Career Guide

EMERGENCY MEDICINE
SAN DIEGO, CA

October 2018

- San Diego: Explore The Pacific Coast
- Tackling Physician Burnout
- Preparing For a Career Break
Tower Health is seeking Emergency Medicine physicians across its six acute-care hospitals to help serve a population of more than 2.5 million across southeastern Pennsylvania!

Spotlight: Reading Hospital in West Reading, PA

- #1 Busiest Emergency Department in Pennsylvania
- #8 Busiest Emergency Department in the US in 2017
- Over 50 physicians treating 135,000+ patients annually
- Adult Fast Track
- Opening Fall 2018: 16-bed self-contained Pediatric Emergency Unit
- 120 Beds; 100+ specialty and multi-purpose treatment rooms

CURRENTLY HIRING:
Emergency Medicine Physicians
Pediatric Emergency Medicine Physicians

The Reading Hospital Emergency Medicine Residency

With 120 ED beds, Reading Hospital’s EM residents practice in an outstanding clinical environment with a large variation of patient conditions and populations. The curriculum has been designed to expose residents to a multitude of experiences throughout their training to ensure they’re equipped to practice Emergency Medicine in any setting. Energetic and forward-thinking residents are sought to join our team!

For more information, contact:
Carrie Moore, MBA
484-628-8153
Carrie.Moore@towerhealth.org

Visit our websites:
towerhealth.org
careers.towerhealth.org

Equal Opportunity Employer
Contents

4
San Diego offers sun, surf & more for the whole family. Explore what sparks your interest.

10
Read about techniques for Tackling Physician Burnout.

12
Find out more about Preparing For a Career Break.

Publisher Elsevier
Art Director Tamara Thomas
Ad Sales Philip Prigal

Produced by TPT Press
San Diego: Explore the Pacific Coast
Explore the natural beauty and history of San Diego

When you think of California’s beaches and warm climate, the Pacific Coast city of San Diego comes to mind. This eighth-largest US city has been called “the birthplace of California” and is fast becoming a healthcare development and biotechnology research center, thanks in part to the presence of the University of California, San Diego Medical Center.

Visitors, for their part, adore San Diego’s mild year-round climate, world-famous attractions and friendly, easy-going downtown vibe. The following top five attractions will make your visit to San Diego feel like you’ve officially spent time in California.

La Jolla Shores & Sea Caves
La Jolla shores is a mile-long beach with soft sand, clean water and gentle waves, making it ideal for sun bathers and nascent surfers. It is consistently ranked one of the best family-friendly beaches in the United States with its grassy picnic areas, a cheerful playground and the nearby Kellogg Park. La Jolla shores also boasts fire pits and volleyball courts and offers a limited number of beach wheelchairs. Dogs are permitted before 9am and after 6pm (4pm winter months) daily.

La Jolla Sea Caves is an underwater marine preserve consisting of 7 sister caves formed from a 75-million-year-old sandstone cliff. This seaside cavern is replete with sightings of seals, sea lions, dolphins, pelicans, (gentle) leopard sharks and other wildlife. The caves are situated in one of the most beautiful settings, with picturesque Torrey Pines State Park’s cliffs and La Jolla as its backdrops. Kayaking tours for cave exploration are available year-round for all skill levels, given optimal ocean conditions. La Jolla Coast Walk trail offers hiking from La Jolla Shores beach to La Jolla Cove.

As if the abundant outdoor activities weren’t enough, La Jolla also has a beautiful seaside village with opportunities for shopping and dining for every budget. You can easily make a day of the “Jewel City” and experience everything it has to offer. lajollabythesea.com

Balboa Park
Named for the Spanish maritime explorer Vasco Nuñez de Balboa, Balboa Park is a 1,200-acre urban cultural park managed and maintained by the Parks and Recreation Department of San Diego. In addition to open space areas, gardens, walking paths and natural vegetation, there is also the world-famous San Diego Zoo. The Park also offers multiple attractions like art studios, carousel ride and a mini railroad. It is home to fifteen major museums such as Marston House, Centro Cultural de la Raza and Fleet Science Center. The Botanical Garden, California Native Plant Garden and Alcazar Garden are a few of the cultural attractions among Balboa Park’s lush gardens. Performing Arts in the Park offer family fun with Marie Hitchcock Puppet Theater and dancing at Bon Temps Social Club.

balboapark.org

Mission Beach/Coronado Beach
The classic boardwalk beach with almost two miles of oceanfront boardwalk, Mission Beach offers rental shops, miniature golf, bumper cars, rock climbing and an arcade. Belmont Park, an amusement park on the boardwalk featuring the Giant Dipper Roller Coaster is a main attraction for the millennial crowd with plenty of bars and a hot nightlife scene. Walking, jogging and biking are permitted on the boardwalk. Surfing boogie boarding and kite-boarding are also popular activities.
For a more romantic or family-friendly beach setting, Coronado’s long sandy beaches are just the ticket. Consistently voted one of America’s finest beaches, the sand literally sparkles thanks to mineral mica. Take a stroll along Orange Avenue’s shops and restaurants with a backdrop of homes and mansions and the Hotel del Coronado (featured in Marilyn Monroe’s 1958 film “Some Like It Hot”). Drive across the 200-foot tall Coronado Bridge and treat yourself to one of the best views in San Diego. Enjoy the tranquil waters of the San Diego Bay while enjoying views of San Diego.

