



■ Tasting New York City  
on a Budget

■ Saving for Retirement

■ Earn Extra Money  
on the Side

# Career Guide

## PSYCHIATRY

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If you would like more information please give me a call at 434-517-3014 or email me at [mecrews@sentara.com](mailto:mecrews@sentara.com).

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Read about ways to **Earn Extra Money on the Side** in your free time.

# Tasting New York City on a Budget

Explore great, inexpensive eats in the city that never sleeps.

New York City is one of the most populous cities in the world, known as the cultural, financial and media capital, as well as an economic superpower. Thanks to New York City's round-the-clock transportation, there is always something to see, somewhere to go and something to do in the city that never sleeps. You can also find great eats at any time and on any budget!

New York City is known in particular for its world-class restaurants such as Nobu, Smith & Wollensky and Red Rooster as well as their celebrity chefs. However, these eateries can take a chunk out of your wallet and your schedule. Here is a list of some of New York's lesser known eateries that you may not find on a top-ten list but are still quality eats.

## Dell'Anima

A fabulous Italian restaurant located in the West Village, Dell'Anima changes its menu daily to make the most of seasonal produce. Not to mention, the pasta is made fresh daily, making it even more delicious. For all the wine lovers, there is an extensive wine list that can also be enjoyed at the wine bar next door, owned by the same proprietor as Dell'Anima. This reasonably priced Manhattan eatery is definitely worth a visit.

**38 8th Avenue | New York, NY 10014 | 212-366-6633**  
[dellanima.com](http://dellanima.com)

## Pietro Nolita

This lower Manhattan Italian restaurant is an Instagram lover's dream with its distinct bubblegum pink interiors. The food is excellent and on the healthier side, with lighter pasta classics and traditional entrees with a modern twist. Pietro Nolita doesn't take reservations so bear that in mind if you are

planning to visit. A firm favorite with the fashion crowd, this restaurant offers a great value for your buck.

**174 Elizabeth Street | New York, NY 10012 | 646-998-4999**  
[pietronolita.com](http://pietronolita.com)

## Chinese Tuxedo

This Chinatown restaurant is set in a former opera house and is elegantly designed with black leather banquettes, lush green foliage and chic marble tables. This is definitely a place to head to if you are in the mood for sharing some yummy Chinese food in one of New York's most famous dining districts. The staff are friendly and the menu is kind on your wallet.

**5 Doyers Street | New York, NY 10013 | 646-895-9301**  
[chinesetuxedo.com](http://chinesetuxedo.com)

## Gray's Papaya

No trip to NYC is complete without a visit to one of its most iconic cheap eats. This 24-hour hot dog chain restaurant is famous for their high quality inexpensive hot dogs and non-alcoholic fruit drinks. Gray's Papaya is a New York staple, and has been featured in movies and television shows from *For Love of Money* to *Sex and the City* and was featured in Anthony Bourdain's *No Reservations*. Go for a late-night stroll around the city and find your way to Gray's Papaya for two hot dogs with the works and a papaya drink.

**612 Eighth Avenue | New York, NY 10018 | 212-799-0234**  
[grayspapayanyc.com](http://grayspapayanyc.com)

## Quality Eats

Usually a steak dinner at a nice restaurant can be quite expensive, but Quality Eats bucks that trend and provides a broad and affordable menu. This up-and-coming steak



*New York City is known for its world-class restaurants. However, these eateries can take a chunk out of your wallet and your schedule.*

eatery has locations in NoMad (Madison Square Park North), Greenwich Village and the Upper East Side. The warm, relaxed ambiance makes it a wonderful destination for a night out.

**19 Greenwich Ave. | New York, NY 10014 | 212-337-9988**  
[qualityeats.com](http://qualityeats.com)

### **Sugarfish**

Originally from Los Angeles, Sugarfish's New York branch is worth a visit when you are in the mood for some sushi. The chefs believe in creating incredibly delicious yet simple dishes using only quality ingredients. This is a stylish destination located in the Flatiron District, great for lunch or dinner with a price point that is affordable.

Sugarfish prides itself on a "no tipping" policy.

**33 E 20th Street | New York, NY 10003 | 347-705-8100**  
[sugarfishsushi.com](http://sugarfishsushi.com)

### **Bubby's**

Bubby's, located near the city's Highline, is a great place to head to when your taste buds need some American style food and exceptional desserts. It's reasonably priced, especially when you consider the portion sizes, and there is something on the menu to suit all tastes. For those that like breakfast food at any time of day, you can enjoy pancakes or an omelet for dinner.

