

Objective 1

Regulates own emotions and behaviors

c. Takes care of own needs appropriately

Related Objectives: 1b, 3a, 8a, 9a, 12a, 29

What You Do

- 1. At the end of the day or after completing an activity or task, talk with the children about what they have accomplished.**
- 2. Say, “We all work hard to help each other and take care of our classroom. What did you do to help today?”**
- 3. Sing the following song to the tune of “The Farmer in the Dell,” incorporating things the children have done.**

We can do a lot, we can do a lot.

[Allie cleaned up the toys].

We can do a lot!

- **Ask children to think of something they could not do when they were younger but can do now.**
- **Use this prior to a site visit and invite children to think about what they will see (or do), e.g., “We will [see] a lot, we will [see] a lot; We will [see tall trees], We will [see] a lot!”**