sandiego.org/explore/things-to-do/beaches-bays.aspx

Gaslamp Quarter
The Gaslamp Quarter is a historic 16½ block district in Downtown San Diego near the Convention Center. The Gaslamps became a symbol of the district during its redevelopment in the 1980s despite their not being the main source of lighting. Formerly known as New Town, it is the site of numerous entertainment and nightlife venues, festivals and other events, including Mardi Gras, Taste of Gaslamp and Street Scene Music Festival. Much of the architecture of the district date back to the Victorian Era and are still used today by tenants who operate restaurants, shops and nightclubs.

In the heart of Gaslamp is Michael J. Wolfe Fine Arts. It has been the premiere location for original works and fine arts exhibits from international, national and up-and-coming local artists for almost 20 years. Gaslamp District also has theatres offering entertainment from movies to musical acts and dining at restaurants ranging from hip to high end.

gaslamp.org

Torrey Pines State Reserve
Hiking trails, plants and animals abound in this geological wonder located in La Jolla. This Natural Preserve is 2,000 acres of the wildest land on the California Coast, with 1,500 acres remaining as it was before San Diego was even developed! It gives you an idea of how the Kumeyaay people, California’s original inhabitants, lived on the unspoiled lands and how it must have looked to early settlers. Visitors the world over go to Torrey Pines to enjoy the breathtaking overlooks, to walk the trail or to generally be at one with nature.

Because Torrey Pines is a natural reserve, there are restrictions in place to protect the beaches, the lands, the plants and the animals that inhabit them. No food or drinks are permitted (no trash cans are provided to drive home this rule). No pets are allowed anywhere in the reserve. Groups of 25 or more visitors must obtain a permit to be on the land.

Visit the website for details on free public walking tours.

torreypine.org
EMERGENCY MEDICINE FACULTY

Weill Cornell Medicine’s new academic Department of Emergency Medicine, led by Dr. Rahul Sharma, is seeking motivated full-time residency-trained academic Emergency Medicine faculty. We are seeking candidates to join a diverse enthusiastic group of academic Emergency Physicians at one of the premier academic medical centers in the nation.

For the 2017-18 period, New York Presbyterian Hospital ranked No. 8 in the nation and No. 1 in the New York Metropolitan area US News & World Report Best Hospitals rankings.

The Emergency Department at New York Presbyterian-Weill Cornell Medical Center serves as one of the major campuses of the fully accredited four-year New York Presbyterian Emergency Medicine Residency Program. Our Emergency Department is a high volume, high acuity regional trauma, burn and stroke center caring for more than 90,000 adult and pediatric patients. Several faculty also have the opportunity to work at our New York Presbyterian-Lower Manhattan Hospital ED campus, is a busy community hospital seeing 45,000 annual visits.

We offer programs in Medical Toxicology, Geriatric Emergency Medicine, Wilderness Medicine, Global Emergency Medicine, Simulation and Ultrasound. We have dedicated medical scribes and have implemented several innovative initiatives focusing on telehealth, education, improving operational efficiency and the patient experience.

We offer a highly competitive salary, a comprehensive benefits package, and a generous retirement plan. Academic appointment at Weill Cornell Medicine and salary will be commensurate with experience.

New York Presbyterian Hospital-Weill Cornell Medicine is an equal opportunity employer-Minorities/Women/Vets/Disabled encouraged to apply.

Please send curriculum vitae and cover letter to:

Rahul Sharma, MD, MBA, CPE, FACEP
Chair of Emergency Medicine
ras2022@med.cornell.edu

New York Presbyterian Hospital-Weill Cornell Medicine is an equal opportunity employer-Minorities/Women/Vets/Disabled encouraged to apply.

Have a career at Presbyterian.
Have a life in New Mexico.

Presbyterian is hiring emergency medicine-trained physicians to join our emergency department teams throughout New Mexico in Albuquerque, Socorro and Ruidoso.

Position and Location Highlights

• Join one of our fast-paced teams in New Mexico’s largest metropolitan area including Albuquerque, Rio Rancho or Santa Fe
• Work at one of our newest facilities, a combined emergency and urgent care clinic, opening in 2019 in Albuquerque
• Become part of the team at Socorro General Hospital where you can live the smaller community life, not too far from the city
• Enjoy the mountain oasis of the cool pines in Ruidoso at Lincoln County Medical Center

To learn more about Presbyterian, visit us at www.phs.org/careers and apply to join the team.

