



Career Guide

OPHTHALMOLOGY VANCOUVER, BC

April 2019



Faculty Opportunity Department of Pediatric Ophthalmology

We have an exciting opportunity to add a pediatric ophthalmologist to our growing practice at Cincinnati Children's Hospital Medical Center. Our current practice comprises eight pediatric ophthalmologists, six pediatric optometrists, and an orthoptist. Last year, we had over 36,800 outpatient encounters including many patients from across the country and around the world. We are looking for applicants who hold either an MD, and is interested in a busy, rewarding clinical practice with a research component, or an MD-PhD, who is interested in combining clinical practice with a strong research component in either clinical or basic science. We would also welcome applicants with subspecialty capability in cornea or oculoplastics.

The candidate may apply at the faculty rank of assistant, associate, or full professor depending on qualifications and past experience. We have an attractive compensation and benefits package. Compensation is generally greater than or equal to the 75th percentile of the AAPOS benchmark within three years of establishing a practice, with many opportunities to grow and advance once here.

Cincinnati Children's Hospital ranks second among pediatric hospitals in the United States according the US News and World Report, and our research endeavors garner the second highest amount of funding from the National Institutes of Health for all children's hospitals and pediatric departments nationwide. We are affiliated with the University of Cincinnati, College of Medicine. Cincinnati is also an affordable community with a thriving arts and music scene, professional baseball and football teams, and numerous recreational facilities such as the Cincinnati Zoo, Newport Aquarium, and Kings Island amusement park. It has been recognized nationally as an up-and-coming city to watch that is as fulfilling for young professionals as it is comfortable for raising a family.

Interested and qualified candidates can reach out to Michael Yang, MD (Division Director), during this meeting at michael.yang@cchmc.org or by cell at 513-543-0461. They may also send curriculum vitae and letter of interest to:

C. Scott Byington, Business Director Cincinnati Children's Hospital Medical Center Scott.Byington@cchmc.org

CCHMC is an Equal Opportunity Employer. Qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, age, genetic information, physical or mental disability, military or veteran status, sexual orientation, or other protected status in accordance with applicable federal, state, and local laws and regulations





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Publisher Elsevier Art Director Tamara Thomas Ad Sales Alexis Graber/Phil Prigal

5 Ways to Enjoy Vancouver

Great things to do in Canada's largest metropolitan city.

ancouver, the most densely populated city and third largest metropolitan area in Canada, has been ranked as having the fourth-highest quality of living of any city in the world according to a Mercer Survey, and it shows. As such, this vibrant, laid back city is bursting with so much worth shoe-horning time in to explore. Trying to see and experience everything British Colombia's biggest city has to offer can easily become an overwhelming exercise without a plan. Lucky for you, here are five suggestions for how to enjoy your time there:

Harbour Air Seaplanes

One way to see Vancouver fairly quickly is to take a seaplane sightseeing tour. During your 30-minute sightseeing flight, you'll catch views of Vancouver's main attractions, including Stanley Park and the 2010 Olympic buildings. From the sky you can enjoy the sights of downtown Vancouver without being amidst the hustle and bustle of the crowded streets. Have your camera ready to take fantastic pictures. After your time soaring above the city, your pilot brings your seaplane down for a water landing in the harbor. Your tour will end at the same downtown location where you met your pilot. The perfect adventure to pack into a busy afternoon.

http://www.harbourair.com

Stanley Park Horse-Drawn Tours

Looking to do something a little more relaxing? Step aboard an old-fashioned horse-drawn vehicles and wander in comfort through the natural beauty of Stanley Park, Vancouver's Thousand Acre wonderland. A professional guide fully narrates the tour which highlights Deadman's Island, Vancouver's Harbour, Lions Gate Bridge, a Coastal Red Cedar Forest, and

includes stops at the Totem Poles, the Girl in a Wet Suit statue, the S.S. Empress of Japan Figurehead, and the Rose Garden. http://www.stanleypark.com/index.html

