



tower talk

american plaza newsletter

Volume IV, No. 4

Portland, Oregon

April 1987

Annual Meeting

The fifteenth annual meeting of the American Plaza Condominium Association will be held at the Red Lion Inn in the Multnomah/Elowah room on Thursday, April 16, 1987 at 7:00 p.m. Annual meeting information packets have been mailed to all unit owners, and include proxys for those who cannot attend the meeting. "If you are unsure you will be able to attend the Annual meeting file a proxy now to be sure your interest is represented at the meeting" stated Chairman Margaret Allen. "Should you then attend meeting you can pick up your proxy at the registration desk and vote your own ballot" she said. If you have not received your annual meeting packet contact the management office immediately.

The cost to the Association of the Red Lion Room is \$420.00, the same as it has been in the past, but to show appreciation for the valued patronage of American Plaza residents complimentary hors d'oeuvres and a no host bar will be provided by the Red Lion starting at 6:00 p.m.

Meet the Candidates

A reception will be held on Tuesday, April 7, at 7:30 p.m. at the Sivers Center lounge to give all residents the opportunity to meet the candidates running for the three Board of Directors positions being vacated April 16th. "Sherry Bonney, Chairman of the Nominating Committee and her committee members, Dan Bell, Lorraine Englet, Joanne Jene and Ruth Press did an exceptional job of soliciting well qualified candidates this year" stated Margaret Allen, Chairman of the Board.

A reception line will be formed so residents attending the candidate reception can meet and speak to each candidate, after which coffee and cookies will be served and questions can be directed to candidates "one on one", according to Ms. Bonney. Each candidate will make a brief

formal statement at the Annual Meeting, but Ms. Bonney stated that she felt a more casual atmosphere at the reception would be desirable.

Cable T. V.

"There has been some confusion amongst residents about whom to pay for cable service and how much," according to Ming Taylor, MSI Accounting Department Manager. Basic cable service is paid to American Plaza by residents of Lincoln or Grant and owners in Madison Tower. Rates paid to American Plaza for basic service are either \$8.30, \$10.50 or \$14.00 depending on which agreement you signed up under. You should have a coupon book which tells you your monthly rate. Your payment is due on the 1st of the month. You may pay your cable fees with your monthly assessment using one check if you wish. If we do not receive your payment by the 10th of the month, you will be sent a late statement with an additional \$2.00 late fee. If we do not receive your payment by the 25th, we will begin disconnect proceedings. Any questions about these billings should be directed to the Accounting Department at 222-7243.

TCI will be sending you a bill for OPTIONAL extra services which includes remote controls (\$3.00 each per month), premium stations, and computer hook-ups. This bill is to be paid directly to TCI. Any questions regarding this billing should be directed to TCI at 243-7426. Some residents have reported that they are being charged for additional converters. This is an error in TCI's billing. If this charge appears on your bill or you have paid these charges, call TCI and ask them to adjust your bill.

Storage Space for Rent

There is still storage space available for rental to Plaza residents. The space is in Grant and Madison Towers. If you are in need of additional storage space call Linda Castaneda in the management office (222-7243).



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Telephone: 222-7243
publication of
American Plaza Condominium Association

Unit Owner Keys

"Several unit owners who had their unit keys stored with Management in cases of emergency have not picked up their keys," according to Manager Stephens. Management will no longer keep unit owners keys due to the liability exposure, he said. Residents who have a key on file should contact the management office, 222-7243, as soon as possible to arrange key return, as reported in last month's newsletter. Any keys not picked up by April 30th will be destroyed, Stephens said, adding "again I wish to apologize that we can no longer offer this service, but our attorney has indicated the liability to our company is too great and there is no way to protect ourselves from that liability. I suggest residents find one or more trusted friends or neighbors and leave an extra key with them in case of an emergency letting the office know the name and phone number of key holders. We keep a file on who to contact in case of emergency and will add the names and phone numbers of those who have a key to your unit if you so desire."

Liveability Survey Results

"The results of the Plaza Liveability Survey are in and we are pleased with the information provided. It will assist the Board of Directors and management in future plans for the Plaza" reported Manager Stephens. "The low response (16%) must mean that the majority of residents are satisfied with the liveability at the Plaza."