AA/EEO/VET/DISABLED/NMHR.
PHS is committed to ensuring a drug-free workplace.

www.phs.org/careers
The Department of Emergency Medicine at Rutgers Robert Wood Johnson Medical School, one of the nation’s leading comprehensive medical schools, is currently recruiting Emergency Physicians and Medical Toxicologists to join our growing academic faculty.

Robert Wood Johnson Medical School and its principal teaching affiliate, Robert Wood Johnson University Hospital, comprise New Jersey’s premier academic medical center. A 580-bed, Level 1 Trauma Center and New Jersey’s only Level 2 Pediatric Trauma Center, Robert Wood Johnson University Hospital has an annual ED census of greater than 90,000 visits.

The department has a well-established, three-year residency program and an Emergency Ultrasound fellowship. The department is seeking physicians who can contribute to our clinical, education and research missions. Qualified candidates must be ABEM/ABOEM certified/eligible. Salary and benefits are competitive and commensurate with experience. Subspecialty training is desired but not necessary.

For consideration, please send a letter of intent and a curriculum vitae to:

Robert Eisenstein, MD, Chair, Department of Emergency Medicine
Rutgers Robert Wood Johnson Medical School
1 Robert Wood Johnson Place, MEB 104, New Brunswick, NJ 08901
Email: Robert.Eisenstein@rutgers.edu
Phone: 732-235-8717 · Fax: 732 235-7379

Our location in the Bronx is easily accessible from Manhattan, New Jersey, Westchester and New York City’s other boroughs.

For more information, please contact:
Daniel G. Murphy, MD, MBA, Chairman
dmurphy@sbhny.org, 718.960.6103

St. Barnabas Hospital has changed its name to SBH Health System. As a leader in the transformation of healthcare, SBH Health System brings you a new model of care that focuses on health and wellness, prevention of illness and caring for the whole you.

SBH Health System
BRONX

Emergency Medicine Opportunities in Greater Boston

Join our fully democratic, physician-led practice that serves multiple community EDs and Urgent Care Centers affiliated with the tertiary, academic Beth Israel Deaconess Medical Center (BIDMC) in Boston.

Robust compensation package with quarterly incentive plan distribution. Exciting and collaborative environment with standardized clinical practices, quality systems, and fully integrated EHR to ensure excellence in patient care.

Learn more at https://hmphysicians.org/emergency-medicine
Personalize your healthcare career search with the power of Elsevier.

At myHealthTalent.com, your professional success is our personal mission.

- Introducing the most individualized, optimized, and effective job search solution for medical professionals
- Create an account and start connecting with top employers
- Gain instant access to new career opportunities at leading medical institutions and practices
- Subscribe to customized job alert emails to immediately receive information on new job postings in your specialty, setting, or location
- Log in on any device, and peruse wherever and whenever you choose
- Put your career in the hands of Elsevier, the world-leading provider of information solutions for medical professionals

Make your job search personal, professional, and powerful.

Log in now at myhealthtalent.com
EMERGENCY MEDICINE FELLOWSHIP OPPORTUNITIES

Healthcare Leadership and Management Fellowship with Executive MBA/MS:
The two-year Healthcare Leadership and Management Fellowship, which also includes completion of the combined Executive MBA/MS in Healthcare Leadership program offered through Weill Cornell Medicine and the Cornell University SC Johnson College of Business.

- Two-year non-ACGME fellowship with PGY level salary
- Full tuition for Executive MBA/MS in Healthcare Leadership from the SC Johnson College of Business & Weill Cornell Medicine
- Clinical shifts built around MBA/MS program
- Ideal candidates are recent Emergency Medicine Residency graduates or Junior Faculty with a proven managerial & leadership track records, who are committed to gaining invaluable leadership experience while earning a graduate-level management degree

Please find additional EMBA/MS program information at: http://bit.ly/2kJv2xz
Please submit CVs and cover letters to:
Rahul Sharma, MD, MBA, CPE, FACEP
Chairman, Emergency Medicine
ras2022@med.cornell.edu
Robert Tanouye, MD, MBA - Assistant Fellowship Director
rt9046@med.cornell.edu

Simulation Education Fellowship:
The Simulation Education Fellowship at New York-Presbyterian/Weill Cornell Medicine is accepting applications for the 2018-2019 academic year. The Simulation Education Fellowship at New York-Presbyterian/Weill Cornell Medicine is a unique one-year, non-ACGME fellowship designed to provide qualified healthcare professionals with the experiential learning opportunities to become leaders in simulation education. The fellow will work with experts in medical education, develop simulation curricula, design a research project, become technically proficient in simulation operations, and learn to manage a simulation program.