Capilano Suspension Bridge

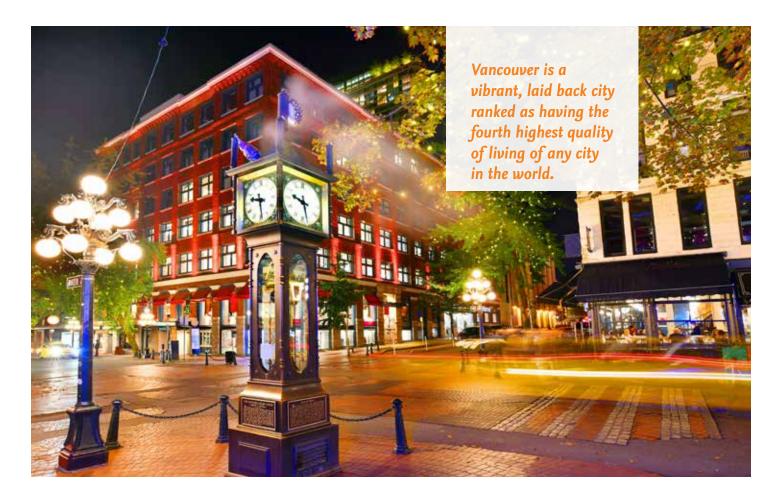
If you are looking to do something that is quintessential Vancouver, try a walk across the Capilano Suspension Bridge. As Vancouver's oldest tourist attraction (the original bridge was built in 1889), you get to take in rain-forest scenery as well as test your mettle enduring the bridge's swaying, 450-foot cedar-plank suspension construction that hangs 230 feet above the rushing Capilano River. Across the bridge is the Treetops Adventure, where you can walk along 650 feet of cable bridges suspended among the trees. If you're even braver, you can follow the Cliffwalk, a series of narrow cantilevered bridges and walkways hanging out over the edge of the canyon.

For those who prefer *terra firma*, Vancouver's breathtaking landscaping only adds to the city's walking appeal. In spring, flowerbeds spill over with tulips and daffodils, while sea breezes scatter scented cherry blossoms throughout Downtown. During summer months, office workers take to the beaches, parks, and urban courtyards for picnic lunches and laptop meetings.

http://www.capbridge.com

Forbidden Vancouver

For the more adventurous at heart, The Forbidden Vancouver Tours are a must. Located in Gas Town, you can explore backstreets and alleyways to learn about the city's past through stories of debauchery, pestilence and other mayhem during a guided evening walking tour. Discover stories of Vancouver's



scandalous history in this incredible adventure.

http://www.forbiddenvancouver.ca

Secret Food Tours

Hungry after all that adventure? Try a food tour, also located in Gastown. Named the 4th most stylish neighborhood in the world and located on Vancouver's beautiful waterfront. Experienced tour guides will take you to the best restaurants that only the locals know, where you can taste the dishes unique to the city. They're also passionate about sharing the stories of what made this area the national historic site of Canada it is today. You will also learn more about Vancouver and Canadian culture and other essentials to do while sampling great eats.

http://www.secretfoodtours.com/vancouver

After all of this fun, if you decide you never want to go home, who can blame you?



Cataract Surgeon

Bassett Healthcare Network, a progressive health care network in central New York and major teaching affiliate of Columbia University, is seeking a Cataract Surgeon to join a busy ophthalmology department based in the lovely village of Cooperstown, NY.

Pertinent Highlights Include:

- 6 Ophthalmologists and 6 Optometrists
- Opportunities exist for both research and teaching if interested.
- Currently there are specialists in retina, cornea, pediatrics and glaucoma. Sub-specialty interest in glaucoma, cornea or Oculoplastics would be welcome.
- The support staff is well trained and experienced in both the clinic and operating room.
- Group employed model with competitive salary
- Comprehensive benefit package, including but not limited to medical, dental, CME, relocation assistance and paid malpractice insurance
- Forbes' 2018 America's Best Mid-Size Employers

Bassett Healthcare Network is an integrated health care system that provides care and services to people living in an eight county region in Central New York. The organization includes six corporately affiliated hospitals, as well as skilled nursing facilities, community and school-based health centers, and health partners in related fields.