The Central City Plan

The first draft of the "Central City Plan" choices of the future has been completed according to Jim Owens, Central City Planning Committee Coordinator. Mr. Owens urged those who are interested in the Central City's future and its effect on the Plaza neighborhood to obtain a copy of the first draft. To obtain a copy contact the City's Bureau of Planning, 1120 S. W. Fifth, Room 1024, Portland, Oregon or call 796-7270 and request a copy.

Wave the Flag!

Be good to yourself. Buy an American flag if you have not already done so. Let us see a flag hanging from every balcony at the American Plaza. We have cause to show pride in our country.

Security Personnel

Lead Security Officer Michael Ault, who has been at the Plaza for three years, will be leaving his position with Multi-Services effective April 3, 1987, reports Plaza Superintendent Larry Milner. Security Officer Doug Hart will be moved from his evening shift to assume Michael's duties on day shift. Michael has taken a management position with Domino's Pizza according to Superintendent Milner, "and we wish him well."

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Swim for Health, Fun


The jewel in the crown of the American Plaza Towers is the large, warm, beautiful swimming pool. The sauna and jacuzzi are added health benefits. Shake yourself up and get the benefits of these very wonderful privileges of living in our Towers. Swimming classes are held every Tuesday, Wednesday, and Thursday from 8:30 a.m. to 9:30 a.m. and the pool is open from 6:00 a.m. to 11:00 p.m. daily.

Our energetic Anna Stowell has created a team of new swimmers. Irv Trachtenberg, Jack Green, Alma and Lewis Strid, Ruth Press, and Ralph Funes have all either learned to swim or have improved their swimming, not an easy task for those over thirty.

Anna has been a volunteer worker at the YWCA, working with handicapped children in the YWCA pool. Our pool is beautiful, warm, and wonderful. Why don't you join the swimmers?

Any teenagers out there who want to form a swim club? Call Anna - 228-2022.

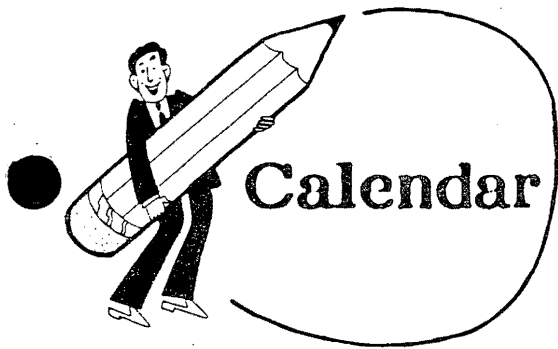
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- April 7,8,9 SWIM CLASS
8:30 am - 9:30 am
Indoor Pool

- April 7 BRIDGE
7-10pm
Lincoln Lounge

- April 14,15,16 SWIM CLASS
8:30 am-9:30 am
Indoor Pool

- April 14 BRIDGE
7-10 pm
Lincoln Lounge

- April 16 ANNUAL MEETING
7:00 p.m.
Multnomah/Elowah Room
Red Lion Inn
310 S. W. Lincoln

- April 21,22,23 SWIM CLASS
8:30 a.m. - 9:30 a.m.
Indoor Pool

- April 21 BRIDGE
7-10 pm
Lincoln Lounge

- April 28,29,30 SWIM CLASS
8:30 am - 9:30 am
Indoor Pool

- April 28 BRIDGE
7-10 pm
Lincoln Lounge

Are You a Woof?

In case you have not heard, a WOOF is well off over fifty. Many of them grew up in the Great Depression when the value of a dollar was permanently emblazoned on their psyches. Woofs are aging gracefully, deliriously happy "empty-nesters." The men smell of "Old Spice;" the women of "Georgio".

Citizen Guide to Problem Solving

When your problem involves city services, you need to contact the appropriate city bureaus. In Portland, each of the City Commissioners and the Mayor are responsible for administering — managing— a number of those bureaus. The offices of the Commissioners and the Mayor can serve as good places to start when you are trying to figure out whom to call first. Conveniently, however, many of YOUR problems are similar to the problems that a lot of citizens have...in many cases, a path has already been blazed through the city bureaus. Listed below are a selection of the most common problems and what you can do about them.

