Depending on how many containers you are planning to use, you might consider joining in with a neighbor or friend when purchasing the sacks of soil and other supplies. You should also get some peat moss for eventual use around the plants. Mr. Trachtenberg highly recommended "Shultz" liquid fertilizer for later feedings and for use on house plants. It's better than "Miracle Gro" (too strong) and "Oxygen Plus" (too weak), and certainly doesn't stink like fish fertilizer. Follow the directions: 7 drops to a quart, or 28 drops to a gallon.

Since we cannot really plant until May, and will be busy following the suggestions above, the next meeting will be in May. The April Tower Talk will list plant and evergreen choices Mr. Trachtenberg gave us for full sun areas, as well as partial sun to shade areas so you can plan your soon-to-be spectacular deck.

Mrs. Trachtenberg was thoughtful to bring pictures of their deck plantings of last summer - WOW! We have a lot to live up to! Hope the above will help those who could not attend the meeting -- and more to the point, that it's accurate! Maybe

down the road, Sunset Magazine will do a feature story on the decks of American Plaza -- Thanks to the help of Mr. Trachtenberg!!

J. Fischer Ed.

MANAGER'S NOTES

by David Stephens

The Annual Meeting of the Association will be held April 18, 1985 at 7:00 P.M. at the KOIN Tower, 222 Southwest Columbia, on the eighth floor. All unit owners should have received their Annual Meeting Informational Packets in the mail. If you have not received your packet, call the Management office (222-7243) and inform Diana. Hope to see you there.

Security

Since the first of the year there has been a problem with petty thefts from the common areas of all three towers. Three lamps, one from each tower, a table from Madison, three sofa cushions from Grant, a picture from Lincoln, a planter and a entry mat from a unit in Grant. Security is diligently working on solving the problem but would appreciate your assistance. If you should notice anything that looks the least bit suspicious, please note the time and place and call the management office immediately (222-7243).

Voters Precinct 1315

The Voters Precinct 1315 has been relocated, from the Recreation Building Lounge, to St. Michael's Church on Southwest Fourth and Mill Street. Management is working with the Elections Coordinator for Multnomah County to move it back to American Plaza. The coordinator thought it would be possible after the next election.

No Smoking In Elevators

It is against Oregon State and Multnomah County Statutes (ORS 479.015) to smoke on the elevators. Your cooperation will be appreciated as we have several residents who are allergic to cigarette smoke.

Jacuzzi/Swimming Pool

In the past month the maintenance staff has replaced the weirs (flappers) in the Jacuzzi on three different occasions. They have been damaged, possibly by residents attempting to increase the swimming pool water temperature by adding warmer Jacuzzi water to it, or decrease the Jacuzzi water temperature by adding swimming pool water. In either case please leave the weirs in place and use the red phone in the dressing room to call the office to arrange a temperature adjustment.

Recreation Classes

The following schedule and listing of classes is made available through "Enrichment Unlimited", directed by Robin Lawson, and made possible by Grace Brown of the Recreation and Social Committee. Marge Allen didn't think her name need be mentioned, but she did a great deal of the preliminary research to bring us this fantastic service. When you have

made your decision(s), call the MSI office (222-7243) and make your reservation, followed closely by mailing in your check (made out to American Plaza Condominium Association). Should you find you cannot attend one of your classes, talk to your instructor for a substitute time -- don't expect MSI to do that too. The classes will begin April 8th.