For confidential consideration, please contact:

Debra Ferrari, Medical Staff Recruitment Phone: 607-547-6982; email: debra.ferrari@bassett.org or visit our web-site at www.experiencebassett.org EOE



The Division of Ophthalmology at the University of Vermont College of Medicine, in alliance with the University of Vermont Medical Center, is seeking an academic neuro-ophthalmologist. This individual must have completed a board approved 3- or 4-year ophthalmology residency or a 3-year neurology residency and a clinical neuro-ophthalmology fellowship, and be board certified or board eligible, and eligible for medical licensure in the State of Vermont. The successful applicant will be appointed at the Assistant/Associate Professor level in the Clinical Scholar Pathway, commensurate with years of experience and accomplishments.

Duties will include providing clinical care to neuro-ophthalmology patients, teaching the principles of ophthalmology to medical students and undergraduate students in Allied Health programs, providing teaching experience for residents in training, developing basic and/or clinical research, and performing additional departmental and/or sectional administrative duties as assigned by the Chair of the Department of Surgery.

This is a full-time, 12 month, salaried, faculty appointment and carries with it attending staff privileges at The University of Vermont Medical Center. Salary is competitive and commensurate with ability and experience.

Located in Burlington, the University of Vermont Medical Center serves as Vermont's only academic medical center. Burlington is a vibrant community located on the shores of Lake Champlain, between the Adirondack and Green Mountains. With year-round recreational opportunities, safe communities and excellent schools, this progressive community has been frequently cited as one of the most livable cities in the U.S.

ACADEMIC NEURO-OPHTHALMOLOGIST

The University is especially interested in candidates who can contribute to the diversity and excellence of the academic community through their research, teaching, and/or service. Applicants are requested to include in their cover letter information about how they will further this goal.

The University of Vermont is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability, protected veteran status, or any other category legally protected by federal or state law. The University encourages applications from all individuals who will contribute to the diversity and excellence of the institution.

Interested individuals should apply online at http://www.uvmjobs.com/postings/32453 (position number 006035). Inquiries may be directed to Dr. Brian Kim c/o Kristin Allard at Kristin.Allard@uvmhealth.org





We're rapidly expanding in the Mid-Atlantic and are seeking board certified and fellowship trained ophthalmologists to join our world-class team in Norfolk and Virginia Beach.

- Fellowship Trained Anterior Segment, Cornea, High Volume Cataract Surgeon
- Fellowship Trained Glaucoma, High Volume MIGS Surgeon
- Fellowship Trained Oculoplastic Surgeon
- Board Certified Comprehensive Ophthalmic Surgeon

If you have an excellent reputation, proven track record, strong work ethic and a desire to work collaboratively with community optometrists and MDs, please forward your CV directly to Karen Spencer, CEO at **kspencer@vec2020.com**.

ABOUT US

Virginia Eye Consultants is a proud partner practice of CVP and a leading comprehensive and subspecialty ophthalmology practice in the Mid-Atlantic. We are a high volume, high pathology practice with an impeccable reputation, internationally known doctors and a nationally renowned referral network.

We are a physician-led organization with 18 providers and state-of-the-art facilities in four clinics, including an ambulatory surgery center.



We offer extraordinary benefits and unparalleled opportunities in a five-star setting.





etirement planning is an essential but much underappreciated part of life for any profession. For physicians, planning for retirement presents its own particular challenges, including the high rates of burnout and the high debt levels upon entering the profession.

The 2016 Survey of America's Physicians: Practice Patterns and Perspectives conducted for The Physicians Foundation by Merritt Hawkins reported that 46.8% of physicians plan to accelerate their retirement plans in order to retire early. This is an increase in the number of physicians who reported that they planned to do so compared to the previous survey in 2014. At the same time, a greater number of physicians are continuing to practice beyond the traditional retirement age of 65.