Fast Cars, Big Trucks, and Traffic— The Transportation Section of the Bureau of Public Works, 796-5185, can help determine whether anything can be done about all that traffic, all those trucks, and how fast it all moves. Solutions to traffic problems are complex...your best bet is to document as completely as possible what you believe the problem to be, and to work with the folks in the Bureau to arrive at a solution, rather than proposing a solution right off the bat.

Barking Dogs—If dogs, cats, and other pets on the loose are making your life miserable, call Multnomah County Animal Control, 666-3711.

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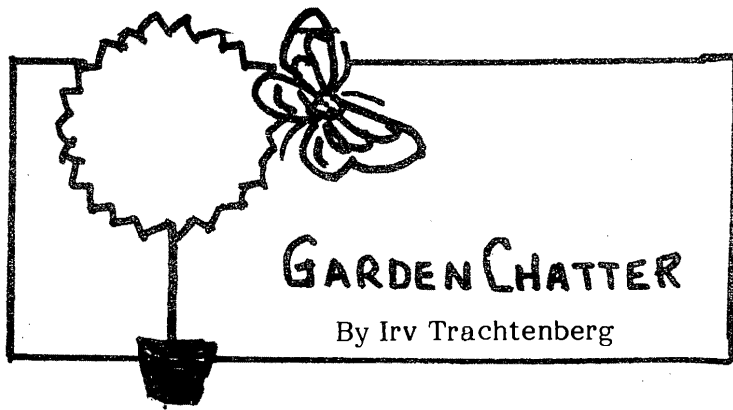
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- Painting
- Electrical
- Window Washing
- Landscaping - Winter/Summer Annuals, etc.
- Security Services - Escort, Parking Vehicles, etc.



Fee Schedule Provided
Upon Request

222-7243



Growing Herbs

In colonial times and for a considerable period afterwards, nearly everyone who had a garden set aside a patch in which to grow herbs. Those of us who live in apartments haven't the space for an outdoor garden patch in which to raise herbs. However certain culinary herbs have long been grown in pots on window ledges and in containers on balconies. Many are aromatic, some have attractive flowers so they need not be purely utilitarian.

The most compelling reason for growing your own herbs is that with the exception of garlic cloves, parsley and dill (in pickling season) herbs are not often to be found fresh in the market.

A very useful herb container garden may be small and limited in variety. A dozen varieties, depending on personal preference, will fill most cooking needs: sweet basil, chives, dill, marjoram, garlic, oregano, sage, thyme, parsley, rosemary, tarragon and savory.

The plants remain green if the winter is mild - a real plus since fresh herbs chopped in salads, casseroles and soups add piquancy, brightness and color.

The most important elements for successfully growing herbs (and all plants) indoors are light, a fairly even temperature, and moist, not soggy, soil. Low growing herbs are best suited for indoors: thyme, basil, tarragon, rosemary, chives, mint, parsley, marjoram and oregano. Place your plants near a sunny south or west exposure; regularly turn the pots 45° so they are not constantly growing towards the light; good ventilation is a must; do not expose to drafts below 50°. Start your plants now and have a lush and fragrant garden. The same varieties of herbs can also be grown outdoors in containers.

I prefer to buy the plants - preferably in 4" pots - instead of starting from seeds or cuttings. A fine selection of various herbs are starting to appear in many garden sections and shops; i.e. Fred Meyer, Kienow's, Kasch, Lang Down Nursery, etc. A fine herb specialty shop is Jean's Herb shop at 20th Place and West Burnside.

When buying plants, look for stocky, bushy ones with plenty of rich green (not pale or

brown-edged) lower leaves. Check the soil surface in the pot and drainage hole in the bottom; if roots are beginning to protrude either above or below, the plant may need repotting. It is also a good idea to check the stems and undersides of leaves for insect infestation. Although herbs are relatively pest free, they sometimes pick up pests from other plants. Watch out for the speckled discoloration that indicates the presence of tiny red spidermites or the wispy clouds of white flies which may flutter away like animated snowflakes when you shake the plants. It is good when you buy plants to put them in "quarantine" for a couple of weeks away from other plants to be sure there are no insects to contaminate the other plants.

