



### ReadyRosie Alignment with the National Head Start Parenting Curriculum Decision Making Checklist

This innovative program provides schools and organizations with a combined approach of interactive workshops PLUS ongoing mobile support and communication. ReadyRosie provides 1,000+ structured and sequenced learning activities that families can utilize independently and/or in the context of group learning. It is targeted to families, inclusive for special populations, and adaptable for individual schools.

Look closer and see the ReadyRosie response for each drafted recommendation from Head Start.

Head Start Recommendation	The ReadyRosie Response
<p><b>Structured, sequenced learning activities for parents that focus on two or more of the following domains of learning:</b></p>	<p>ReadyRosie provides Head Start agencies an impactful two-fold approach to parenting support:</p> <ol style="list-style-type: none"> <li>1. Six interactive pre-planned and customizable workshops that each include a facilitator’s guide, PowerPoint presentation and flyer to recruit families. Workshop session topics include: A Bonded Family, Developing the Whole Child, Building a Literacy-Rich home, Routines and Challenging behaviors, Fun with Math and Critical Thinking, and Parents as Leaders.</li> <li>2. 1000+ videos in English and in Spanish that are delivered to families via text, email and/ or app and can be shared to align with classroom objectives. See more about alignments and more here: <a href="http://www.readyrosie.com/headstart">http://www.readyrosie.com/headstart</a></li> </ol>
<p><b>Nurturing</b> (warmth, responsiveness, and sensitivity)</p>	<p>ReadyRosie videos feature real families modeling activities grounded in kindness, mutual respect, and patience. See specific examples below:</p> <p><b>Warmth:</b> ENG: Tell Me About It: <a href="#">EXAMPLE</a> SPAN: ¡Cuéntamelo!: <a href="#">EXAMPLE</a></p> <p><b>Responsiveness/Sensitivity:</b> ENG: Grab and Grasp: <a href="#">EXAMPLE</a> SPAN: Alcanzar y agarrar: <a href="#">EXAMPLE</a></p> <p>Plus, the ReadyRosie Family Workshop Series features TWO sessions on the power of a nurturing family environment.</p>
<p><b>Discipline</b> (providing limits, teaching self-control, handling challenging child behaviors)</p>	<p>ReadyRosie supports families in understanding positive and preventative discipline strategies, offering:</p> <ul style="list-style-type: none"> <li>- an entire session on providing limits, teaching self-control, and handling challenging child behaviors from the ReadyRosie Family Workshop.</li> <li>- Research and Answer videos that feature early childhood experts speaking on positive discipline strategies: <a href="#">EXAMPLE</a></li> <li>- ReadyRosie Modeled Moments that show preventative and peaceful discipline/ management strategies: <a href="#">EXAMPLE</a></li> </ul>
<p><b>Teaching</b> (conveying information or skills)</p>	<p>ReadyRosie models to families how common everyday experiences can be targeted learning opportunities. For example:</p> <p><b>Foundational Literacy Skills:</b> ENG: <a href="#">EXAMPLE</a> SPAN: <a href="#">EXAMPLE</a></p> <p><b>Early Numeracy/Counting/Cardinality:</b> ENG: <a href="#">EXAMPLE</a> SPAN: <a href="#">EXAMPLE</a></p>

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<b>Language</b> (conversations)	ReadyRosie provides modeling for families on how to use common interactions to increase language and learning, as well as packaging a ReadyRosie Family Workshop series devoted to language and literacy in the home. Please see ReadyRosie examples below that model language experiences:  ENG: <a href="#">EXAMPLE</a> SPAN: <a href="#">EXAMPLE</a>
<b>Supervision</b> (watchfulness)	<b>Families are the guardians of their children’s progress and wellness. In supporting the whole child, ReadyRosie Family Workshops address supervision and safety.</b>
<b>A manual or guide that describes what learning domains to deliver, how to present them, and in what order</b>	<b>ReadyRosie provides schools with an Implementation and Facilitator Guide that includes:</b> <ul style="list-style-type: none"> <li>- 6 powerful and interactive workshops for families</li> <li>- PowerPoint presentations and interactive videos with each session</li> <li>- Live or web-based Train the Trainer sessions to support facilitators</li> <li>- Pre-made flyers in English and Spanish to advertise the workshop event to families</li> </ul>
<b>Available for public use</b>	<b>ReadyRosie is accessible to every parent, step-parent, grandparent, etc. who is affiliated with the Head Start agency or school.</b>
<b>Two or more sessions</b>	<b>ReadyRosie provides 6 powerful and interactive sessions for families and over 1000 learning activities that families can access independently.</b>
<b>Delivered in a time-limited or ongoing manner</b>	<b>ReadyRosie provides content to families year-round, so they can continue to participate in learning during holiday seasons and summer. ReadyRosie includes SPECIFIC summer learning content designed to mitigate summer learning loss and successfully transition from PreK to Kindergarten.</b>
<b>Delivered to parents as the intended and primary audience</b>	<b>ReadyRosie was developed for and has been implemented specifically for families.</b>
<b>Includes an opportunity for parents to practice skills</b>	<b>All ReadyRosie workshops provide families with an opportunity to enjoy the activities together at the workshop. Additionally, all video activities that are delivered to families include an opportunity for families to DO the activity and report that they have done so by clicking on the “we did it” button associated with each video. This helps schools to actively monitor parent usage and consistency.</b>
<b>Able to be implemented in early childhood settings or community-based organizations.</b>	<b>ReadyRosie is currently being implemented in several Head Start agencies, including CAP of Tulsa, City of San Antonio Head Start, and CAP of Kern County. ReadyRosie was designed to be best implemented in early childhood settings.</b>
<b>Research-based</b>	<p>ReadyRosie is a research-based program, with a growing research base around its different components.</p> <p>ReadyRosie’s home learning digital curriculum has been evaluated via a partnership with researchers from Penn State University. Results document increased language interactions and positive linguistic behavior change in families using ReadyRosie.</p> <p>ReadyRosie is currently involved in an evaluation study with the University of Pittsburgh Office of Child Development to document the efficacy of additional program components. The first phase of this larger evaluation will examine and document ReadyRosie Family Workshop. <b>These results are expected in Summer 2018, and will continue to document that ReadyRosie aligns with Head Start’s definition of a Research-Based Parenting Curriculum.</b></p> <p>See more details on the ReadyRosie evidence base here: <a href="https://www.readyrosie.com/research">https://www.readyrosie.com/research</a></p>

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