This uncertainty about projected retirement age can make planning for retirement difficult. For a physician just out of medical school, thinking about possible burnout or future retirement isn't at the top of the agenda; there are many competing demands for their salary following years of accruing student debt. However, successful planning that allows for much-needed flexibility requires physicians to start saving for their retirement as early as possible.

The Importance of Savings

Medscape's 2017 Physician Compensation Report found that the average income for all physicians in the report has risen steadily since 2011. It states average income rose to \$294,000 in 2017. With compensation packages of this kind, retirement planning should be straightforward.

However, the reality isn't so simple. According to the AMA Insure, the average student loan debt a medical student graduated with in 2012 was \$166,750. The Association of American Medical Colleges (AAMC) has found that 79% of medical school graduates carry \$100,000 or more of education debt.

There are many competing demands on a physician's salary, including malpractice insurance, buying a home and the cost of raising a family. Added to this, a physician typically doesn't start achieving higher rates of income until well into mid-career. For those coming late to the profession, the limited time available for paying into a plan creates even more of a challenge.

Given the way pension saving works, a lack of investment into pension schemes and the loss of the potential compound interest during these early years of a career can create a serious hole in pension funding.

Options for Employed and Self employed

Increasing numbers of physicians are turning to employment rather than self-employment, as the options for pension planning and employer contributions are more readily available.

The Medscape Physician Compensation Report 2016 found that 66% of employed physicians had a retirement plan with employer match, compared to just 39% of self-employed physicians. Those benefitting from retirement plans without employer match was found to be 27% for employed physicians and 25% for self-employed physicians. The findings, while encouraging for the majority of employed physicians, highlight



a worrying minority who are not paying into a pension plan: 7% of employed physicians and 36% of self-employed physicians.

Self-employed physicians have access to a potential pension plan of sorts, however, if they are able to successfully invest in real estate and equipment, build their private practice and sell the practice to a younger doctor when they reach retirement age. Changes to reimbursement rates and record-keeping compliance requirements are encouraging increasing numbers of physicians into self-employment.

What You Can Do

Today, it is more important than ever for all physicians to own and be contributing into a pension plan in order to sustain the lifestyle they currently enjoy post-retirement. According to a 2015 survey by Fidelity Investments featured in the Chicago Tribune, nearly 60% of female physicians and 45% of male physicians are not paying in maximum contributions to their retirement plan. Experts recommend contributions of between 15% and 20% of salary.

While it may be difficult for young physicians to see the need to put a significant proportion of their salary into savings for retirement, it is this early planning that can help secure a decent retirement income. It is important to seek expert independent financial advice as early into your career as possible in order to ensure that you choose the right plan and secure the necessary flexibility further down the line.

Self-Employed Pension Planning

The pension plans available differ for employed and selfemployed physicians as well as for physicians working in government facilities and for-profit healthcare facilities.

Self-employed physicians will first need to make the decision about whether they should choose a tax-deferred retirement plan or a tax-qualified pension plan. Plans such as a 401(k) are tax-deferred plans which enable self-employed physicians to defer up to \$18,000 on a pre-tax basis. This rises to an allowance of \$24,000 over the age of 50. After the age of $59^{1/2}$ qualified distributions are taxed as ordinary income.

The most common form of tax-qualified pension plans for self-employed physicians are defined benefit plans, such as the cash balance plan. These provide the option of a lifetime annuity, but via an individual account for each covered employee, complete with a specified lump sum. They offer a higher maximum contribution rate than a 401(k) plan; in 2017, a maximum contribution was \$149,203 versus a 401(k)'s maximum contribution of \$60,000. Contribution limits vary by age, but this type of plan need not necessarily be an alternative to a 401(k) plan; it is possible to own both plans for additional future security.

Employed Pension Planning

If employed by a facility or an organization, the physician will need to choose whether to use the pension savings plan offered by the employer or to seek an alternative. If the employer is offering to make contributions, this choice is an easy one; the physician will want to take advantage of this significant benefit and use the employer's plan.

