

# Tower Talk

## AMERICAN PLAZA TOWERS

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# Manager's Report

**Shred Event**—The shred event was successful once again. Look for the next event sometime in the fall of 2017.

**Power Washing**—The maintenance team has been hard at work addressing the moss that has accumulated around APTCA and the park. We're not done, but we're getting there.

**Charter Access/Keys**—Phase II Pipe Project, Lincoln & Grant. Please remember to furnish Charter Construction with a unit key for access to your unit in the event you are unable to assist them with access. Charter will utilize the key during the dates your unit is scheduled for Phase II Repipe only. If you prefer Charter to use your unit key on file with onsite management, please send an email to aptcaconcierge@gmail.com authorizing management to release your key to Charter Construction.

**Phase II Repipe Project Questions & Concerns**—Calls and concerns regarding Charter and the Phase II Repipe Project should be sent to the Charter/Homeowner Liaison, Kristen Pachl at: 503-546-2600 ext.107 or kristen.pachl@chartercon.com. Kristen is quick to respond.

**APTCA 2nd Special Assessment Letters & Payment Due Dates**—Special Assessment letters were mailed March 31, 2017 to all homeowners. These letters indicate your individual unit Special Assessment amounts. The one-time payment option is due July 1, 2017, and the SMSA option (monthly payment option) is due August 1, 2017. Checks should be made payable to APTCA.

*Note:* If you have not received your special assessment letter please contact the office right away at 971-888-4103.



**New Faces**—Please welcome Colin Turner to the APTCA Maintenance Staff. Coast has hired Colin as the new Lead Building Engineer at American Plaza. Colin comes to us with over 20 years of facility maintenance experience.

**Lincoln Pool**—The Lincoln outdoor pool is scheduled to open May 26, 2017. Pool hours are 7<sup>am</sup> to 10<sup>pm</sup> daily. Please adhere to the Pool Rules listed below.

## LINCOLN POOL SWIMMING RULES

1. No person shall swim alone.
2. All nonswimmers and children under the age of 14

- shall be accompanied by a responsible adult observer.
3. No person suffering from a communicable disease transmissible via water shall use the pool.
4. No person shall run or engage in horseplay in or around the pool.
5. No person under the influence of an intoxicating drug or alcohol shall use the pool.
6. No person shall take food or drink inside the pool enclosure (except plastic water bottles).
7. APTCA assumes no responsibility or liability for accidents or injuries.

—Angelina Campbell

**Tower Talk** is a monthly publication of the American Plaza Towers Condominium Association. Its purpose is to inform, educate, and build a sense of friendly community by accurately and impartially reporting Plaza news, regulations, and events.

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## Building Link Tip

For those neighbors who would like to access the Resident Manual electronically, so that you can search the information you need a little faster than flipping through the pages in the large binder, login to BuildingLink and sign in. Under the "Home" tab, in the middle "Building Info" section, click on "Building Library" button (4th on the list from the top, in the left column). Scroll down and click on the + (plus) sign next to Resident Manual. There is only one file listed. From there you can click on the hyperlink/title of the document and download a copy of the .pdf document.

Short version: BuildingLink → Building Library → Resident Manual.

—Zoe Seidova

# Faulty Towers: Incidents & Concerns

February–March 2017

2.24.17: A resident expressed concern about the weight of the Charter Construction supplies being stored at the Lincoln 1B south wall. *Response:* Charter confirmed that the amount of weight being stored is no more than that of a small vehicle. Supplies are brought in daily and depleted daily. The weight is not sitting for extended periods of time.

2.24.17: A resident complained about paint smells permeating into their unit during the Madison breezeway paint project and requested that leakage points in their unit be sealed. *Response:* The paint project was done in an open-air environment. Unfortunately, it was not an odorless project and some residents could detect an odor. The project has been completed.

2.24.17: A resident complained about the sensitivity of the antennas for the Madison garage gates and requested that this issue be addressed the next time the doors are serviced. He said he sometimes has to use the IN gate to get out of the garage and the OUT gate to get in. This can cause traffic congestion and safety concerns. *Response:* We will track these calls. Metro was out a few months ago to address the antenna issue.

3.7.17: A resident requested that the board approve having their deck painted. It was not done in 2015 during the deck-painting project. *Action:* The board approved the request and the deck was painted.

Specific date not noted: A resident reported finding lots of cigarette butts and trash around the upper parking deck and on her ground level patio. She requested that these areas be cleaned on a regular basis and maybe signs put up. She has brought this issue up at board meetings, but nothing seems to get done. *Action:* Management contacted Charter and other on-site contractors to remind them to dispose of their butts properly and not on the property. This seems to have helped.