**73 Gansevoort Street | New York, NY 10014 | 212-219-0666**  
[bubbys.com](http://bubbys.com)

### **Babbo New York**

Babbo is a Michelin star restaurant that, while it has a higher price point, deserves to be on this list for its exceptional Italian food. For a truly outstanding culinary experience, try one of their tasting menus with a wine pairing.

**110 Waverly Place | New York, NY 10011 | 212-777-0303**  
[babbonyc.com](http://babbonyc.com)

### **Buvette**

With outposts in Paris and Tokyo, this French eatery is located in the West Village. It serves fantastic French food with lots of small plates on offer. The management sources food as locally as possible and really believes in nurturing their relationships with their suppliers. The food is delicious, fresh and all set within a chic setting and an affordable menu. Buvette really shines for brunch, so it's perfect for a weekend visit.

**42 Grove Street | New York, NY 10014 | 212-255-3590**  
[ilovebuvette.com](http://ilovebuvette.com)

### **Minetta Tavern**

This French-style bistro attracts the rich and famous and its price may reflect that. It is also a Michelin star-rated restaurant which is a testament to the mouthwatering food it serves as well as some of the best wine selections available.

**113 Macdougal Street | New York, NY 10012 | 212-475-3850**  
[minettatavernny.com](http://minettatavernny.com) ■

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physicianrecruiter@billingsclinic.org  
billingsclinic.com

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Kait Semon, Medical Staff Coordinator  
ksemon@prairie-care.com

PrairieCare Medical Group, a physician-owned psychiatric healthcare system in the Minneapolis/St. Paul metropolitan area, is recruiting child, adolescent and adult psychiatrists for its Brooklyn Park, Chaska, Edina, Maple Grove, Maplewood, Mankato, Rochester and Woodbury sites. Child and adolescent clinical duties may include treating youth in inpatient, partial hospital, intensive outpatient, residential and clinic settings. Adult patients are served in intensive outpatient programs and busy outpatient clinics with therapist, social work and nursing support on site. Academic appointment on the faculty of the University of Minnesota Medical School possible for interested candidates. Reports to Chief Medical Officer. Requires BC/BE in Psychiatry and unrestricted License to practice medicine in Minnesota.

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| Intensive Outpatient Program<br><i>Children &amp; Adolescents, Adults</i> | • Pediatric Integrative Medicine<br><i>Children &amp; Adolescents</i>  |
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[samhealth.org/DocJobs](http://samhealth.org/DocJobs)

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To learn more about how to bring your talent and passion to Paducah, stop by and see us at APA 2018 (booth 111) or contact:

**Emily Wilson**  
**Director of Physician Recruitment**  
**270-816-2291**  
[eswilson@mercy.com](mailto:eswilson@mercy.com)



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# Saving for Retirement

CONTRIBUTOR: MELANIE GRANO

Retirement planning is an essential but much under-appreciated part of life for any profession. For physicians, planning for retirement presents its own particular challenges, including the high rates of burnout and the high debt levels upon entering the profession.

The 2016 Survey of America's Physicians: Practice Patterns and Perspectives conducted for The Physicians Foundation by Merritt Hawkins reported that 46.8% of physicians plan to accelerate their retirement plans in order to retire early. This is an increase in the number of physicians who reported that they planned to do so compared to the previous survey in 2014. At the same time, a greater number of physicians are continuing to practice beyond the traditional retirement age of 65.

This uncertainty about projected retirement age can make planning for retirement difficult. For a physician just out of medical school, thinking about possible burnout or future retirement isn't at the top of the agenda; there are many competing demands for their salary following years of accruing student debt. However, successful planning that allows for much-needed flexibility requires physicians to start saving for their retirement as early as possible.

## The Importance of Savings

Medscape's 2017 Physician Compensation Report found that the average income for all physicians in the report has risen steadily since 2011. It states average income rose to \$294,000 in 2017. With compensation packages of this kind, retirement planning should be straightforward.

However, the reality isn't so simple. According to the AMA Insure, the average student loan debt a medical student graduated with in 2012 was \$166,750. The Association of American Medical Colleges (AAMC) has found that 79% of medical school graduates carry \$100,000 or more of education debt.


There are many competing demands on a physician's salary, including malpractice insurance, buying a home and the cost of raising a family. Added to this, a physician typically doesn't start achieving higher rates of income until well into mid-career. For those coming late to the profession, the limited time available for paying into a plan creates even more of a challenge.

Given the way pension saving works, a lack of investment into pension schemes and the loss of the potential compound interest during these early years of a career can create a serious hole in pension funding.