Please submit CVs and cover letters to:
Kevin Ching, MD – Director, Simulation Center
simulation@med.cornell.edu

Global Health Research Fellowship:
The newly formed Weill Cornell Medicine academic Department of Emergency Medicine, in partnership with the Weill Cornell Center for Global Health, is proud to announce the launch of its Emergency Medicine Global Health Research Fellowship. This unique fellowship training program is specifically designed to prepare Emergency Physicians for academic careers in global health research. This three-year fellowship includes field-based research at an established Weill Cornell international research site, formal instructions in research methods, interdisciplinary mentorship from NIH-funded faculty members, and clinical service at New York Presbyterian-Weill Cornell Medical Center’s Emergency Department.

Eligible applicants are graduates of an adult or pediatric emergency medicine residency training programs who express a commitment to become clinician-scientists focused on global health research. We will accept one to two trainees per year into the program. Applicants are encouraged to have prior global health experience. Applicants with Masters and/or PhD degrees or prior fellowships are also encouraged to apply, and the program can be adapted to provide them with more advanced training.

Please find both program and application information at: https://bit.ly/2kx9PPE
Please submit CVs and cover letters to:
Radhika Sundararanjan, MD, PhD
ras9199@med.cornell.edu
Jane Torres-Lavoro, MPH
jt2015@med.cornell.edu

EMERGENCY MEDICINE FACULTY

Weill Cornell Medicine’s new academic Department of Emergency Medicine, led by Dr. Rahul Sharma, is seeking motivated full-time residency-trained academic Emergency Medicine faculty. We are seeking candidates to join a diverse enthusiastic group of academic Emergency Physicians at one of the premier academic medical centers in the nation.

For the 2017-18 period, New York Presbyterian Hospital ranked No. 8 in the nation and No. 1 in the New York Metropolitan area US News & World Report Best Hospitals rankings.

The Emergency Department at New York Presbyterian-Weill Cornell Medical Center serves as one of the major campuses of the fully accredited four-year New York Presbyterian Emergency Medicine Residency Program. Our Emergency Department is a high volume, high acuity regional trauma, burn and stroke center caring for more than 90,000 adult and pediatric patients. Several faculty also have the opportunity to work at our New York Presbyterian-Lower Manhattan Hospital ED campus, is a busy community hospital seeing 45,000 annual visits.

We offer programs in Medical Toxicology, Geriatric Emergency Medicine, Wilderness Medicine, Global Emergency Medicine, Simulation and Ultrasound. We have dedicated medical scribes and have implemented several innovative initiatives focusing on telehealth, education, improving operational efficiency and the patient experience.

We offer a highly competitive salary, a comprehensive benefits package, and a generous retirement plan. Academic appointment at Weill Cornell Medicine and salary will be commensurate with experience.

New York Presbyterian Hospital-Weill Cornell Medicine is an equal opportunity employer-Minorities/Women/Vets/Disabled encouraged to apply.

Please send curriculum vitae and cover letter to:
Rahul Sharma, MD, MBA, CPE, FACEP
Chair of Emergency Medicine
ras2022@med.cornell.edu

New York Presbyterian Hospital-Weill Cornell Medicine is an equal opportunity employer-Minorities/Women/Vets/Disabled encouraged to apply.
Burnout is the state of mental and physical exhaustion caused by one’s professional life. The term was first used by the psychologist Herbert Freudenberger, the author of *Burnout: The High Cost of Achievement* to describe the consequences of people in high-stress careers with set ideals. Freudenberger noted that burnout was particularly prevalent in ‘helping’ professions like healthcare. In fact, burnout is on the rise in the medical industry. According to the Medscape Physician Lifestyle Report 2017, 51% of the participants (over 14,000 participants) reported suffering from burnout. That’s up from 46% in 2015 and 40% in 2013.

Burnout also appears to be more common in women than in men. Approximately 55% of women in the 2017 study reported burnout compared to 45% of men. Conversely, 45% of men and 39% of women reported being happy at work.

**Why Physicians Suffer Burnout**

Healthcare is a high-stress industry, making it ripe for burnout. There are a number of things that can cause burnout:

- Long, demanding hours
- Pressure from patients or colleagues
- Employer issues
- Work overload
- Too many administrative challenges

Problems outside of work can also lead to burnout. Marital issues, family problems, and financial worries are all major contributors. Understanding how at risk you are for burnout as a physician is important. Once you know what can trigger it, you can begin to develop preventive coping mechanisms to head it off at the pass.

**How to Identify and Avoid Physician Burnout**

Unfortunately, there are no quick fixes when dealing with burnout. Realizing that you are suffering from the condition is a great first step, however. The following steps won’t all work for you, but one or two could provide the solution you need to get rid of burnout.

**See your doctor** It may seem counter-intuitive to visit another medical professional given your training, but a physician trained in Stress Management can offer a different perspective and identify issues that may be aggravating the issue. Existing medical conditions, nutritional imbalances, and lack of sleep can all play a part and add to the feeling of burnout.