—Submitted by Angelina Campbell; summarized by Barb Fagerstrom

## Making Newcomers Feel at Home

Moving is never easy. It can be especially challenging for those moving into a high-rise condo for the first time, as is often the case at American Plaza. A group of volunteers recruited by the Social Task Force tries to make this transition as smooth as possible.

First, there are the Tower Greeters. These volunteers visit newcomers in their home, answer their questions, and leave a welcome brochure of key things to know about life at American Plaza.

Current greeters are: Lynne Hartshorn and Charlene Jones (Lincoln), Sharon Miles (Grant) and Joyce and Gerry Kelly (Madison). Sharon and the Kellys are new to the job. They have replaced Gladys Creevey (Grant) and Kate Solberg (Madison), both of whom moved out of AP in recent months. A big "thank you" to Gladys and Kate for their many "meet and greet" visits over the years.

Second, Welcome Gatherings are held throughout the year, where newcomers can ask questions and longer-term residents can share their knowledge of AP and the community. Becky Branson currently coordinates these meetings. The last one was held May 10<sup>th</sup>. More will come.

—Barb Fagerstrom

## Smoking Survey

One copy of the survey was placed in your excess mailbox May 1. If more than one person in your unit wants to respond to the survey, they may do so. We encourage each adult resident to participate. Additional copies are in the Information Centers and with the concierge.

Signatures are optional, but all surveys submitted must show a unit number.

Returns are due by June 30. Please deposit your completed survey in the Smoking Survey Box in your Information Center. If you are an absentee owner, or will be out of town during this time, you can obtain a fillable pdf form of the survey by contacting Diane Howieson at: [dbhowieson@comcast.net](mailto:dbhowieson@comcast.net).

We appreciate your willingness to think about your opinions on this issue and share them with us.

Survey results will be tabulated and analyzed by the Multnomah County Health Department's Tobacco Control & Prevention Program

—Smoking Survey Work Group of the Rules Task Force

## Goodbye, Old Pipes!

—By John and Mary Ann Wish and Luke Jarmer

New water pipes are here and are carrying water to Lincoln residents on the top floors. Clean, clear water, not brown or cloudy. Odorless water.

Laundry rooms are equipped with new shut-off valves. The contractors are pleasant, neat, and they clean up their mess every day. Thus far, in most every apartment, work has been completed in less time than expected.

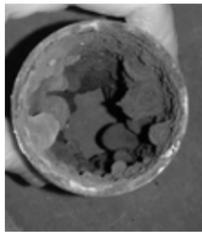
### PHASE I PIPE WORK DONE!

Those old galvanized pipes, some of which had been leaking and many of which were partially clogged, have been scrapped.

Pressure relief valves and gauges have been installed on most floors. The Grant booster pump is new, computer controlled, and uses far less electricity.

### PHASE II IS UNDERWAY!

The long discussed and anticipated second phase of the Piping Project is underway.



Each laundry room has a shut-off valve. Its function is to shut off all water within the apartment. (Two other shut-off valves are nearby, one in the breezeway outside the unit's exterior door, and another in the smoke shaft for the entire floor.) Thus, if you need to replace a leaking faucet, you activate one valve. Calling the concierge to negotiate a convenient time to do the work will no longer be necessary. And perhaps even better, other apartments on several floors will not lose their water access.

Behind the walls are the new pipes, a combination of copper and pex in two colors, red for hot and blue for cold.

Work began on Lincoln's 18<sup>th</sup> floor on the first week of April and will continue five days-a-



week downward, floor-by-floor, with expected completion in mid August. Grant's Phase II work is scheduled to begin in July on the 26<sup>th</sup> floor, again moving downward floor-by-floor. Anticipated project completion is March 2018.

### HAPPY OWNERS

Two happy owners posted the following on Building Link.

"Our unit was the first to start and finish Phase II of the

water pipe project. By the very nature of the procedure it was very disruptive. Surprisingly it was much less than we had envisioned it was going to be. Much of this had to do with Superintendent Loren who was very professional and patiently explained what was happening daily.

"We managed to stay in our unit each night with total use of the kitchen and at least one bathroom. Only a couple of days we had to vacate from 8–5. Every day the crew did an end of day clean up.

"The best thing was the scheduled 30 day project was finished in half the time. Don't worry."

Posted by: Russel Swafford, Lincoln, 1801

A second posting on Building Link also reflects another owner's satisfaction.

"For those waiting to experience the work being done by Charter, I would like to say that Charter and all their sub-contractors have been so efficient, timely, and do such great work that I am amazed. All are kind and considerate also. They are on workday #5 in my unit and are nearly finished! Only painting remains for tomorrow, then the washer/dryer moved back, hooked up; then clean-up.