## Options for Employed and Self employed

Increasing numbers of physicians are turning to employment rather than self-employment, as the options for pension planning and employer contributions are more readily available.

The Medscape Physician Compensation Report 2016 found that 66% of employed physicians had a retirement plan with employer match, compared to just 39% of self-employed physicians. Those benefitting from retirement plans without employer match was found to be 27% for employed physicians and 25% for self-employed physicians. The findings, while encouraging for the majority of employed physicians, highlight



*For a physician just out of medical school, retirement planning isn't at the top of the agenda. There are many competing demands for their salary following years of student debt.*

# Retirement Savings

a worrying minority who are not paying into a pension plan: 7% of employed physicians and 36% of self-employed physicians.

Self-employed physicians have access to a potential pension plan of sorts, however, if they are able to successfully invest in real estate and equipment, build their private practice and sell the practice to a younger doctor when they reach retirement age. Changes to reimbursement rates and record-keeping compliance requirements are encouraging increasing numbers of physicians into self-employment.

## What You Can Do

Today, it is more important than ever for all physicians to own and be contributing into a pension plan in order to sustain the lifestyle they currently enjoy post-retirement. According to a 2015 survey by Fidelity Investments featured in the Chicago Tribune, nearly 60% of female physicians and 45% of male physicians are not paying in maximum contributions to their retirement plan. Experts recommend contributions of between 15% and 20% of salary.

While it may be difficult for young physicians to see the need to put a significant proportion of their salary into savings for retirement, it is this early planning that can help secure a decent retirement income. It is important to seek expert independent financial advice as early into your career as possible in order to ensure that you choose the right plan and secure the necessary flexibility further down the line.

## Self-Employed Pension Planning

The pension plans available differ for employed and self-employed physicians as well as for physicians working in government facilities and for-profit healthcare facilities.

Self-employed physicians will first need to make the decision about whether they should choose a tax-deferred retirement plan or a tax-qualified pension plan. Plans such as a 401(k) are tax-deferred plans which enable self-employed physicians to defer up to \$18,000 on a pre-tax basis. This rises to an allowance of \$24,000 over the age of 50. After the age of 59½ qualified distributions are taxed as ordinary income.

The most common form of tax-qualified pension plans for self-employed physicians are defined benefit plans, such as the cash balance plan. These provide the option of a lifetime annuity, but via an individual account for each covered employee, complete with a specified lump sum. They offer a higher maximum contribution rate than a 401(k) plan; in 2017, a maximum contribution was \$149,203 versus a 401(k)'s maximum contribution of \$60,000. Contribution limits vary by age, but this type of plan need not necessarily be an alternative to a 401(k) plan; it is possible to own both plans for additional future security.

## Employed Pension Planning

If employed by a facility or an organization, the physician will need to choose whether to use the pension savings plan offered by the employer or to seek an alternative. If the employer is offering to make contributions, this choice is an easy one; the

physician will want to take advantage of this significant benefit and use the employer's plan.

This is likely to be:

- a 401(k) plan, a defined benefit plan that for-profit facilities offer;
- a 403(k) or 457(b) tax-deferred retirement plan offered by non-profit (government or non-governmental) organizations; or
- an Individual Retirement Account (IRA).

Each type of plan has its own characteristics, so it is important to seek expert independent advice to determine which option on the table is right for your retirement goals and whether the retirement plan your employer offers should be supplemented by additional arrangements in order to achieve those goals.

For those physicians choosing to pay into an employer's plan, this doesn't – and shouldn't – preclude the possibility of making additional arrangements beyond the employer's scheme; for example, making further savings contributions to tax-efficient investments in taxable accounts, or making further contributions into a private defined benefit plan.

It is important to seek expert and independent investment advice. However, by far the most important decision that a physician can make when planning their retirement savings is to start preparations as early as possible. ■

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## ABOUT THE AUTHOR

**Melanie Grano** is a freelance business writer and 20-year Journalism veteran who regularly contributes to career-based publications, including *ThirdCertainty* and *Computer Times*.



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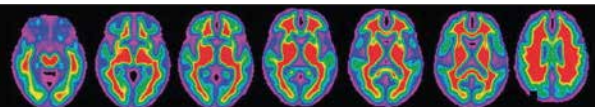


**Combined Research & Clinical Fellowship in Psychiatry at the James J Peters VA Medical Center (JJP VAMC) and the Icahn School of Medicine at Mount Sinai (ISMMS) in New York City**

The Mental Illness Research, Education and Clinical Center (MIRECC) of the New York/New Jersey Veterans Healthcare Network is recruiting psychiatrists for a 2-year fellowship program. The primary goal of the fellowship is to train physicians to become leading clinical recovery-oriented physician-scientists with a focus on serious mental illness and suicidality in veterans.