This is likely to be:

- a 401(k) plan, a defined benefit plan that for-profit facilities offer;
- a 403(k) or 457(b) tax-deferred retirement plan offered by non-profit (government or non-governmental) organizations; or
- an Individual Retirement Account (IRA).

Each type of plan has its own characteristics, so it is important to seek expert independent advice to determine which option on the table is right for your retirement goals and whether the retirement plan your employer offers should be supplemented by additional arrangements in order to achieve those goals.

For those physicians choosing to pay into an employer's plan, this doesn't – and shouldn't – preclude the possibility of making additional arrangements beyond the employer's scheme; for example, making further savings contributions to tax-efficient investments in taxable accounts, or making further contributions into a private defined benefit plan.

It is important to seek expert and independent investment advice. However, by far the most important decision that a physician can make when planning their retirement savings is to start preparations as early as possible. ■

Sources

Survey of America's Physicians: Practice Patterns and Perspectives (September 2017) – Merrit Hawkins

2016 Physician Survey (September 2016) – The Physicians Foundation

Medical School Student Loan Debt, the Numbers (April 2014) – AMA Insurance Blog

A systematic review of physician retirement planning, Michelle Pannor Silver, Angela D. Hamilton, Aviroop Biswas, and Natalie Irene Warrick (November 2016) – Human Resources for Health

Study finds many doctors don't save enough for retirement, Janet Kidd Stewart (December 2015) - Chicago Tribune

Medscape Physician Compensation Report 2016 (April 2016) - Medscape

Types of Retirement Plans - United States DEPARTMENT OF LABOR

ABOUT THE AUTHOR

Melanie Grano is a freelance business writer and 20-year Journalism veteran who regularly contributes to career-based publications, including *ThirdCertainty* and *Computer Times*.

Doctor, can you be credentialed quickly and easily?

A complete professional profile makes that possible and will also help physician recruiters identify you for open positions.

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to update your professional data

FREE on our secure portal.

(MDs or DOs – including residents)

If you previously registered on this site, just login (use Forgot Password if necessary) **Otherwise...**

Just click the FIRST TIME USER button.

Complete registration once.

Then update your professional details.

Bookmark the site to return as often as you like. (We'll remind you once a year.)



The Official Physician Professional Data Form



Victoria Eye Center is seeking a board certified/board eligible Retina Specialist with fellowship training. The ideal applicant will be interested in a high volume medical and surgical practice in an area where specialized retina care is underserved, as other specialists are 2 hours away. Exceptional income potential, benefits, relocation assistance, and partnership track are available for the right candidate.



About Victoria Eye Center

- Established in 1995
- · Serves a population of 200,000
- Current team of collegial doctors: 1 ophthalmologist and 6 optometrists
- State-of-the-art equipment
- Advanced practice management systems
- Excellent staff including proficient medical scribes to assist our doctors
- 4 satellite offices, just a short drive from our main location
- Physician owned, accredited, two-room, well equipped, cutting edge and spacious ASC is located on-site

To submit your confidential inquiry, please send CV to lesley.alstrom@victoriaeyecenter.com

Career Guide

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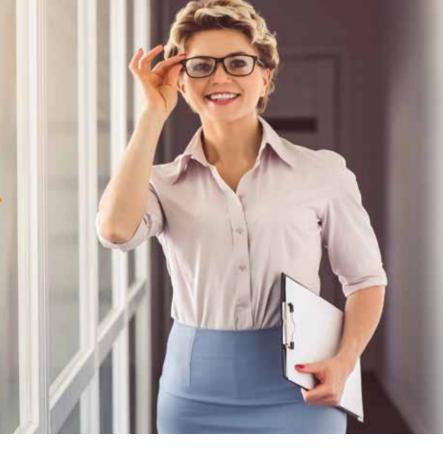
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Becoming a Physician Advisor at Your Hospital



A s hospitals strive to remain profitable and competitive in today's health care environment, the addition of a Physician Advisor (PA) to the administrative staff is viewed as not only good for business but also as good for patients.