"What I expected to be a month of work here will have been completed in a week and a half!

"Yes—it is an invasive project, but my cat and I have remained living/sleeping here. One day away for asbestos removal and one following day of no water. Otherwise, quite livable during the process. Granted, I have a large living area with space not overly impacted.

"My recommendation to all is to pack a suitcase as though you were leaving, even though you intend to stay. Have all necessities and 2–3 changes of clothing kept with you, including coat/jacket, in the room least impacted.

"Loren seems to know everything and communicates easily about what to expect. Kristen serves well to aid if more communication needs are necessary.

"The summary: I am well pleased with Charter's work and thankful to have new water pipes in place."

Posted By: Ann Olsen, Lincoln 1702

### NEIGHBORS HELPING NEIGHBORS

Amber Howell has helped lessen the displacement and disruption of this major remodel. She has organized "Neighbors helping Neighbors."

Here's a note she wrote.

"A huge thank you to all that signed up for the "help your neighbor checklist". I sincerely hope that we reach out to each other during this time of need. I have been humbled by the outreach and have thoroughly enjoyed getting to know my neighbors. Our community is amazing!

"I believe all of us have been dreading the pipe project entering our homes. Besides the obvious encounters of

cont. on next page

displacement of your belongs, change of your routine, having to creatively come up with ways to entertain yourself, kids, pets, etc. away from your home; sometimes the most difficult obstacles are all the unknowns. I hope that many of you find this little post comforting and will attend my next meeting to see how the project took place from start to finish in our home.

"I want to echo my fellow neighbors that have posted on building link about the project. I've been impressed with the workers' professionalism, courtesy, attention to detail, and clean and quick management of the project. I was expecting worse and was pleasantly surprised. We were able to return to our home every evening to cook dinner, give the kids their bath and spend the night. Thank you."

.....

## Interested in the Senior Auditing Program at PSU?

It's not too early to get your student ID number. Here are a few tips to get started. Summer term begins week of June 26<sup>th</sup>.

1. First step is to enroll as a SALC auditor.
2. To do this, visit the Senior Adult Learning Center (SALC), 4th floor, in the Urban Center building on campus, off of the Urban Plaza by the bookstore. Hours are Monday–Thursday, 10am–3pm. Phone number 503.725.4739.
3. Fill out the Non-Degree entry form and pay the one-time fee of \$25 (CHECK ONLY, payable to Portland State University). You will receive a letter containing your PSU student ID number. It can take a few days to get this processed. You must have this number before the first day of class, so do this as soon as you know you want to audit a class, even if it's for the next term.
4. The additional steps to auditing a class are explained in handouts you can get from the SALC office, or online at their website, <https://sites.google.com/a/pdx.edu/salc/home>. (Yes, that's a long address...but lots of information there.)
5. The Summer 2017 course schedule is out now, online. Go to [pdx.edu](http://pdx.edu), and in the upper right hand corner click on "quick menu," select "course tools," then "class schedule." There is no printed schedule, it's all online. The SALC office does have a list of courses, but no details or descriptions.

Please contact me if you like more information ([mshurger24@att.net](mailto:mshurger24@att.net)). I'll share what I've learned the hard way, and suggest other resources.

—Merrily Burger

## Impact of City Center Plan to 2035

—Bob Gelpke and Phil Gilbertson

**BIG PICTURE:** Portland's Planning and Sustainability Commission (PSC) is wrapping up 7 years of work to chart the future of downtown to 2035. Their proposed plan for the "central city," called "CC2035," includes a tripling or more of allowable building heights (from 75' to 250') and occupancy densities in our neighborhood. Both might negatively affect APTCA residents, both for quality of life and for property values in the long term.

**PROCESS:** The PSC's proposed plan will be adopted at its May 23 meeting and sent to the City Council for action. APTCA will address the City Council during a designated public testimony period in the approval process starting in June.

**APTCA RESPONSE:** We have been monitoring the PSC's work for the past year on behalf of the APTCA Strategic Planning Committee, following a public hearing last August when several APTCA residents voiced their concerns. The APTCA Board of Directors adopted and sent resolutions to the PSC in November and again in February about the impact any new construction might have on our property, especially along SW First Avenue directly east across from our campus as well as the hotel property to the west.

**APTCA'S APPEAL:** While the likelihood of altering the CC2035 plan is slim, APTCA is raising legitimate concerns based on four stated city planning policies: (1) maintaining step-down building heights from central downtown to the River, (2) preserving the unique and historic pedestrian Halprin Open Space Sequence in our neighborhood, (3) maintaining and developing boulevard streetscapes on and near the planned "Greenway Loop," and (4) preserving sunlight and air flow corridors.