Our research is internationally recognized in a broad range of areas including cognitive neuroscience, genetics, molecular biology, neuroimaging, electrophysiology, psychopharmacology and implementation science. Fellows' primary appointments will be with JJP VAMC and they will also receive appointments with ISMMS. The MIRECC is directed by Dr. Rene Kahn who also chairs the Department of Psychiatry at ISMMS. For research interests of MIRECC faculty see <http://www.mirecc.va.gov/visn3/ContactInfo.asp>. Mentorship teams can include faculty from ISMMS which has one of the top psychiatry departments for research funding in the country <http://icahn.mssm.edu/about/departments/psychiatry/laboratories>.

Start dates are flexible. To start at the beginning of the academic year, applications must be completed by the end of April of the start year. Applicants must have completed ACGME-accredited residency training, be board eligible or board certified, and have an active, unrestricted U.S. license to practice medicine. For information about the program and application process, contact William Byne, M.D., Ph.D. ([william.byne@mssm.edu](mailto:william.byne@mssm.edu)).





## Child and Adolescent Psychiatrist – Outpatient Consultation Position Full Time \* Multiple locations in New Jersey

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- Document treatment and screening services provided.
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- Participate in educations of Pediatricians as determined in conjunction with the Program Co-Principal Investigators.

**For immediate consideration, please submit your CV to: [Renee.Theobald@HackensackMeridian.org](mailto:Renee.Theobald@HackensackMeridian.org) or contact Renee Theobald at 732.751.3597.**

As the area's premier provider, Hackensack Meridian Behavioral Health Services has provided comprehensive mental health and substance abuse services to the residents of Monmouth, Ocean, and Middlesex Counties for over forty years. Hackensack Meridian Health is dedicated to providing outstanding Behavioral Health Services to all members of our communities.

Hackensack Meridian Health is a leading not-for-profit health care network in New Jersey offering a complete range of medical services, innovative research, and life-enhancing care aiming to serve as a national model for changing and simplifying health care delivery through partnerships with innovative companies and focusing on quality and safety.

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We offer comprehensive healthcare resources to a large and diverse patient population. Psychiatrists are part of a robust team of staff that work in collaboration with other medical specialties to provide integrated health care to patients.

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Please submit a CV and letter of interest directly to:

Dr. Tiffany Ho  
Behavioral Health Medical Director  
[tiffany.ho@hhs.sccgov.org](mailto:tiffany.ho@hhs.sccgov.org)  
(408) 885-5767

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## Better Health for All

# Earn Extra Money on the Side



With the trend towards short-term employment on the rise, physicians have more choices to earn additional income. The old standards of working longer hours or growing one's practice are giving way to the stronger desire for work-life balance. Physician burn-out has also created a desire for physicians to recharge their batteries with varied and intellectually challenging assignments. According to Medscape, engaging in additional work that differs from day-to-day activities has been reported to help fend off burn-out and increase overall professional satisfaction. Earning additional income is not always the primary reason to pursue part-time employment, but it is always helpful to make extra money without impacting your day job. To follow are 6 part-time opportunities available to an entrepreneurial physician.

## Use Your Writing Skills

There is almost no limit to how much a physician can make as a successful writer. Physician authors of text books can earn up to a 15% royalty, depending on the number of sales. Technical writing can pay as much as \$100 per hour. With the right job, talented physicians working solely as technical medical writers can earn as much, if not more than, physicians in clinical practice. Writing can also create opportunities in teaching, consulting and speaking, earning physicians with proven writing skills upwards of \$500 per hour. Additionally, for those who are more passionate about writing, self-publishing a book can create a passive income stream, keeping more of the proceeds in their pocket. For inspiration, Tess Gerritsen, MD (author of the Rizzoli & Isles novels and subsequent TV show) is a successful fiction writer, earning seven figures annually.

## Become a Supervisor for a Practice

There are many independent practices and retail clinics headed up by nurse practitioners or physician assistants that legally require a supervising doctor on staff. The work includes reviewing charts, attending meetings with the practitioner and being available to answer questions as they arise. Calls or emails can range from 10-15 per month according to Fitzgerald Health Education Associates, a test review course provider in North Andover, Massachusetts. Physicians can earn \$10,000 to \$15,000 per year as a supervisor, and the work can be done in their free time.