Once a role typically filled by physicians who were nearing retirement, the Physician Advisor has evolved into a position that is part compliance expert, part patient care coordinator, and part hospital administrator. The PA's role is to perform in an advisory capacity with:

- Utilization of Hospital Resources (Level of Care and Length of Stay)
- Documentation and Compliance
- Clinical Review of Patients
- Medical Necessity Protocol
- Care/Case Management with Physicians and Staff
- Quality of Care Provided
- Referrals to Alternative Facilities (Physical Therapy, Hospice, etc.)
- Insurance Claims (Appeals of Denials)
- Informing Physicians About Regulatory Changes
- Informing Staff About ICD Code Changes and Interpretation
- Patient Satisfaction

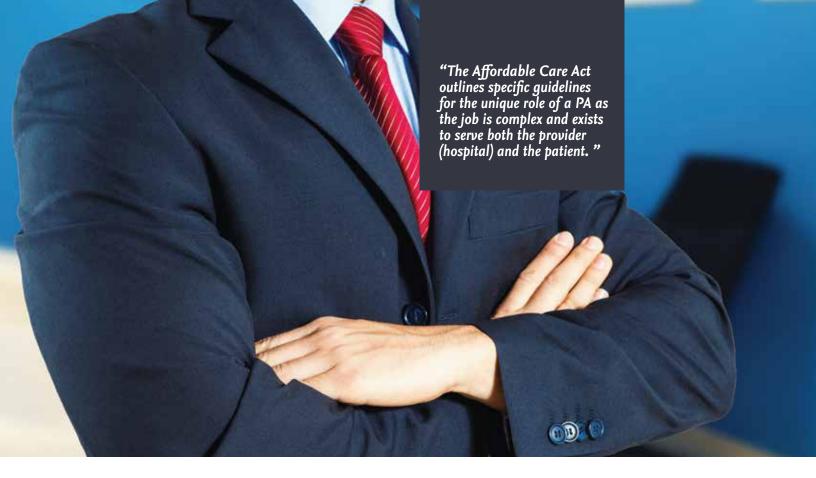
· Physician Peer Review

The Affordable Care Act outlines specific guidelines for the unique role of a PA as the job is complex and exists to serve both the provider (hospital) and the patient. This pivotal position serves as a bridge between the hospital's clinical staff and the administrative staff and works to improve communication on all levels. As a result of this increased interaction between physicians, staff, and patients, the patients recieve better care.

With the ever-changing compliance environment, a PA must stay informed and current about every aspect of patient care from quality of care to medical necessity guidelines. The PA serves as a liaison to ensure that the patient receives appropriate care and that all medical services rendered are correctly submitted for reimbursement. When necessary, the PA coordinates the appeal process if an insurance claim is denied.

What Knowledge and Expertise Do You Need?

A medical degree and experience in utilization management is the ideal background for a PA. Degrees in Internal Medical, Family Practice, or Emergency Medicine are particularly useful due to the broad background provided by these specialty areas. Naturally, other specialty areas of medicine can also provide the appropriate background to perform well as a PA. Success as a PA is always



dependent on the unique combination of training, experience, and temperament of any given individual.

Medical knowledge is integral to the PA's role in peer review activities as well as in the process of appealing health insurance claim denials. Because the PA coordinates and supervises a wide range of activities with the hospital's medical and administrative staff as well as with patients, their families, and health insurance carriers, excellent communication skills are a necessity.

Temperament Is Key

Is a PA role right for you? Even if you have a stellar background in medicine and can point to years of success as a physician, a PA position may still not be a good fit for you. The successful PA brings a broad medical knowledge to the job as well as a comprehensive understanding of utilization management and necessity of care protocols, an interest in keeping current with compliance and insurance regulations, and a passion to deliver quality care to patients. But there is still one key ingredient that can't be taught in any medical school or hospital setting – temperament. Do you have the communication skills of a seasoned diplomat to help you navigate the choppy waters when you must make a recommendation or suggestion that is contrary to what a physician has ordered or what the

staff is accustomed to providing in a similar case? Always maintaining that delicate balance between advisor and advocate is the mark of a successful and valuable PA.