**BOTTOM LINE:** CC2035 will lead to increased density, added congestion, and changes in traditional solar and wind patterns in downtown Portland. The issue for APTCA is how construction approval/development in our immediate neighborhood can be actively monitored/managed over the coming years.

The Strategic Planning Committee will report out on the public testimony and any further developments as they arise.





## MEET YOUR NEIGHBOR: Amber Bowell, Lincoln Tower

### CARING FOR THE COMMUNITY—INSIDE AND OUTSIDE THE TOWERS

We first met Amber at a meeting she arranged after reaching out to our community to establish a support system during the upcoming piping process. She and her husband, Ben, and their twins, Quinn and Vera, moved into Lincoln November 2013.

#### *You have an interesting career in healthcare.*

I've been a Physician Assistant (PA) in family medicine for 10 years. When I was a child, my mom went back to school for nursing. After completion, she mainly worked in nursing homes and I would often go to work with her and talk to the residents or get them ice chips, little odd & end jobs like that. I found the facilities to be dreary and dark places and would dream of making them bright and welcoming with a pet area and an ice cream parlor (laughs). It was those moments with my mom that piqued my interest in becoming a healthcare practitioner so I could care for people in a meaningful way. I love being a PA and enjoy caring for all ages—from pediatrics to geriatrics—and performing procedures such as biopsies and injections.

#### *How did you and Ben meet?*

Between undergrad and PA school, I volunteered to work with a cardiologist in Peru. Coincidentally, Ben was there learning Spanish. I did a home stay with Rosanna who also owned a language school and Ben was her student. One day, while helping the family's live-in maid with her homework, Ben walked in. The rest, as they say... (laughs). We convinced his father to let him stay another month and travel with me. We just knew we were meant for each other. He was about to start his grad program at Tufts and I applied to East Coast PA schools and we were married in December the following year, 2005. We have not been able to get back to Cusco, Peru, but will eventually one day to show our kids where we met.

#### *What inspired you and Ben to move to Portland?*

After obtaining our master's degrees we settled in a quaint New England town in Connecticut for several years. After a lot of saving and planning, we quit our jobs and traveled the world for a year. We were then faced with the opportunity to choose a place we really wanted to call home. We knew after the hassle and bustle of traveling we wanted to live in a city. I'm a mountain girl and he's an ocean guy and they're both here! I learned of Providence and they flew me to Portland for interviews. In the course of a week, I had a job offer, we found an apartment at the Linc (across the street), and fell in love with life here.

#### *Now you have 2-year old twins. How do you manage to schedule your lives?*

It does take some orchestrating! We were married 10 years before we had kids and so we had lots of time to think about our ideal way of raising them. Once we found out we were having twins—and the likelihood of them being premature—we knew we wanted to keep them at home as long as possible without daycare. My pregnancy was very rough and, in fact, I nearly lost my life from a rare condition which resolved once the babies were delivered via emergency C-section at 33 weeks—on my birthday (big smile). I had an extended stay in the hospital and the twins stayed in the NICU for 3.5 weeks. Due to everyone's health I took a 4.5 month long maternity leave.

I love my career and so does Ben, so we thought, how can we make this work and be the ones who raise our kids? I work 3 long days a week and have the kids the other 2 days. Ben works 4 days a week and has the kids on Fridays. We have a nanny who comes in the other days while Ben works from our home office. At 3<sup>pm</sup> daily, he relieves the nanny until I get home at 6<sup>pm</sup> and finish the night-time routine with him. Then bed at 7:30, then our own time (laughs). We have it down pat but the schedule is ever-changing as they get older. Currently, we are in the process of looking at nursery/preschool.

#### *What is Ben's career?*

Ben works for Oregon Tilth, which is a leading certifier, educator, and advocate for organic agriculture and products since 1974. He focuses on the conservation side of agriculture and works with farmers, federal employees, and other professionals who work with organic farmers. As an educator, he travels a lot, which makes it a little difficult for our family.

#### *Did the piping project bring out your volunteer spirit?*

The recent election sparked a little fire in me to be more of an activist. So I thought, why not start in my own community? I've done a lot of volunteer service; in Connecticut, I provided healthcare to migrant farm workers. I taught English to Spanish-speaking inmates, and have done a lot of mission work. I've always loved volunteering and now since the kids are older we're finding time to do more of what we enjoy.

*cont. on next page*

*We appreciate the fact that you're getting involved. A lot of our volunteers in the Towers are older but it's great seeing more from your generation stepping up.*

Thank you.