## Provide Online Consultations

The virtual consultation has become a popular income stream for physicians. Companies like American Well and TelaDoc lease their software to doctors who are doing consultations from the comfort of their home to current and new patients. If state laws permit, online consultation is an easy way to earn extra income because there is no overhead of travel or office space and no need to perform procedures. Also, availability to patients across the country as opposed to just your state or local area, make the potential for growth unlimited. Physicians can even write short term prescriptions as needed and fax or send them directly to the patient's local pharmacy. The average price of a 15-minute virtual consultation can range from about \$15 to \$50.

## Become a Medical Expert

Work as a medical expert can range from reviewing cases to appearing in court as a witness for an attorney. Working behind the scenes reviewing cases can pay \$100-\$300 an hour and doesn't require a court appearance, where the possibility



*Earning additional income is not always the primary reason to pursue part-time work, but it is always helpful to make extra money without impacting your day job.*

of grueling cross-examinations can be unnerving. This can involve evaluating whether a claim has merit or writing reports that are used to adjust or settle cases. Appearing in court as an expert witness requires a strong constitution and an established area of expertise. Steve Babitsky of SEAK Inc., an expert witness training company in Falmouth Massachusetts, advises physicians interested in pursuing this path to create a website and develop a niche. Another route would be to work directly for a service that supplies expert witnesses, like SEAK or TASA Group.

Bear in mind that expert witness work is part-time work in the strictest sense to maintain the physician's legitimacy as an expert. As a result, most lawyers prefer employing a medical expert with legal work limited to 3%-5% of their overall income. Earnings can average \$2,000 to \$5,000 per case.

### Work for a Nursing Home

Physicians caring for nursing home patients usually work part-time to remain focused on quality of care. Dealing with elderly and infirm patients requires deep compassion and infinite patience, which can be difficult for a doctor in a full-time position with several facilities to visit. Reuben Tovar, MD a medical director for 2 nursing home facilities in Austin TX, advises physicians to consider serving as a medical director for these facilities. The job of medical director for a nursing home averages \$70,000-\$80,000 per year and requires at least 20 hours of work per month, according to Simply Hired. This does not include an additional 10 hours per month seeing patients in the facility, which can be done in one day. Medical directors must be empathetic, reliable and specialize in older patients.

The ability to easily interface with staff and family members is also a prerequisite for a good medical director. Physicians who want to pursue the medical director-route can attend classes approved by the American Medical Directors Association (AMDA) to obtain certification.

### Make House Calls

The idea sounds old-fashioned and conjures the image of the bespectacled town physician, black bag in hand, calling on his or her local bedridden patients. However, working for a company or as a freelancer can be a great job for a physician who is not interested in running a brick-and-mortar private practice, or for a new resident or a semi-retired physician winding down his or her private practice. More insurers are nudging physicians toward home visits to reduce hospital admissions. Physicians can earn up to \$70 per visit through companies like Doctors Making Housecalls or Inn House Doctor, and almost twice as much freelancing. Making house calls is ideal for physicians with means to get around quickly and easily and with patients nearby.

Once you decide to become a member of the gig economy, you'll need to visit sites like Freelance MD to investigate what is available in your area. Lastly, keep an open mind - you may determine you've found your true calling and decide to turn your new gig into full-time career. ■