As discussed in March "Tower Talk":

Containers: Plastic or wooden containers with a circumference of 15" - 16" x 12" deep give the best results. This does not rule out wood boxes with a minimum depth of 6".

Soil: The soil should crumble easily; be able to retain moisture without becoming waterlogged; permit free drainage and circulation of air. Plant roots need oxygen to thrive. If the used soil in your container meets the above criteria, use it! However, you may remove about 1/4 of the soil in your pot and replace with with the packaged mixture found in your favorite garden store.

Soil Mix: For 15" - 16" x 12" container:

- 1 cup steamed bone meal
- 1 cup general fertilizer (5-10-10)
- 1/2 cup perlite, vermiculite or peat moss

Use proportionate amounts of soil with this mixture for smaller or larger pots.

Clay containers because of the heat and wind factor tend to dry out much faster and need more frequent watering.

Please Note: If using a large container, you may plant several varieties of herbs and conserve space. Plant onion and garlic sets outside now. For green table onions, plant the sets as close together as possible about 2" to 3" deep. Deep planting produces more white edible stems. Green onions will be ready for eating in 3-4 weeks. Plant sets weekly for a continuous supply during the summer and fall.

Garlic: Divide the large bulb into cloves. Plant them pointed end up, 2" deep, 8" apart. Harvest the plants when the stems have lost their color (dried) and toppled. Lift carefully from the soil (use a fork) and let dry in the warm sun for several days.

Coffee Hour

At the APCA coffee hosted by Grace Brown on Saturday the 21st of March in Sivers Center, new residents met and enjoyed exchanging ideas. But where were the rest of you? We missed you and you missed a stimulating morning.

**Villages and By-Ways
of ENGLAND**
10 person "Mini Group" Tours

Events included in Itinerary

14 day, all inclusive, escorted tour

+ 4 day London addition

Welcome Sherry Party
 Evening tour 'pub crawl' of New Forest Inns
 Visits to Salisbury and Stonehenge
 Tour of Longleat, home of the Marquis of Bath
 Visit to Beaulieu, home of Lord Montagu and world famous Motor museum
 Evenings of Skittles and Darts matches in local pubs
 Guided tour of City of Bath and Roman Baths
 Devon cream tea
 Samples of famous Cornish Mead 'ancient love potion'
 Visit to Anne Hathaways' Cottage
 Tour of Stratford Upon Avon
 Visit to Blenheim Palace, home of the Churchills'
 LONDON ADDITION
 Panoramic tour of London
 Visits to St. Pauls', Westminster Abbey, Buckingham Palace, Tower of
 London, Thames River trip, Changing of the Guard and more

SCENIC AREAS VISITED

Numerous picturesque Villages
 New Forest
 Winfrith Heath - Thomas Hardy country
 Dartmoor and Bodmin Moors
 Smuggling and Fishing Coves of Cornwall
 Rugged coastline of Devon
 Exmoor and Doone Valley
 West Country of King Arthurs' Camelot
 Mendip and Cotswold Hills

PRE-TRIP PLANNING

On booking, tour participants will receive maps and other tour literature. Included will be an in-depth booklet prepared by the tour guide describing the complete route, history and peculiarities of each area and its Villages.

Sixty days before departure a tour information package will be mailed that will include advice on - clothing, baggage, expected weather and temperatures, hotel addresses and telephone numbers, Flights etc. Any other inquiries you may have can be immediately answered by speaking to our informed staff, please call.