#### *You've received a great offer for help during the piping?*

Yes, we were so fortunate to have a homeowner in Madison answer my plea. He is so very generous to let us take over his place, while he

**I alone cannot change the world,  
but I can cast a stone across the  
waters to create many ripples.**

*Mother Teresa*

is living somewhere else for a few weeks during the project. We are very grateful to him. It was amazing how many people reached out to me—and you too, Susan and Linny! I ended up turning down offers. It was amazing!

#### *What would you like to share with your Tower neighbors?*

A great question. Our family would like to get to know our neighbors. If you see us playing with the kids in the plaza, come by and introduce yourselves. I love our home, but one thing for us that is lacking is that community feel. I'd like to fill that void which also inspired me to start the "help your neighbor through the piping project." I'd like to continue to bring the community together in a positive way. [Dad enters with a twin in each arm.] I really think there's a need to get the younger community involved with the older population. I don't know how to do this. (Us—we think you've just started it!).

*Read Amber & Ben's one-year travel blog at  
www.zoomingaroundplaces.blogspot.com*

*—Susan Nunnery & Linny Stovall*

### 2017 AMERICAN PLAZA PING-PONG TOURNAMENT RESULTS

On April 1<sup>st</sup> twelve players began play in the inaugural American Plaza Towers Ping-Pong Championships: five from Lincoln, three from Grant, and four from Madison. Initially, players from each of the three towers competed among themselves to determine the tower champions. Then on Tuesday, April 25<sup>th</sup>, these three winners played to determine the final standing. When play was over Stephen Ying (pictured) from Lincoln was the undefeated champion, Rohina Azizi from Grant was runner-up, and Martin Sudarma from Madison finished third.

Opinions expressed by this year's players were that the competition was fun, it enabled them to make new friendships, and that they would like to would like to have another tournament next year.

The exercise committee would like to thank all of this year's participants for making the tournament a success. We are planning on another tournament in 2018 and hope to have many new players to challenge this year's champions.

*—Bob Crumpacker*



## PLAZA CALENDAR

May 20 to June 20, 2017

### Social Activities

Friday Happy Hour: 5 to 7<sup>pm</sup>, Lincoln Lounge

Tea at 2: Every Tuesday, Lincoln Lounge

Closet Crafters: June 10, 1 to 3<sup>pm</sup>, Lincoln Lounge

Ping Pong: Every Sunday, 3<sup>pm</sup>, Board Room

### APTCA Meetings

Board: May 25, 6<sup>pm</sup>, Siviers Center

Communications: June 13, 4<sup>pm</sup>, Lincoln Lounge

Design: June 14, 4<sup>pm</sup>, Lincoln Lounge

Exercise: June 07, 5<sup>pm</sup>, Lincoln Lounge

Landscape: June 06, 5<sup>pm</sup>, Lincoln Lounge

Emergency Prep: June 14, 7<sup>pm</sup>, Board Room

Rules Task Force: June 07, 4<sup>pm</sup>, Board Room

Strategic Planning: June 19, 7<sup>pm</sup>, Board Room

*Note: Some Task Forces do not have a regularly scheduled meeting time. Watch for postings in the elevators and on BuildingLink.*

### Fitness Classes

*All held in Siviers Center*

*Fees apply. First class is free.*

Tai Chi: Tues at 7<sup>pm</sup>. Thurs at 10:15<sup>pm</sup>.

Yoga: Tues & Thurs at 8:30<sup>am</sup>.

Strength & Conditioning: Mon & Wed at 9:30<sup>am</sup>. Sat at 8:15<sup>am</sup>.

Water Aerobics: Wed & Friday at 11<sup>am</sup>.

### Move-Ins

Lincoln: None

Grant: Clarena Charles. Mary Giddens. Sandra Poole Keiter.

Madison: David & Trina Gaynon

### Move-Outs

Lincoln: Corrine Malopolski. Barbara & David Wrench.

Grant: Cyndy Bratz. Linda Jaramillo. Stephanie Rigas. Lynn & Phillip Worth.

Madison: David & Kate Solberg. Alexander & Maria Sager.

*—Barb Fagerstrom*

## New APTCA Work Groups

At the Annual Meeting April 17, 18 committees and task forces reported on their activities during the past year. Among them were four newly appointed work groups. Below is an overview of what they will be doing. The meetings are open to everyone. Meeting times will be posted on the Plaza Calendar and on BuildingLink.