AMERICAN PLAZA CONDOMINIUM ASSOCIATION

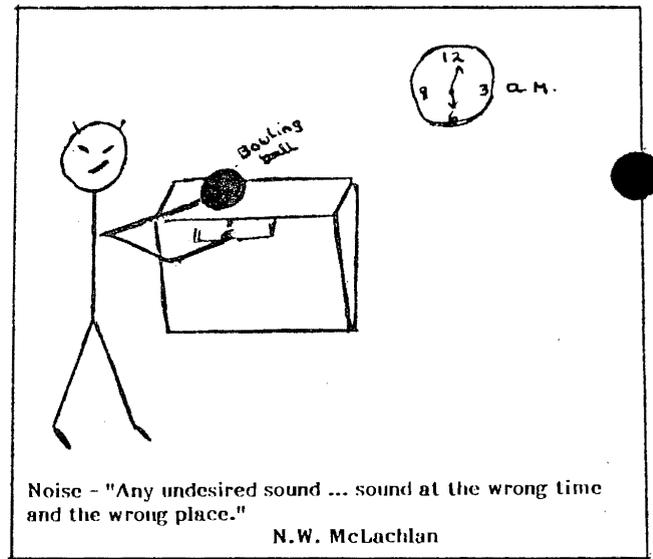
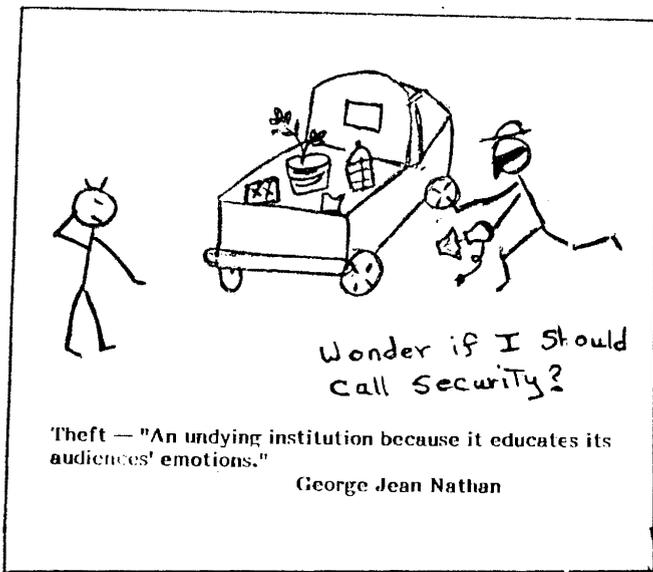
COURSE SCHEDULE

(All classes meet for four weeks beginning April 8, 1985)

These classes are designed for and limited to American Plaza residents by education contractor Robin Lawson, Director of Enrichment Unlimited. Each class must have a minimum paid enrollment of eight. If the minimum is not met, the class will be cancelled and all fees will be refunded. Classes will begin on April 8th and continue for four weeks. Tuition checks should be made out to American Plaza Condominium Association and enclosed with a completed registration form in an envelope marked "Recreation Classes" and dropped in the drop box on the mailroom door in your tower. Applications are available in the mailrooms of each tower.

Please call 222-7243 if you have any questions or suggestions for future course offerings.

1) Tone Up and Stretch	(A) 6:00 A.M. - 7:00 A.M., MTWTh (B) 9:00 A.M. - 10:00 A.M., MTWTh (C) 7:45 P.M. - 8:45 P.M., MTWTh	\$22.00 \$22.00 \$22.00
Recreation Center Ballet Room		
2) Basic Bridge Lessons	(A) 1:00 P.M. - 3:00 P.M., M (B) 7:30 P.M. - 9:30 P.M., M	\$22.00 \$22.00
Recreation Center Lounge		
3) Swimming Lessons	9:00 A.M. - 10:00 A.M., T Th	\$22.00
Recreation Center Swimming Pool		
4) Water Exercise to Music	10:15 A.M. - 11:15 A.M., T Th	\$22.00
Recreation Center Pool		
5) Supervised Lap Swimming	11:30 A.M. - 12:30 P.M., T Th	\$18.00
Recreation Center Pool		
6) Needle Crafts	10:00 A.M. - 11:00 A.M., T and 1:00 P.M. to 2:00 P.M., Th	\$17.00
Recreation Center Lounge		
7) Bidding and Playing Bridge	(A) 1:00 P.M. - 3:00 P.M., T (B) 7:30 P.M. - 8:30 P.M., W	\$22.00 \$22.00
Recreation Center Lounge		
8) Gourmet Cooking	5:45 - 8:00 P.M., W (instruction) Plus food costs TOTAL	\$22.00 25.00 \$47.00
Lincoln Lounge and Kitchen		
9) Conversational Language (indicate your preference)	1:00 P.M. - 3:00 P.M., W	\$27.00
Recreation Center Lounge		
10) Book Review, Catered Lunch and Discussion	11:00 A.M. - 1:00 P.M., F	\$9.00 each meeting
Recreation Center Lounge		
11) Art Awareness Tour	1:00 P.M. - 3:00 P.M., Sun.	\$5.50 each meeting
Start from Recreation Center Lounge		



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