

## Objective 23

### Demonstrates knowledge of patterns

Related Objectives: 3a, 5, 8b, 11a, 11b, 21a

## What You Do

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- 1. Give the children some examples of opposites**, e.g., reaching up high and reaching down low; thumbs up and thumbs down; facing forward and facing backward. **Explain that they are going to create a pattern in a line using opposites.**
- 2. Choose one opposite and help the children create an ABA pattern using the opposites in a line**, e.g., the first child reaches her arms up, the second touches the ground, then the line continues alternating the positions.
- 3. Repeat the activity using different opposites.**

- Invite the children to suggest more opposites to create patterns with.
- To add complexity, write symbols that represent the pattern on a chart. Show the children how to read the pattern and move the way the symbols tell them to. For example, if the pattern is XOX, explain, “If you are an X, you will reach up high. If you are an O, you will reach down low.” **At first you may need to say the pattern as you show the children.**