COST OF TOUR

Including Airfare	\$2170
Land only	\$1542
Single Room Supplement	\$ 150
London Addition	\$ 310
Single Room Supplement	\$ 65

DEPARTURE DATES

#1. June 16 to June 29	#3. July 28 to Aug. 10
#2. July 7 to July 20	#4. Aug. 11 to Aug. 24
	#5. Sept. 8 to Sept 21

VILLAGES & BY-WAYS OF ENGLAND, 10 person 'Mini Group' Tours - the concept

We believe 'mini group' travel to be the way of the future. Small groups mix together quickly and easily. The tour guide is able to spend more time individually, rather than being a 'herder' of a large mass and thus becomes an effective leader, historian, confidant and friend to all. Our small Mercedes bus can negotiate the tiniest country lanes and by-ways opening up vistas and hamlets never before available. While our bus is very comfortable we plan to keep our 'driving' time limited, after all, the beauty of the English villages and countryside is to be able to stop and literally 'smell the roses'. Amazingly our total mileage works out at less than a hundred miles a day.

One of the great advantages of the 'mini group' is that we end up visiting many beautiful spots that are not overrun by tourists and forty five seat buses parked bumper to bumper. The momento shopper and 'antique browser' will appreciate the fact that five hundred other shoppers didn't 'beat them to it' that day. Photographers will be rewarded with un-cluttered scenes and when someone calls for Maragaret, six people won't turn and say "Yes?".

UN-SOLICITED REFERRALS

What a trip! My husband and I loved every minute - from the green fields and villages to the country inns and, oh, those English breakfasts- everything was wonderful.

Mr. & Mrs. J. Clark, Portland, OR

We had to write and tell you that your 'mini group' Villages of England tour was our best ever travel experience. Everybody got to know one another and become good friends right away. The pace and content of the tour was perfect. Bravo!

Mr. & Mrs. Olsen, Seattle, WA

Our guide was superb. His knowledge and courtesy was only equalled by his friendliness. An extremely well planned tour.

Mrs. L. Williams, Olympia, WA

Thank-you for such a well planned tour - not only was it beautiful and enjoyable but we felt as fresh at the end as we did at the start.

Mr. S. Heniges, Salem, OR

I loved it, loved it, loved it!

Mrs. B. Callahan, Parkrose, OR

EXTENSIONS

Should you wish to extend your stay beyond our tour your airfare is good, at no extra charge, for a further two months.

TOUR INCLUSIVE of Airfare, full English breakfasts, 3 course Dinners, Hotel accommodation, Bus Touring, tips & portorage, admissions as per Itinerary, fully Escorted. Please call for our day-by-day itinerary Brochure.



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APCA LIVABILITY SURVEY RESULTS

Total Responses: Lincoln-21; Grant-29; Madison-4: Total 54

	<u>Yes</u>	<u>No</u>	<u>No Resp</u>	<u>Unsure</u>	
1. Satisfied with the Plaza's social and recreational facilities	<u>47</u>	<u>4</u>	<u>3</u>	<u> </u>	
2. Satisfied with Plaza Communications (Newsletter, Minutes)	<u>48</u>	<u>1</u>	<u>5</u>	<u> </u>	
3. Would like to have Tower Talk publish obituaries	<u>26</u>	<u>16</u>	<u>9</u>	<u>3</u>	
4. Would like to have a welcome to new residents extended by name in Tower Talk	<u>40</u>	<u>6</u>	<u>6</u>	<u>2</u>	
4. Feel the budget information and financial statements received are adequate	<u>48</u>	<u>2</u>	<u>4</u>	<u> </u>	
5. Satisfied with the present level of safety and security at the Plaza	<u>41</u>	<u>9</u>	<u>3</u>	<u>1</u>	
6. Use APCA resident telephone directory (6 didn't receive-4 rarely)	<u>18</u>	<u>17</u>	<u>9</u>	<u> </u>	
7. Satisfied with the appearance of the interior common areas	<u>32</u>	<u>19</u>	<u>3</u>	<u> </u>	
8. Satisfied with landscaping improvements	<u>43</u>	<u>6</u>	<u>5</u>	<u> </u>	
9. Rated the following services:	<u>Exc</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>No Resp</u>
A. Administration-Property Management	<u>31</u>	<u>16</u>	<u>3</u>	<u> </u>	<u>4</u>
B. Financial Management	<u>23</u>	<u>20</u>	<u>4</u>	<u> </u>	<u>7</u>
C. Housekeeping	<u>25</u>	<u>25</u>	<u> </u>	<u>1</u>	<u>3</u>
D. General Maintenance & Repair	<u>21</u>	<u>26</u>	<u>3</u>	<u> </u>	<u>4</u>
E. Landscape Maintenance	<u>25</u>	<u>23</u>	<u>2</u>	<u> </u>	<u>4</u>
F. Security	<u>16</u>	<u>29</u>	<u>5</u>	<u>1</u>	<u>3</u>
G. Mail, Packages	<u>30</u>	<u>17</u>	<u>4</u>	<u>1</u>	<u>2</u>
H. Parking Permit Procedures	<u>20</u>	<u>26</u>	<u>3</u>	<u> </u>	<u>5</u>
I. Response to Service	<u>21</u>	<u>28</u>	<u>1</u>	<u> </u>	<u>4</u>
J. Courtesy and Helpfulness of on site staff	<u>32</u>	<u>19</u>	<u>1</u>	<u>1</u>	<u>1</u>
K. Courtesy and Helpfulness of Office Staff	<u>32</u>	<u>19</u>	<u>1</u>	<u> </u>	<u>2</u>
TOTALS	276	248	1	4	39
PERCENTAGE OF TOTAL RESPONSE	45%	42%	5%	1%	7%