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#### Sources

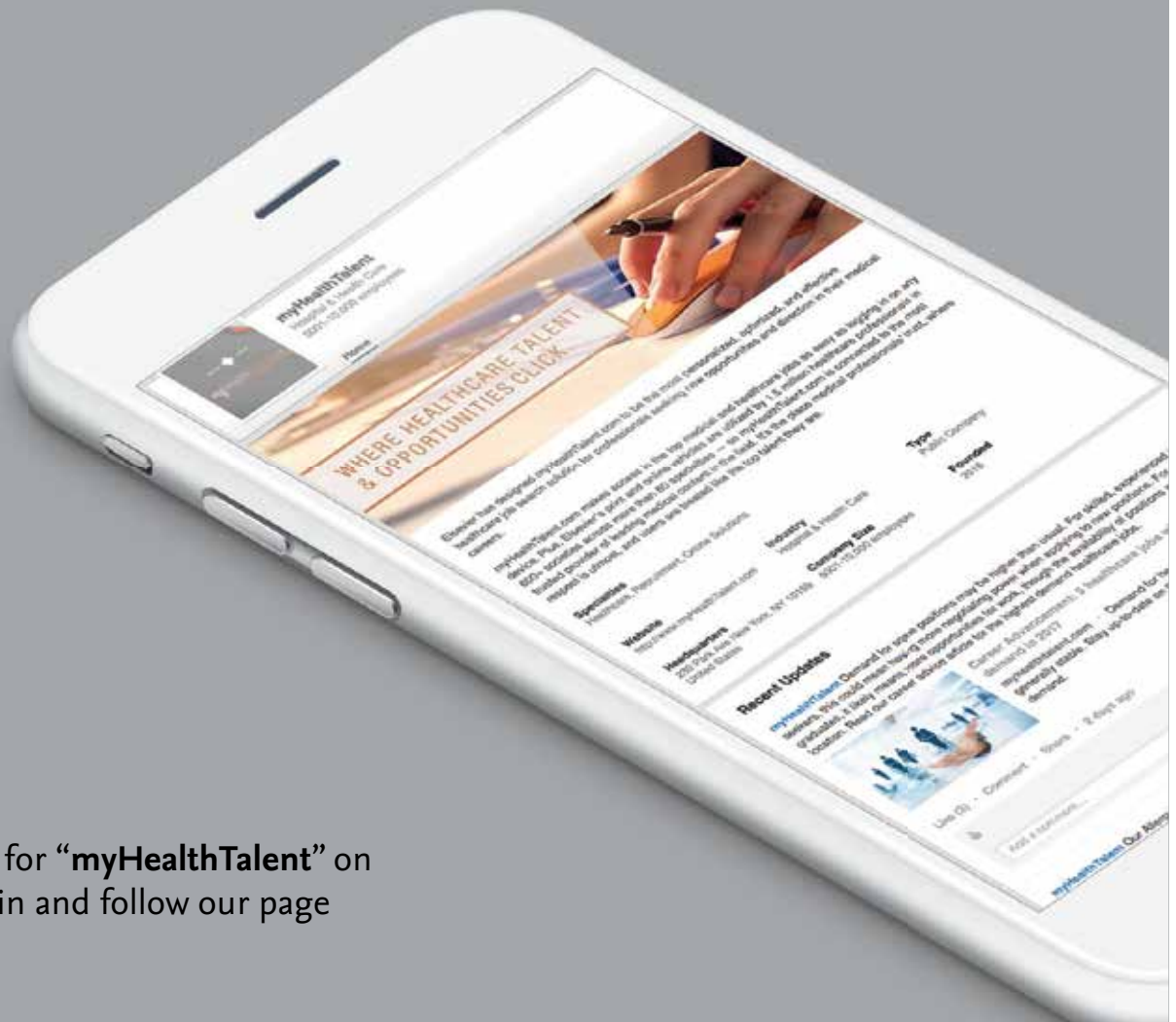
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# Physicians

The growing Department of Psychiatry at the University of Oklahoma School of Community Medicine and OU Physicians – Tulsa seeks candidates in **general psychiatry, geriatrics, child psychiatry, addiction and psychosomatic medicine**. Applicants must be board certified by the American Board of Psychiatry and Neurology (or board eligible with recent completion of an ACGME accredited residency or fellowship) and eligible for an unrestricted medical license in Oklahoma.

Primary responsibilities will include patient care, resident and student teaching, and participation in scholarly activities. The OU-TU School of Community Medicine is a regional campus of the University of Oklahoma, College of Medicine, in partnership with the University of Tulsa. Seven residency programs and 6 subspecialty fellowship programs are offered at the school. The OU Physicians practice offers a full range of care in both inpatient and outpatient settings. A competitive salary and an excellent benefits package are offered.

Tulsa is situated in northeast Oklahoma, a beautiful region of the state known as Green Country. The Tulsa metropolitan area boasts a low cost of living and features an abundance of attractive, yet affordable housing options as well as an excellent selection of public and private schools. Tulsans enjoy a lively music scene, world-renowned art museums, ballet and outstanding entertainment venues.

Interested applicants should send their CV to:

Ondria C. Gleason, M.D.,  
Professor and Chair, Department of Psychiatry  
Ondria-gleason@ouhsc.edu.

The University of Oklahoma is an Equal Opportunity/Affirmative Action Institution <http://www.ou.edu/eoo/>. Individuals with disabilities and protected veterans are encouraged to apply.



## Coliseum Center for Behavioral Health is seeking a Board Certified Psychiatrist to join our team!

- \* Employed, inpatient only position offering a competitive compensation package that includes a comprehensive benefit package
- \* Monday through Friday position patient census split amongst all providers
- \* Weekend Call 1:4 weekday call 1:5
- \* Current staff includes 2 NP's and 3 Psych-Hospitalists
- \* This is a Hospitalist position with expectations of teaching participation.