### Garage Steering Committee

The objectives of this committee are: (1) Determine what actions are required to renew the Garage and Plaza, (2) Manage the required repairs and restorations, and (3) Keep the community informed and engaged in the process. The Association will hire a consultant to assist with this process. Peter Kozdon, Chair. Members: Don Stastny, Gary Harts-horn, Ron Fowler, Susan Gilbert and Luke Jarmer (Coast Management)

### Maintenance and Reserve Oversight Group (MAROG)

The group will work with management and RDH (the Maintenance Plan and Reserve Plan provider) in fine tuning those plans, keeping them up-dated, and overseeing their implementation. The group will inform the Board and APTCA membership of upcoming major actions and provide appropriate input to the Budget Committee. Peter Kozdon, Chair. Members: Jerry Burger, John Wish, Tom Ray, and Zoe Gulzoda.

### Information Technology Task Force

This umbrella group will address issues related to Building-Link, an APTCA web site, digital archiving of Association records, and related issues. A key charge of the group is to find ways to make BuildingLink (BL) easier to navigate and search for documents. The initial meeting was held April 19. It was decided to schedule a Town Hall to find out what residents don't like about BL and to solicit their ideas for other ways to communicate. John Lambert, Chair. Members: Peter Kozdon, Ron Fowler, Merrily Burger, Barb Fagerstrom and Devon Carberry.

### Color Task Force

Its charge is to review color options for our buildings. At its initial meeting April 26th, a number of ideas were discussed, including: making the base building color lighter, only changing the accent color, adding another color to the brown accent, and doing away with the brown accent all together. Any changes to the color would be done during the regularly scheduled building maintenance process and would require a master plan. More research needs to be done before a final decision is made, including what the requirements and procedures are for the City of Portland. The group will search for color and paint professionals experienced in these types of projects. Another meeting will be called after arrangements are made for a color specialist to address the group. Kathy Stuttaford, Chair.

—Compiled by Barb Fagerstrom

## Tower Talk Editor Resigns

After serving as *Tower Talk* editor since December 2014, I will be moving on—not from APTCA, but from my volunteer position. Other responsibilities and opportunities beckon. I will be temporarily returning to PSU's Graduate Program in Publishing to fill a short-term faculty vacancy, after which I will be traveling extensively and pursuing writing projects that I've had on hold. Next year, I will continue my involvement in the Communications Committee, though not as *TT*'s editor.

I wish to thank all the neighbors who have helped make *Tower Talk* the #1 source of news at the Towers. It's been a treat to work with so many talented, conscientious writers and photographers. You've made our newsletter a source for our community within the community. You've shared your thoughts, concerns, and experiences. And you've offered your corrections and encouragement. Again, thank you.

—Dennis Stovall

The Communications Committee and the *Tower Talk* staff wish to thank Dennis for his tenure as editor. He helped make *Tower Talk* into a first-class publication and taught the staff a lot about writing, editing, proofing, and publishing along the way. We wish him well with the travel, writing, and teaching opportunities he is about to pursue.

Now it's time to find another volunteer to take on this task and keep this important line of communication open. Thanks to Dennis, we have a well-trained staff of volunteers ready to produce more editions under a new editor. If you're interested, please contact Barb Fagerstrom (barbfagerstrom@comcast.net).

—Barb Fagerstrom

## 45<sup>th</sup> Annual Meeting

Over 200 people attended APTCA's 45th Annual Meeting April 17 at the University Place Hotel. A quorum of 60.231% was present, well exceeding the 40% required. This included 47.755% in person and 12.476% by proxy.

Susan Gilbert, Thomas Ray, and David Woodall were elected to three-year terms. Because there were three vacancies and three candidates, their election was by unanimous consent.

The terms of directors Barbara Bousum, Allison Leak, and John Wish ended at the meeting. They, as well as Kathryn Crozier and Ken Tyrrell, who had left the board during the year, were thanked for their service.

The only other item of business at the meeting was approval of the IRS Revenue Ruling 70-604 resolution. The bulk of the meeting was taken up by reports from the Chair, the Treasurer, and 18 committees and task forces. There were no Open Forum comments.

—Larry Meissner, APTCA Secretary

## Restaurant Reviews

### VERDIGRIS

Verdigris is a small, elegant, contemporary, French-inspired restaurant whose delicious food—on a scale of 0 to 5—rates a 7. My companion had the fresh pea soup, the Beef Bourguignon with Brussels sprouts and garlic smashed potatoes and the fallen chocolate soufflé cake. I ordered the grilled baby octopus salad with white beans and an orange juice glaze, Idaho trout with Beluga lentils and the chocolate mousse. As always, my companion and I tried each other's dishes and were delighted with each course. As well as the food, we enjoyed both the outstanding service and the pleasant atmosphere. After a scrumptious meal, we demanded the chef come out and receive our highest praise. In the future, when asked to recommend a restaurant, this will be the first one I recommend. (They also have a brunch that runs from 9<sup>am</sup> to 2<sup>pm</sup> on Tuesday–Sunday. (I wonder if tomorrow is too soon to go.) Note: Reservations are understandably a must.