Additional Comments:

Numbers in parentheses indicate how many residents expressed concern on a specific issue. No number, indicates only one response.

8 Security:

- Inadequate outside lighting (3)
- Concerned over security in garage (2)
- Requested doorman (security) in evenings (1)
- Unit owners to be better informed (1)
- 24 Hour security in each tower (1)

#10 - Interior Common Improvements:

- Disliked lobbies (13)
- Disliked elevators (15)
- Specifically mentioned soiled elevator carpet (2)
- Disliked swimming pool graphics (1)
- Liked improvements (22)

#11 - Landscaping Improvements:

- beds west of Grant need improvements (1)
- Trees need to be trimmed and away from building (2)
- Felt that no improvements have been made but the maintenance is good (1)

Suggestions and Comments Made:

- Install dividers between parking spaces to keep from using more than one space
- Handicap parking spaces for each tower.
- Tour of apartments (for fundraiser purposes)
- Larger mailboxes (Lincoln)
- Inadequate exercise facilities
- Separate area for dogs to be walked
- Speed up operation of Lincoln garage door opening
- Office to be opened to supplement package deliveries
- Poor answering service
- Water leaking and pooling in garage spaces (2 complaints, 1 specifically from car washing area and lack of good drainage)
- Tile instead of carpeting in halls and elevators
- Local telephone in Lincoln Lounge
- Cars speeding in garage area
- Mirrors to be installed to view cars when exiting from Grant Tower driveway
- Would like rowing machine in Rec Room
- Vent between unit and one directly north which can be used as means to enter unit; would like to see spiked (ground floor units)
- Felt unwelcomed at Board Meetings; residents should be encouraged to participate
- Compliments to staff for their friendliness, willingness to help and promptness in replying

Candidates

The candidates for the three Board positions and their resumes follow:

Anne Boutwell (Madison Tower)

American Plaza Condominium is Anne Boutwell's first experience with condominium living. She has been a Madison Tower resident for six years and has enjoyed the friendliness at American Plaza. Ms. Boutwell's past experience has been in marketing and advertising. She has extensive experience in civic, cultural, religious, and community organizations, serving on boards and committees including but not limited to, City Club of Portland, Artquake, Zoo/Omsi, Oregon Historical Society, Junior League, United Good Neighbors, Women's Architectural League and various church activities.

Ms. Boutwell feels that she could benefit the Board of Directors at American Plaza by utilizing her public communication skills, and keeping the lines of communication open between towers. What she likes most about living at American Plaza is its friendliness, level of security and cleanliness. What Ms. Boutwell dislikes most are the parking procedures for guest parking.

Charles Jones (Lincoln Tower)

Charles Jones' experience includes eight years of banking and management. Currently employed as Assistant Vice-President and Operations Manager of the Investment and Funds Management Division at First Interstate Bank of Oregon, he is also active on Boards and Committees of various social and religious organizations.