In addition to the daily interactions with physicians, patients, patients' families, and hospital staff, a PA also has to commit to a heavy load of committee work and meetings on topics such as "Quality of Care, "Safety," and "ICD 10 Updates." Attending (or running) these topic-specific meetings and/or workshops is integral to the successful performance of a PA's duties.

This is an exciting and growing area of medicine – one that has a direct effect on a hospital's bottom line. As a PA, you can not only ensure that your hospital receives every reimbursement dollar that is appropriate from insurance, but you also assist in helping the hospital achieve increased patient satisfaction and better health outcomes for its service area

Sources:

American College of Physician Advisors

National Association of Physician Advisors



USC Roski Eye Institute

Keck Medicine of USC

The USC Roski Eye Institute and the Department of Ophthalmology, Keck School of Medicine of USC are expanding their strong vision research program. The Department invites applications for a Tenure-Track or Tenured Associate Professor or Full Professor. Applicants must hold a PhD, MD, or MD/PhD degree and have a record of accomplishments with peer-reviewed publications and NIH/NEI research funding. Candidates conducting research with a focus on translational research that will impact clinical management of eye diseases, in areas of stem cell/gene therapies, ocular immunology, inflammation, infection, or neurovascular biology are particularly encouraged to apply. The successful candidate will have a joint appointment in one of the following basic science departments: Molecular Microbiology and Immunology, Stem Cell Biology and Regenerative Medicine or Physiology and Neuroscience, as well as membership in one or more of the following renowned USC institutes: Eli and Edythe Broad Center for Regenerative Medicine and Stem Cell Research, Ginsburg Institute for Biomedical Therapeutics, or Zilkha Neurogenetic Institute. The successful candidate is expected to form productive intra-departmental and interdepartmental collaborations with other faculty and contribute to broadening the USC Roski Eye Institute's vision research program.

University of Southern California Department of Ophthalmology Roski Eye Institute

FACULTY POSITION

Interested candidates should upload CV and cover letter on the USC system at:

https://facultypositions.usc.edu/FAS/application/position?postingId=REQ20072871

Or email norma.sayoto@med.usc.edu.

Inquiries about the position can be addressed to mahnaz.shahidi@med.usc.edu or cherylmae.craft@med.usc.edu.

The University of Southern California strongly values diversity and is committed to equal opportunity in employment. Women and men, and members of all racial and ethnic groups, people with disabilities, and veterans are encouraged to apply.



Medical Retina Specialist

Join Signature Healthcare and practice less than an hour from Boston & Cape Cod.

We are currently seeking a Medical Retina Specialist who is a skilled physician, board-certified in Ophthalmology with fellowship training in medical retina to join our vibrant practice.

The medical retina specialist will be seeing retina and comprehensive patients as well as performing retina lasers and injections. This is a 50/50 retina vs general patient care with the possibility for rapid growth in the retina practice. Shared call duties (1 in 8). Inpatient care is limited to general ophthalmology patients. Diagnosis and consultations will include macular degeneration, diabetic retinopathy, retinal vascular problems, and hereditary retinal disorders Procedures will be office and hospital based and include intravitreal injections and retinal laser photocoagulation.

Signature Healthcare is a multi-specialty, not for profit hospital and physician group comprised of Brockton Hospital and Signature Medical Group, which is made up of more than 150 physicians practicing in 18 ambulatory locations.





To learn more about this opportunity apply at www.signaturephysicians.org or contact Carolina Mallea, Talent Acquisition Manger at cmallea@signature-healthcare.org



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- Fellowship Trained Glaucoma, High Volume MIGS Surgeon
- Fellowship Trained Oculoplastic Surgeon
- Board Certified Comprehensive Ophthalmic Surgeon

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