**Be aware of your feelings** When you’re feeling burned out, it can be difficult to determine exactly how you feel and what is wrong, which can add to your stress levels. Being present in the moment is a great way to zero in on exactly how you feel as you are feeling it, so you can isolate any triggers that might not previously have been obvious to you. Doing this frequently throughout the day, even if it’s just for a couple of seconds, can help you understand how you feel and why. Once you know how you feel - whether you are stressed, angry, tense, or tired - and why you feel this way, you can take steps to fix it.

**Exercise more** Exercise can be a great stress reliever. If you feel like you are suffering from symptoms of burnout and you don’t have an exercise plan, consider incorporating it into your daily routine. Health professionals have some of the busiest
lives of any profession, but even 10 minutes of jumping rope or yoga stretches in the morning can help you focus.

**Talk to people**  Reaching out to friends, family and even colleagues can be a great way to relieve stress. Even if you only tell someone how you are feeling at that very moment, saying it out loud can help you understand how you feel. Speaking to other professionals can help you understand that other may feel the way you do. Knowing that you are not alone can be a big help.

**Get away from it all**  If you’re burned out at work, trying to power through it is not the answer. Instead, take a break and try to get away from it all. It doesn’t have to be for a week; a weekend can work, too. A change of scenery could be just the thing you need to recharge your battery.

**Be open to new opportunities**  Quitting your job may seem like the most straightforward solution, but there’s no guarantee that you won’t feel exactly the same way in your new job. Before considering quitting, implement some of the strategies above that can help you relieve stress and achieve a better work-life balance. If you still feel burned out after a couple of months of implementing these coping techniques, then you should take a closer look at your hours and responsibilities and consider other career options that will work best for you (ex: locum tenens work; seeing less patients; relocating to a rural setting).

Remember, it’s normal to feel stressed in any profession. But when feeling fed up becomes the norm, it’s time to take steps to deal with burnout before it affects your entire life.
EMERGENCY MEDICINE CAREER GUIDE

EMERGENCY MEDICINE FELLOWSHIP OPPORTUNITIES

Healthcare Leadership and Management Fellowship with Executive MBA/MS:

Two year Healthcare Leadership and Management Fellowship, which also includes completion of the combined Executive MBA/MS in Healthcare Leadership program offered through Weill Cornell Medicine and the Cornell University SC Johnson College of Business.

- Two year non ACGME fellowship with PGY level salary
- Full tuition for Executive MBA/MS in Healthcare Leadership from the SC Johnson College of Business & Weill Cornell Medicine
- Clinical shifts built around MBA/MS program
- Ideal candidates are recent Emergency Medicine Residency graduates or Junior Faculty with a proven managerial & leadership track records, who are committed to gaining invaluable leadership experience while earning a graduate-level management degree

Please find additional EMBA/MS program information at: http://bit.ly/2ktV2vx

Please submit CVs and cover letters to:
Rahul Sharma, MD, MBA, CPE, FACEP
Chairman, Emergency Medicine
ras2022@med.cornell.edu
Robert Tanouye, MD, MBA - Assistant Fellowship Director
rot9046@med.cornell.edu

Simulation Education Fellowship:

The Simulation Education Fellowship at New York-Presbyterian/Weill Cornell Medicine is accepting applications for the 2018-2019 academic year.

The Simulation Education Fellowship at New York-Presbyterian/Weill Cornell Medicine is a unique one year, non-ACGME Fellowship designed to provide qualified healthcare professionals with the experiential learning opportunities to become leaders in simulation education. The fellow will work with experts in medical education, develop simulation curricula, design a research project, become technically proficient in simulation operations, and learn to manage a simulation program.

Please submit CVs and cover letters to:
simulation@med.cornell.edu
Kevin Ching, MD – Director, Simulation Center

Global Health Research Fellowship:

The newly-formed Weill Cornell Medicine academic Department of Emergency Medicine, in partnership with the Weill Cornell Center for Global Health, is proud to announce the launch of its Emergency Medicine Global Health Research Fellowship. This unique fellowship training program is specifically designed to prepare Emergency Physicians for academic careers in global health research. This three-year fellowship includes field based research at an established Weill Cornell international research site, formal instructions in research methods, interdisciplinary mentorship from NIH-funded faculty members, and clinical service at New York Presbyterian-Weill Cornell Medical Center’s Emergency Department.

Eligible applicants are graduates of an adult or pediatric emergency medicine residency training programs who express a commitment to become clinician-scientists focused on global health research. We will accept one to two trainees per year into the program. Applicants are encouraged to have prior global health experience. Applicants with Masters and/or PhD degrees or prior fellowships are also encouraged to apply, and the program can be adapted to provide them with more advanced training.