Mr. Jones believes he can represent the needs and desires of his fellow residents at the Plaza, hearing opinions on important issues and reaching objective conclusions. He feels that provision for capital reserves, security and improvement of resident communication and participation are issues of importance to address over the next year.

Mr. Jones enjoys the recreational facilities, close proximity to downtown and appreciates the upkeep and cleanliness of the Plaza grounds and common areas. He also feels retention of property value is important and expresses great dissatisfaction with individuals who deface or treat Association property with disrespect.

David Pugh (Madison Tower)

As an architect for the Urban Renewal Development which included the American Plaza Towers Condominiums, David Pugh's experience also includes service on Design Boards at Lake Oswego and Salishan. He has designed condominiums and/or planned unit developments in Oregon and Washington.

Mr. Pugh feels he can represent the entire Association and support policies without personal

bias. What he enjoys most about living at American Plaza is its close proximity to downtown. What he dislikes most is the many move ins/outs at Madison Tower.

William Rollins (Grant Tower)

Mr. Rollins is the owner of the William A. Rollins Company and a partner in the Royal Oak Refinishers. His background includes 23 years management experience with Lipman-Wolfe & Co. He has had an active role with the Lions Club for the past 19 years and is presently serving as Deputy District Governor.

Mr. Rollins is interested in serving on the Board of Directors because he is concerned about his home and community. He believes that the Association's most important issues that need to be addressed are security, enhancing the common areas and maintaining the property value. What he likes most about living at the Plaza is its security, privacy and central location.

Ronald R. Still (Lincoln Tower)

Mr. Still has over 30 years experience with police practices and has worn many different hats with the Portland Police Bureau from which he retired as Chief of Police in January 1985. He is presently President of The Ron Still Company, offering consulting services to criminal justice and public affairs clients and is also teaching management in a Masters Degree Program at Portland State University. Mr. Still is the founder and past president of the Portland Police Historical Society, a member of Rotary International and a former member of the Vestry of All Saints Episcopal Church.

Mr. Still believes he can aid in management decisions and feels the most important goals for the Association should be continuing the high level of property upkeep and management. What he likes most about living at American Plaza is the convenience.

Anna B. Stowell (Grant Tower)

Ms. Stowell is presently completing a three year term as Director and served as Secretary on the American Plaza Board of Directors. She also has served on several committees at American Plaza. She has retired from the U. S. Foreign Service and had a background in the banking

Jim Morrow
Manager, Portland Center

PRINTRIGHT

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industry having worked at First Interstate Bank.

Ms. Stowell is interested in continuing to serve on the Board of Directors to be able to follow through on current plans for improvements. What she likes most about living at American Plaza is she feels it is the Number One address in Portland and meets her needs with regard to urban living.



Postal Notes

Jeff Smith

Thanks to all of you who so generously supported my annual Swim-A-Lap for Albertina Kerr. With your help I was able to raise just over \$3,000.00 for the children's center.

If you've ben wondering about my absence, I have had some shoulder problems (too much swimming) that have required a rest from working with my arms. I will also be serving a two week jury duty from April 1st to 10th. I'll be back on the route starting April 13th. See you then.

Fun—It's a beautiful day for a ball game, for a walk in the park, for you name it but you don't know where it is? Next time, call the Bureau of Parks and Recreation, 796-5193, for an up-to-the-minute report on what's blooming, where the photography class meets, and where your kids can learn to swim, 796-5193.

Read U. S. Constitution

Celebrate this, our 200th anniversary of the signing of the Constitution. Be good to yourself. Buy an inexpensive paperback of "The Constitution of the United States of America". This is the most important document for everyone living in the United States.

After the Revolutionary War the first plan of government was the "Articles of Confederation". This gave very limited powers to the central government and each state kept the most importnat powers for itself. This did not work very well. Things went from bad to worse. Each state began printing useless paper money and the system became unworkable. So in 1787 a meeting was called in Philadelphia of thinking men to revise and improve the government. Out of this was born the "Constitution". The Constitution is considered the most readable and clearly stated governing document ever written.

AMERICAN PLAZA CONDOMINIUM ASSOCIATION

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Portland, Oregon 97201

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