Address: 1315 NE Fremont St.

Phone: 503.477.8106

Hours: Tues–Sun 5–9<sup>pm</sup>; Sat & Sun 9<sup>am</sup>–2<sup>pm</sup>

Directions: Either drive, walk or take bus 9 or 17 to SW 6th Ave & Mill. Transfer to bus 8. Exit at NE 15<sup>th</sup> & Fremont and walk west on Fremont for 1½ blocks.

### THE ORIGINAL—A DINERANT

A companion and I went to The Original. I ordered the Portland Dining Month special. The portions were huge and would have fed two people. The service was great. The music was loud but was turned down at our request. After tasting my dessert, my companion said "It wasn't bad, but it wasn't good." To me, that about summed up the entire experience.

Address: 300 SW Sixth Ave., Portland

Phone: 503.546.2666

Hours: Mon–Thur 6:30<sup>am</sup>–10<sup>pm</sup>; Fri 6:30<sup>am</sup>–12<sup>am</sup>; Sat 7:30<sup>am</sup>–12<sup>am</sup>; Sun 7:30<sup>am</sup>–10<sup>pm</sup>

Directions: Take the Orange line to Pine/Oak. Walk south 1 block.

### URDANETA

The Portland Dining Month provided my companion and me with the opportunity to try two separate dinners, as we selected the opposite choices on the menu. This restaurant rated a 5 out of 5 by both of us. To explain, I got "excited" about cauliflower. Understand that I like cauliflower, but I've never been excited by it before. And that was just the appetizer. Another interesting feature was the choice of ingredients for the desserts—goat's milk. Both of us thought of the tanginess of goat cheese and raised our eyebrows. We shouldn't have. The two types of custard were delicious. Although the ride was a little long to get there, we both agreed we would go there again—often. One reason to return were the tapas we eyed being served at the table next to us. Reservations recommended.

Address: 3033 NE Alberta St.

Phone: 503.288.1990

Hours: Tues–Thurs & Sun 5–0<sup>pm</sup>; Fri & Sat 5–11<sup>pm</sup>

Directions: Take bus 17 going north to NE 27<sup>th</sup> & Alberta. Walk east on the north side of Alberta 3½ blocks. Use a bright yellow building as your reference point.

### SUPERBITE

Five Tower residents dined at SuperBite. Impressions and opinions were divided. Two felt their dinners were delicious; the others felt dinner was so-so. I enjoyed the fact that the appetizers are "bite size;" it gave me the opportunity to try different things without being too full to eat my entree. I was also pleased to see that some of the desserts were "bite size," as I usually cannot eat a full-size dessert. Others felt the idea was pretentious and not worth the charge for one spoonful. It should also be noted that there is a happy hour from 4–6<sup>pm</sup> with a large menu of "bites"; I think it would be fun to try this. (At a later date, two of

us did go back and tried all the happy hour bites. We enjoyed them all.) This is a restaurant you will have to try for yourself to decide.

Address: 527 SW 12<sup>th</sup> Avenue

Phone: 503.222.0979

Hours: Sun–Thurs 5–10<sup>pm</sup> Fri & Sat 5–11<sup>pm</sup>

Directions: Take the streetcar to Alder and walk west 2 blocks.

### THREE RIVERS GRILL

If you ever have the opportunity to eat in the town of Mt. Hood, make sure you pick this restaurant. They have a delightful range of culinary options from which to choose—and all those my companion and I tried were absolutely delicious. My companion ordered the poke served in an avocado half, accompanied by a wonderful slaw. Both of us had huge servings—obviously sized for field hands; my lamb shank was so large that I ended up making three meals out of it. The atmosphere and view are wonderful. There is also a full bar. This is a restaurant I will definitely want to visit again.

Address: 601 Oak, Mt. Hood, OR

Phone: 541.386.8883

### URBAN FARMER

The lunch that I had at this restaurant was a "must do" as far as calling the manager to compliment both the chef and the server. How rare is that? I had the popcorn grits with spicy shrimp, pulled pork and poached egg. My only complaint was that the serving bowl was too deep for me to lick the bottom of the bowl. If you go there, try this fabulous meal; the recipe was given to the chef by his grandmother. I give this restaurant a 6 out of 5.

Address: 8<sup>th</sup> floor, Hotel Nines on Madison between SW 5<sup>th</sup> & 6<sup>th</sup> Ave.