Please find both program and application information at: https://bit.ly/2Ix7PIC

Please submit CVs and cover letters to:
Radhika Sundararajan, MD, PhD
ras9199@med.cornell.edu
Jane Torres-Lavoro, MPH
jat2033@med.cornell.edu

EMERGENCY MEDICINE CAREER GUIDE

VICE CHAIR OF RESEARCH AND ACADEMIC EMERGENCY MEDICINE FACULTY POSITIONS AVAILABLE

emearthanford.edu/jobs.html
EMERGENCY MEDICINE RESEARCH FACULTY

Weill Cornell Medicine’s new academic Department of Emergency Medicine, led by Dr. Rahul Sharma, seeks Clinician Research faculty to join the Department at the Assistant, Associate or professor level on the Investigation Pathway. The successful candidate should have the requisite experience and training to continue a successful research career, and have a strong record of scholarship with national recognition in clinical, translational, biomedical, or health services research. Of particular interest are candidates who have experience with varied funding mechanisms. Faculty rank will be determined by the qualifications and experience of the successful candidate.

We are particularly interested in candidates who have expertise and a track record of funding in Healthcare Innovation, Technology Development, Informatics, EMS, Global EM, Wilderness Medicine, Pediatric EM, Medical Education, Resuscitation Medicine, and Simulation.

We offer a highly competitive salary, a generous support package to ensure the candidates transition and continued success, a comprehensive benefits package, and a generous retirement plan. Research infrastructure needed for success is already present within the Department, including research coordinators, a Research Associate Program, statistical support, and administrative support.

In addition to providing excellent care, and teaching house staff and medical students, the new clinician researcher will mentor junior colleagues, engage in the training mission of the department, and create collaborations throughout the medical center. He or she is expected to focus on creating new knowledge, securing extramural research funding, producing scholarly output, and engaging in the educational component of our program as it relates to research.

The Emergency Department at New York Presbyterian-Weill Cornell Medical Center serves as one of the major campuses of the fully accredited four-year New York Presbyterian Emergency Medicine Residency Program. Our Emergency Department is a high volume, high acuity regional trauma, burn and stroke center caring for more than 90,000 adult and pediatric patients. Faculty also have the opportunity to work at our New York Presbyterian-Lower Manhattan Hospital ED campus, which is a busy community hospital seeing 45,000 annual visits.

We offer programs in Medical Toxicology, Geriatric Emergency Medicine, Wilderness Medicine, Global Emergency Medicine, Simulation and Ultrasound. In addition, we offer fellowships in Geriatric Emergency Medicine, Healthcare Leadership and Management, Pediatric Emergency Medicine as well as PA and NP residencies in Emergency Medicine.

Please send curriculum vitae and cover letter to:

Sunday Clark, ScD, MPH
Chair of Search Committee
Weill Cornell Medicine
suc2010@med.cornell.edu

New York Presbyterian Hospital-Weill Cornell Medicine is an equal opportunity employer
Minorities/Women/Vets/Disabled encouraged to apply.
Preparing For a Career Break

CONTRIBUTOR: MELANIE GRANO

For physicians, planning ahead for a career break can help make a return to work easier. If you are thinking of taking personal or professional time off, there are some factors you will need to consider.

There are a number of things physicians can do prior to taking a career break that will make the transition back to work less stressful, in addition to running more smoothly.

1. Identify potential problems
2. Plan ahead
3. Give plenty of notice
4. Keep good records
5. Retain your license, if possible
6. Continue professional memberships
7. Keep up with Continued Medical Education (CME)
8. Continue to practice - with a reduced schedule or volunteer
9. Stay up to date with changing professional standards and re-entry requirements
10. Be prepared to adjust your plans and expectations

Keep in mind that each state has its own re-entry requirements and definitions of what constitutes a break.

1. Potential Problems
If you are expecting to return to the medical profession, you will need to start thinking about how to leave and how you wish to return as early as possible before even beginning the formal process. While there are differences from state to state, they share one common characteristic: the difficulty of re-entering the profession after a prolonged period away, especially if you have allowed your license to expire while on leave.

Of course, state medical boards have a duty to protect the public, so they require that returning physicians demonstrate clinical competency through CME, and board interviews.

2. Have a Plan
Investigate the specifics of your own state and specialty; research the state regulations and your medical specialty requirements carefully, but don’t rely on this information alone. Speak directly with your state board to discuss its policies with particular consideration given to your own individual specificities, and identify any potential hurdles you might encounter.

Once you understand what is required to reinstate your medical profession after taking a break, you can begin to plan based upon your own goals and specialty. You’ll need to consider whether it makes financial sense to retain your license, how you will continue with CME and how you will demonstrate continued competency to the relevant boards prior to your return. If possible, begin with your expected return to work date and plan backwards from there. Keep in mind that, depending upon your state, you may need to share your re-entry plan with your state licensure board.
3. Giving Notice
We’ve already noted the importance of planning ahead to give yourself plenty of time to prepare for your break and your re-entry to the profession. It is also important to extend this time to prepare the other people involved.