The unit consists of 42 inpatient beds - 32 Adult and 10 Gero-Psych Inpatient programming consists of an Adult unit, Geriatric unit, STAR (Stress, Trauma, Addiction, Recovery) unit specializing in the treatment of PTSD and a new, busy ECT service. Coliseum Center for Behavioral Health in Macon, Georgia provides mental health services to assist adults with psychiatric disorders in a safe, nurturing environment. For over 30 years, our mental health specialists and psychiatrists have provided individualized treatment plans for our patients, giving them the best chances of a full recovery and stability.

Macon, GA is only an hour drive from Atlanta! It is the 5th largest city in Georgia, situated in the heart of the state, and is the perfect sized city offering many amenities of a larger city with a small town feel. Here you can experience the change of seasons, enjoy outdoor activities year-round and enjoy beautiful lakes and numerous parks. Macon also boasts great shopping with major department stores, as well as, unique boutiques. Macon is a great place for music lovers as the city hosts many concerts throughout the year. Macon is located off of I-75 and I-16, making it easily accessible for travel.

**Melissa Sampson, Physician Recruitment Manager**  
(p): 904-702-6627  
(e): [Melissa.sampson@HCAHealthcare.com](mailto:Melissa.sampson@HCAHealthcare.com)



## Geriatric Psychiatrists BRIGHAM AND WOMEN'S HOSPITAL Department of Psychiatry



The Department of Psychiatry at Brigham and Women's Hospital (BWH) is seeking geriatric psychiatrists or specialty-trained psychiatrists with relevant expertise to lead and grow our outpatient clinical geriatric psychiatry and collaborative care efforts. Geriatric Psychiatry at BWH builds upon departmental and institutional strengths in Neuropsychiatry, Medical Psychiatry, and Alzheimer's Disease research and treatment, and is committed to the advancement of evidenced-based treatments across the full range of therapeutic modalities. BWH is a primary teaching hospital of Harvard Medical School. Successful candidates will demonstrate a commitment to clinical excellence, innovation and scholarship. They will be integral to the mission of teaching and clinical training of medical students, residents and fellows. Applicants are required to have an MD or equivalent degree with board certification or board eligible status.

Academic rank at Harvard Medical School will be commensurate with experience, training and achievements.

**If interested, please send your CV to:**  
**Nancy Donovan, MD, Director of Geriatric Psychiatry**  
Department of Psychiatry  
Brigham and Women's Hospital  
60 Fenwood Road, 4th floor, Boston, MA 02115  
[njdonovan@bwh.harvard.edu](mailto:njdonovan@bwh.harvard.edu)

*Harvard Medical School and Brigham and Women's Hospital are Affirmative Action/Equal Opportunity Employers. We strongly encourage applications from women and minorities.*

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## IU Health Physicians



Indianapolis, the 12th largest U.S. city, is a sophisticated city blending charm and culture with a wonderful balance of business and leisure.

Indiana University Health Physicians, a nationally ranked academic healthcare organization has employment opportunities for Adult Outpatient Psychiatrists to join their dynamic team in Indianapolis, IN.

- Strong compensation package with forgivable loans
- Flexible work schedule available
- Established multidisciplinary team comprised of 7 physicians and 3 advanced providers
- Emphasis on group culture and partnership

**For more information or to submit your CV,  
please forward to:**

**Gretchen Nolte  
Physician Recruiter  
Indiana University Health.**

**[GNolte@iuhealth.org](mailto:GNolte@iuhealth.org) | 317.962.6681**



## Ozark Center

COMPREHENSIVE BEHAVIORAL HEALTH SERVICES  
An entity of Freeman Health System

At Ozark Center, psychiatrists play an integral role in providing comprehensive behavioral health services to children, adults and families in Joplin and surrounding communities.

**417.347.7600**

**[ozarkcenter.com](http://ozarkcenter.com)**

[careers\\_oc@freemanhealth.com](mailto:careers_oc@freemanhealth.com)



**Crisis Services**  
800.247.0661

**Will's Place**  
(Child and Family  
Mental Health)

**Adult Services**  
(Psychiatry and  
Mental Health)

**Bill & Virginia  
Leffen Center  
for Autism**

**New Directions**  
(Substance Use)

**Turnaround  
Ranch**  
(Youth Residential)



**Hackensack  
Meridian Health**

## PSYCHIATRY OPPORTUNITIES

New Jersey

**Hackensack Meridian Health** is a leading not-for-profit health care network in New Jersey offering a complete range of medical services, innovative research, and life enhancing care aiming to serve as a national model for changing and simplifying health care delivery through partnerships with innovative companies and focusing on quality and safety.