Phone: 503.222.4900

Hours: Sun–Thurs 6:30<sup>am</sup>–11<sup>pm</sup>

Friday & Sat 6:30–12<sup>am</sup>

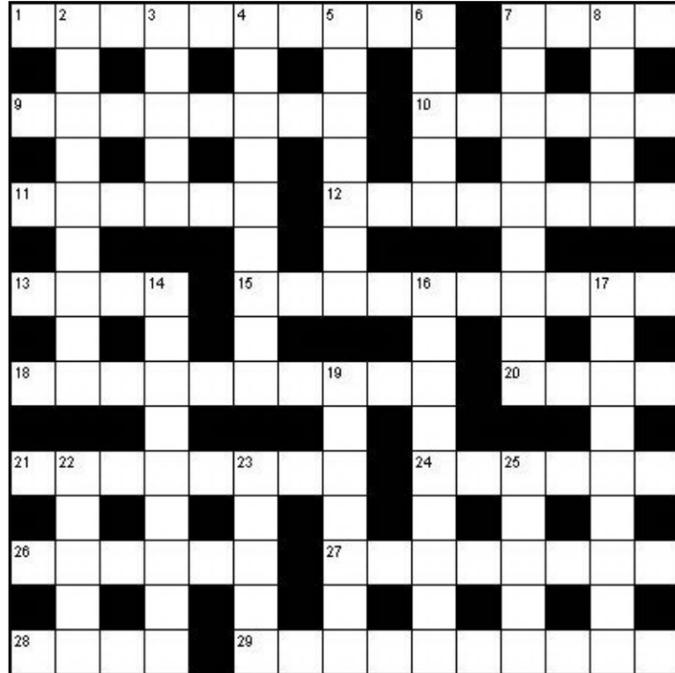
Direction: Take the MAX to Pioneer Square and walk ½ block east.

—Francia White

Spring photos by Joanne Jene



Musical Crossword



ACROSS

- 1 Conductor initially introduced First Rabbi to rock and roll (10)
- 7 Loud note by tenors started below the required pitch (4)
- 9 Teacher rejected Liszt heard after Mussolini's overthrow (8)
- 10 Composer of Sweeney Todd? (6)
- 11 Fall perhaps for American violin concerto – one of four (6)
- 12 Half of Lieder about, say, human subject (8)
- 13 Plays parts of opera (4)
- 15 One of three brothers EMI backed to produce waltz rhythm? (6,4)
- 18 Pupil leaves as clarinet's playing to find violinist (5,5)
- 20 Have the temerity to do some of Maskerade backwards (4)
- 21 Instrumentalists with plenty of pluck? (8)
- 24 Composer of carols has right to speak (6)
- 26 A composer to name another (6)
- 27 Ravel loaded with gold – here? (8)
- 28 Requiem for Nelson by Haydn (4)
- 29 Fine Austrain composer? (10)

DOWN

- 2 Copper shortly denies source of annoyance is mobile – these concertgoers wouldn't agree! (9)
- 3 Endorses composer of Tintagel, say (5)
- 4 Bruckner's Eighth is about sustained passages which gradually get slower (9)
- 5 Rock singer? (7)
- 6 I'm finding the odd bits of Boulez filter through (5)
- 7 Excited by extremely febrile performance of Medtner (9)
- 8 Some Elgar enamoured Promenaders standing here? (5)
- 14 Character in Madam Butterfly who has only 7ac's to sing? (9)

- 16 Tenor performing Grieg and a bit of Lehar (9)
- 17 Score given to the more senior conductor (4,5)
- 19 She appears among Brendel's pet hates (7)
- 22 Arrangement of Alkan endlessly captivates English scout leader (5)
- 23 Scottish National Orchestra initially confused over G & S numbers (5)
- 25 Time and time again old boy follows beat (5)

Set by Alberich | Source: www.alberichcrosswords.com

# DO1THING

## Small steps for being prepared for an Emergency EMERGENCY SUPPLIES

Any emergency is easier to handle when you have prepared ahead of time. Put together an emergency kit with important items to keep at home, and a "go-bag" with items you will need to take with you if you evacuate. Think about what you and your family would need in a disaster. You can make kits for your home, car and workplace. Emergencies can happen anywhere. If severe weather is predicted, make sure your car has a full tank of gas.

- Gather your emergency supplies in an accessible place
- Create an emergency supply kit for your pet, your car and your workplace or school
- Stash some cash in case ATM's or credit card machines are not usable

For this and other information about Emergency Preparedness, visit [www.do1thing.com](http://www.do1thing.com). For more information on your APTCA Emergency Preparedness Task Force, contact Steve Larson: [stevl9817@aol.com](mailto:stevl9817@aol.com) or 503.954.1658. Note: Earthquake and Emergency information is available in your Mailroom.

—Judy Lyons for the Emergency Preparedness Task Force

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Solution to Musical Crossword



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