If you are employed and plan on returning to the same facility, you will need to liaise closely with your Human Resources department and medical staff leadership in order to understand the processes for leaving and returning. There may be specific rules around timely notification for a leave of absence and you will need to understand the possibilities and processes for maintaining or restoring hospital credentials.

Even if you aren’t planning to return to the same facility, communicate with Human Resources and the medical leadership teams as early as you can. Early notice doesn’t just make it easier for your employer to find a suitable replacement for you, it can help you ease your return to the field. You don’t want to burn bridges with people who can help you stay up-to-date with current practices and upon whom you will rely to provide references for you when you do return.

For physicians with their own practice, the issues are different, but still benefit from early action. You may need to seek legal counsel, depending upon the practice structure and legal arrangements. Make arrangements for the notification and transfer of your patients and their medical records to other physicians in the practice. Securing malpractice insurance tail coverage may be essential to cover you in case of malpractice claims being brought after a claims-made insurance policy is terminated.

4. Paperwork
Keeping good records of your professional activities before and during your leave of absence should help to smooth re-entry. Before you leave, secure written references from senior colleagues, medical associates and practice or hospital managers. Continue to keep records of CME and any clinical practice undertaken during the period of your career break.

5. Licensing
Maintaining your license is the best way to ease your return to work. It can be significantly harder to regain a license once it has been allowed to expire. However, the financial implications of maintaining your license do need to be considered. The financial impact of taking a break from the profession is significant enough. It can become a real burden if you need to add that to the cost of maintaining your license with the state licensure, board certification, credentialing, memberships of professional organizations and – potentially – insurance (either malpractice tail insurance, or for continuing your regular malpractice insurance if you plan to work part-time or on a voluntary basis). If you are able to cover these costs, however, your ability to return to work will be considerably enhanced; it is a worthwhile investment if you can afford it.

6. Professional Memberships
National, state and local professional organizations can provide a good way of keeping up-to-date with the medical profession,
current clinical and procedural practice, and your colleagues. The potential for networking and CME that your membership in these organizations affords you is often a good reason for maintaining your membership.

Some organizations offer reduced membership rates for clinically inactive members – ask your professional organizations what support they can offer you.

7. Continuing Medical Education
Keep detailed records of all reading, online learning, training, volunteering and clinical practice you undertake during your leave of absence. Collecting references from colleagues whom you have worked alongside is a vital part of demonstrating your continued competence.

Reach out to your local medical school as it may be able to help you meet some of your CME requirements as well as providing networking and paid work opportunities.

Stay in touch with the profession by keeping your seat on any boards or committees, or finding a professional who is happy to mentor you during your time off.

8. Work Part-Time
Working part-time or on a locum or voluntary basis is the best way to keep up your skills. Continuing to work, even with a minimum schedule, will help you to demonstrate continuing competence when you are ready to return to full-time work.

In addition, the compensation may help to cover some of the costs of maintaining your license. Try to establish a good relationship with a good local locum tenens agency and ensure that you work with an agent who understands your priorities.

If you put in these hours out of state, or in a different country, make sure you keep records, get references, and seriously consider maintaining your state license in your home state as well. Of course, any clinical practice will be helpful but, if you can, aim to cover each aspect of the clinical practice to which you plan to return.

Nevertheless, however interested you are to secure continued clinical practice hours, don’t leave yourself exposed. Ensure that for every venture, you meet your obligations in terms of license, certification, malpractice insurance and any necessary permissions or credentialing.

9. Physician Re-entry
As previously mentioned, it will be much easier for you to return to the profession if you keep your license current. While this may require considerable effort and expense, it is likely worth it (if you are in a position to do so).

Maintaining competency and connections will also help with your peace of mind and help sustain the confidence you will need to manage the return to work.

10. Adjust Your Plans
The need to plan ahead is fundamental to minimizing the hurdles you will face. However, it is likely that your plan will need to evolve over the course of your career break. As the American Medical Association (AMA) and Federation of State Medical Boards (FSMB) continue to press for a more cohesive and standardized approach to physician re-entry, it is likely that state requirements and policies will change. You will need to stay ahead of these changing expectations and adjust your return-to-work plan accordingly.

Sources:
State Requirements - Federation of State Medical Boards fsmb.org
Report 6 of the Council on Medical Education: Physician Re-entry, American Medical Association ama-assn.org
Resources for Physicians Returning to Clinical Practice, American Medical Association ama-assn.org

ABOUT THE AUTHOR
Melanie Grano is a freelance business writer and 20-year Journalism veteran who regularly contributes to career-based publications, including ThirdCertainty and Computer Times.
Join now for FREE, automatic updates on topics in:

- Cardiology
- Dermatology
- Diabetes
- Eye Care
- Gastroenterology
- Neurology
- Oncology
- Primary Care
- Urology
Opportunities in Pennsylvania's Busiest ED!


Tower Health is seeking Emergency Medicine physicians across its six acute-care hospitals to help serve a population of more than 2.5 million across southeastern Pennsylvania!