As the area's premier provider, **Hackensack Meridian Behavioral Health Services** has provided comprehensive mental health and substance abuse services to the residents of Monmouth, Ocean, and Middlesex Counties for over forty years. We are currently accepting applications for Psychiatrists to join our Mental Health and Addiction Interdisciplinary Teams in the following positions:

- Consultation Liaison Psychiatrist – Jersey Shore University Medical Center-Neptune, NJ
- Geriatric Psychiatry – Private Practice setting with Opportunity to teach Psychiatry Residents, Ocean County, NJ
- Staff Psychiatrist – Riverview Medical Center, Red Bank, NJ
- Medical Director of Adult Inpatient Unit – Riverview Medical Center, Red Bank, NJ
- Outpatient Psychiatry – Bay Behavioral Health – Old Bridge, NJ
- Staff Consultation – Hackensack Behavioral Health – Hackensack, NJ

In addition to our collegial work environment, we offer a highly competitive compensation package which includes: medical/dental plans, 403(b) retirement plan, and relocation assistance. **For immediate consideration, please contact Renee Theobald, at: [Renee.Theobald@hackensackmeridian.org](mailto:Renee.Theobald@hackensackmeridian.org) or call: 732 751-3597.**

**HACKENSACK MERIDIAN HEALTH**  
[www.hackensackmeridianhealth.org](http://www.hackensackmeridianhealth.org)  
*An Equal Opportunity Employer M/F/D/V*



**NEW YORK**  
STATE OF  
OPPORTUNITY.

**Office of  
Mental Health**

Rockland Children's Psychiatric Center is seeking General/Child Psychiatrists (Board Certified/Eligible) and Psychiatric Nurse Practitioners, full and/or part time for some evenings and some weekends for inpatient. Day positions available for outpatient clinics and Intensive Day Treatment Programs in Sullivan, Dutchess and Ulster Counties.

Interested applicants, please contact  
Dr. Sadhana Sardana  
Clinical Director  
at 845-680-4030 or e-mail their CV at  
[sadhana.sardana@omh.ny.gov](mailto:sadhana.sardana@omh.ny.gov)

## Practice in a Physician-Led Organization!

Community Health Network is the **largest behavioral health provider** in Central Indiana and we are proud to be one of the first networks in the nation to create and implement a **Center for Physician Well-being and Professional Development!**

### *Our Opportunities Include:*

- Core Residency Clinical Faculty
- Addiction Psychiatry
- Inpatient (Child & Adolescent, Adult)
- Outpatient (Adult)



### Why Practice at Community?

- A multi-disciplinary, supportive team approach to patient care
- Generous salary and benefits package, including incentives
- Physician-led organization; one of the first health networks in the nation to implement a Center for Physician Well-being & Professional Development
- A large, multi-specialty employed physician group (Community Physician Network)
- Community doctors rank #1 nationally in patient satisfaction.
- For the second consecutive year, Community Physician Network is ranked #1 in the nation for overall ambulatory provider rating and likelihood to recommend.

**Community Health Network** offers the most behavioral healthcare system in Indiana – including inpatient and outpatient services for all ages and levels of care.

- The Behavioral Health Pavilion, a full service, 9-unit, 123-bed inpatient behavioral care hospital on the Community Hospital North campus. Crisis services twenty-four hours a day, seven days a week by phone or in person.
- ACGME-Accredited Psychiatry Residency Program, capacity for four residents in each class.
- Extensive outpatient behavioral care services provided in five central Indiana counties.

*For more information about Psychiatry opportunities with Community Health Network, contact:*  
*Sarah Holland, Senior Network Physician Recruiter*  
*Phone: 317-621-1999 | Email: [SHolland@ecommmunity.com](mailto:SHolland@ecommmunity.com)*

# ADVANCING MENTAL HEALTH AND THEIR CAREERS TO SERVE THOSE WHO HAVE SERVED US.

*THIS IS PSYCHIATRY AT VA*



As a VA psychiatrist, you'll serve as a core member of an interdisciplinary team responsible for assessing and treating mental illness through a combination of psychotherapy, hospitalization and medication to treat several of today's most urgent mental health issues, including post-traumatic stress disorder (PTSD). And, with only one active state license needed to practice throughout the U.S. and its territories, you'll be able to create a career path—and make a difference in Veterans' lives—wherever you choose.

**For more information about Psychiatry jobs at the Southern Arizona VA Health Care System, contact David Tweedy at (520) 792-1450 extension 6213 or email [david.tweedy@va.gov](mailto:david.tweedy@va.gov). Ready to apply? Apply online at [usajobs.gov](https://usajobs.gov)**

**VA**



**U.S. Department of Veterans Affairs**  
Veterans Health Administration



**[VAcareers.va.gov](https://VAcareers.va.gov)**