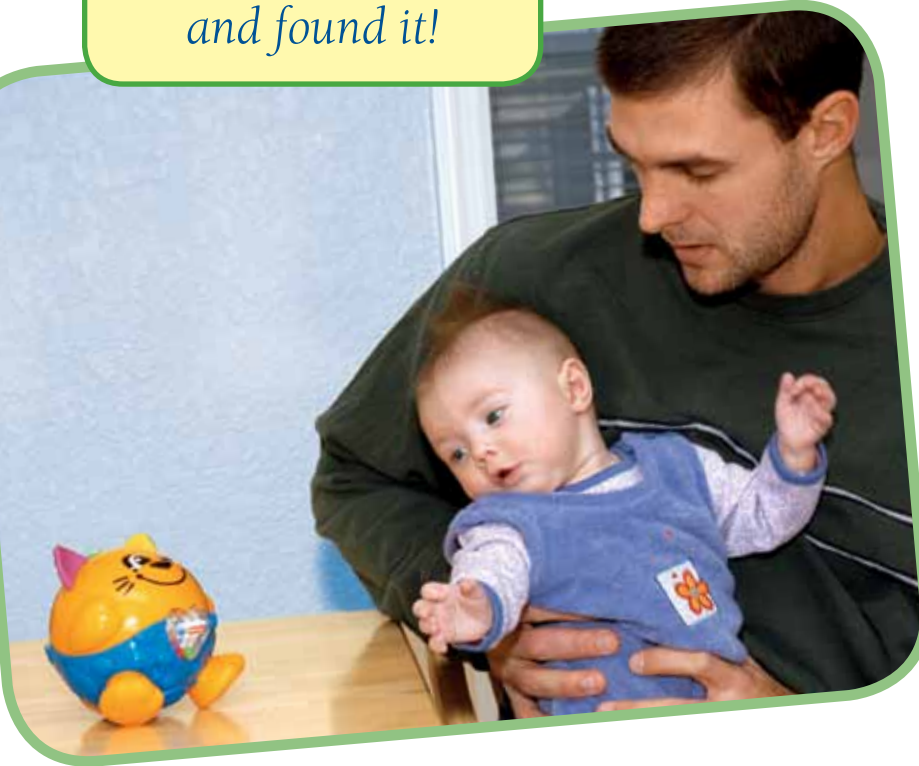


Turn and Find

*You turned around
and found it!*



Turn your baby so she will need to look behind her body to see a toy.

Changing your baby's position so that a toy is out of sight encourages her to remember the toy and move her body to find it.



Why this is important

Showing your baby a toy and then moving her so she cannot see it encourages her to remember it and move her body to find it. Memory, like her other skills, develops in stages. Turning her head or body to regain sight of an object shows the beginning development of a type of memory called object permanence.

What you do

- Sit at a table with your baby in your lap. Show her a favorite toy and place it on the table while talking about the toy. *See the baby bear! What a friendly bear!*
- Turn your baby so that she faces away from the object. If she tries to turn her head or body to see the toy, encourage her to look and find it.
- Give her the toy. Smile and speak lovingly to her. *You turned around and found the bear!*
- Notice her interest in the game. If she does not look for the toy, try again at a later time.

Another idea

Lay your child on the floor on her stomach with the toy in front of her. Slide her quickly around so the toy is at her side (from a twelve o'clock to a three o'clock position). She may wiggle back to the original position or roll onto her back to look for the toy. Allow her time to find the toy herself before offering help.

Let's read together!

Ready, Set, Go!
by Nina Laden