Spotlight: Reading Hospital in West Reading, PA
- #1 Busiest Emergency Department in Pennsylvania
- #8 Busiest Emergency Department in the US in 2017
- Over 50 physicians treating 135,000+ patients annually
- Adult Fast Track
- Opening Fall 2018: 16-bed self-contained Pediatric Emergency Unit
- 120 Beds; 100+ specialty and multi-purpose treatment rooms

CURRENTLY HIRING:
Emergency Medicine Physicians
Pediatric Emergency Medicine Physicians

The Reading Hospital Emergency Medicine Residency
With 120 ED beds, Reading Hospital’s EM residents practice in an outstanding clinical environment with a large variation of patient conditions and populations. The curriculum has been designed to expose residents to a multitude of experiences throughout their training to ensure they’re equipped to practice Emergency Medicine in any setting. Energetic and forward-thinking residents are sought to join our team!

For more information, contact:
Carrie Moore, MBA
484-628-8153
Carrie.Moore@towerhealth.org

Visit our websites:
towerhealth.org
careers.towerhealth.org

Equal Opportunity Employer
Emergency Physician
for Huntsville Hospital

Employed group of more than 35 physicians is looking to expand. Physicians work 9, 10 and 12-hour shifts. The position also offers teaching opportunities with UAB MS3 and MS4, Family Practice and Internal Medicine Residency programs. The opportunity includes coverage in three separate EDs: a community ED at Madison Hospital, a Level I Trauma Center at Huntsville Hospital, and a Pediatric ED at Huntsville Hospital for Women & Children. Our Emergency Departments consist of 100 beds and treat approximately 160,000 patients per year.

Huntsville Hospital is a 941-bed hospital that serves as the regional referral center for north Alabama and southern Tennessee. The hospital has 24/7 Hospitalist, Radiology, Cardiology, Trauma, Orthopedic and Neurosurgical coverage. The hospital also has dedicated Adult, Cardiovascular, Neurological and Pediatric ICUs.

For more information contact Suzanne LeCroix
(256) 265-9639 | suzanne.lecroix@hhsys.org

Huntsville, AL
Huntsville is situated in the fastest growing major metropolitan area in Alabama with the highest per capita income in the southeast. With a population of 386,661 in the metro area, Huntsville is a high-tech, family oriented, multi-cultural community with excellent schools, dining and entertainment. It is nestled at the foothills of the Appalachian Mountains with an abundance of indoor and outdoor activities.

- Named one of the top 30 fastest growing major metros in the country – U.S. Census
- Top 10 Places for Innovation – USA Today
- Named one of the Top 50 Best Places to Raise Children in the U.S. — Business Week
- Ranked in World’s Top Ten Smartest Cities — Forbes Magazine

Competitive salaries and excellent benefits
- Health, life, vision, dental, disability insurance
- 401(k)
- Annual CME allowance
- Professional liability insurance and assistance with mandatory hospital credentialing and state licensing, and reimbursement of associated fees

huntsvillehospital.org
Penn State Health is committed to affirmative action, equal opportunity and the diversity of its workforce. Equal Opportunity Employer – Minorities/Women/Protected Veterans/Disabled.

What We’re Offering:
• We’ll foster your passion for patient care and cultivate a collaborative environment rich with diversity
• Salaries commensurate with qualifications
• Sign-on bonus
• Relocation assistance
• Retirement options
• Penn State University Tuition Discount
• On-campus fitness center, daycare, credit union, and so much more!

What the Area Offers:
We welcome you to a community that emulates the values Milton Hershey instilled in a town that holds his name. Located in a safe family-friendly setting, Hershey, PA, our local neighborhoods boast a reasonable cost of living whether you prefer a more suburban setting or thriving city rich in theater, arts, and culture. Known as the home of the Hershey chocolate bar, Hershey’s community is rich in history and offers an abundant range of outdoor activities, arts, and diverse experiences. We’re conveniently located within a short distance to major cities such as Philadelphia, Pittsburgh, NYC, Baltimore, and Washington DC.

What We’re Seeking:
• Experienced leaders with a passion to inspire a team
• Ability to work collaboratively within diverse academic and clinical environments
• Demonstrate a spark for innovation and research opportunities for Department
• Completion of an accredited Emergency Medicine Residency Program
• BE/BC by ABEM or ABOEM
• Observation experience is a plus

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

Susan B. Promes, Professor and Chair, Department of Emergency Medicine c/o Heather Peffley, Physician Recruiter, Penn State Health Milton S. Hershey Medical Center 500 University Drive, MC A595, P O Box 855, Hershey PA 17033 Email: hpeffley@pennstatehealth.psu.edu or apply online at: hmc.pennstatehealth.org/careers/physicians

Penn State Health is committed to affirmative action, equal opportunity and the diversity of its workforce. Equal Opportunity Employer – MINORITY/WOMEN/PROTECTED VETERANS/DISABLED.