

Objective 23

Demonstrates knowledge of patterns

Related Objectives: 3a, 4, 5, 6, 11a, 12b, 14a, 21a, 35

What You Do

1. Invite children to complete a two-step action pattern with you, e.g., hands up, hands down; touch knees, touch head.

Say, “Let’s use our bodies to make a pattern.”

Describe what you are doing. “Let’s reach up high. Now reach down low. Reach high again, and now low.”

2. Gently move young infants’ bodies for them as you describe what you are doing.

- **Invite 2-year-olds to create their own motion patterns.**
- **Increase the complexity of the movements as appropriate for your group.** “Let’s jump up in the air and then clap our hands. Jump. Clap.”