

## Objective 29

### Demonstrates knowledge of self

Related Objectives: 1a, 2b, 8a, 9a, 12a, 20a, 34

## What You Do

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- 1. Ask the children to think about what they love to eat, drink, and play.**
- 2. Recite the following chant and invite children to add in the things they love.**

I love to eat [meatballs],  
I love to drink [milk],  
I love to play with [trains],  
But most of all, I love me!

There are so many things I love to do  
and see,  
But most of all, I love me!

- 3. Encourage children to end by giving themselves a hug.**

- **Adapt the song to sing about other things the children love to do, see, read, sing, watch, wear, etc.**
- **Use the chant to tally and count the responses**, e.g., “If you said you love [milk], give a thumbs up. Let’s count: One, two, three, four, five children love [milk].”
- **Invite children to act out the chant as they say it.**