The Theory and Research-Base of the ReadyRosie Interactive Family Curriculum

ReadyRosie provides a comprehensive family curriculum based on well-established theories and research. At ReadyRosie, we know families are central to a child’s health, well-being, and academic success. We believe a combined approach of receiving rich parenting content at home and participating in interactive workshops enables families to deeply practice parenting skills in the comfort of their homes and with peers. This two-fold approach deepens the learning experience, builds capacity, and inspires an ongoing commitment to family learning.

Below is a brief list of the research that is embedded into our integrated parenting curriculum which includes workshops, in-home learning videos, and professional development.

1. Strengthening Families and Developmental Assets

Building and maintaining a positive relationship within the family is the most important thing parents can do to support their children’s healthy growth and development. Research shows that the more internal and external assets families and children have, the healthier and more resilient they are. Research from the Five Protective Factors, Family Assets Framework, and Developmental Assets are interwoven throughout the ReadyRosie workshops, videos, communication platform, and professional development.

- Son S, Morrison F. *The nature and impact of changes in home learning environment on development of language and academic skills in preschool children.*
- Magnuson KA, Sexton HR, Davis-Kean PE, et al. *Increases in maternal education and young children’s language skills.*
- Blair, C., Raver, C.C., & Berry, D.J. (2014). *Two approaches to estimating the effects of parenting on the development of executive function in early childhood.*

2. Families as Assets
Every family brings strengths and assets to their community. The ReadyRosie workshops and digital content help families to recognize and celebrate their strengths, as well as provide opportunities to grow and develop assets and community.

- Dufur, M. J., Parcel, T. L., & Troutman, K. P. (2013). *Does capital at home matter more than capital at school? Social capital effects on academic achievement*.

3. Engaging Families and Building Powerful Family-School Partnerships

ReadyRosie is passionate about building capacity for families and educators to partner and work together to support student outcomes and achievement. Our model helps families, educators, and schools build powerful partnerships that support engagement and home learning.

- Mapp, K. L. (2002). *Having their say: Parents describe how and why they are involved in their children’s education*.
- Epstein, Joyce L. Six Types of Parental Involvement. Center for the Social Organization of Schools.
- Pekel, K., Roehlkepartain, E. C., Syvertsen, A. K., & Scales, P. C. (2015). Don’t forget the families: The missing piece in America’s effort to help all children succeed


• De La Cruz, Y. (1999). *Reversing the trend: Latino families in real partnerships with schools.*


• Harris, A., & Goodall, J. (2007). *Engaging Parents in Raising Achievement: Do Parents Know They Matter?*


• Jeynes, W. (2012). *A meta-analysis of the efficacy of different types of parental involvement programs for urban students.*


• Bridges, B.K., Awokoya, J.T., Messano, F. “Done To Us, Not With Us: African American Perceptions of K-12 Education.”


• Caspe, Margaret, and M. Elena Lopez. “Lessons from Family-Strengthening Interventions: Learning from Evidence-Based Practice.”

• Weiss, Heather B., Margaret Caspe, and M. Elena Lopez. “Family Involvement In Early Childhood Education.”


• Neblett, Jr., Enrique W., Tabbye M. Chavous, Hoa X. Nguyen, and Robert M. Sellers. “‘Say It Loud– I’m Black and I’m Proud’: Parents’ Messages About Race, Racial Discrimination, and Academic Achievement in African American Boys.”


• Souto-Manning, M., & Swick, K. J. (2006). *Teachers’ Beliefs about Parent and Family Involvement: Rethinking our Family Involvement Paradigm.*
4. Foundational Parenting Skills

Parenting is rewarding and sometimes stressful. ReadyRosie provides foundational, positive parenting strategies to help families build a robust parenting toolkit. The ReadyRosie tools enable families to maintain a nurturing relationship even when children are choosing challenging behaviors as a way to communicate their wants or needs.

- Jane Nelsen and Cheryl Erwin of Positive Discipline for Preschoolers and Positive Discipline:
  - The First Three Years
- Scales, P.C., Roehlkepartain, E. C. and Fraher, Kathie. Do Developmental Assets Make a Difference In Majority-World Contexts?
- Child Development Institute Ages and Stages
5. The Importance of Play in Learning

Play is how children learn best! ReadyRosie helps families recognize the cognitive benefits of play and provides daily resources to build a playful home learning practice.

- Tepperman, J. (2007). *Play in the early years: Key to school success*.

6. Social Emotional Learning

Research shows that social emotional learning is integral to academic and life success. Creating a home environment filled with love, trust, respect, and modeling of “emotional intelligence” is critical to children developing strong social emotional skills.

- Center on the Social Emotional Foundations for Early Learning (CSEFEL)
- Collaborative for Academic, Social, and Emotional Learning (CASEL)
7. Growth Mindset

ReadyRosie contributes to the idea of a growth mindset. Research shows that having a growth mindset and being able to persevere while learning are important factors in academic success. Families play a large role in a child’s development of a mindset and how a child perceives him or herself and the world around them.

8. Media

Parenting in the “digital age” is complicated. There are so many more devices in homes and ways that children can access content and get online. Media is now completely portable. ReadyRosie engages with the portability of media and provides a powerful tool for connecting and learning that acknowledges appropriate limits and alignment with family values.

- Michael Levine, 2016 Moving Beyond the Screen Time Debate. The Road Out of the Digital Wild West
- Levine, Michael H., Guernsey Lisa: Nurturing Young Readers: How Digital Media Can Promote Literacy Instead of Undermining it
- Lisa Guernsey and Michael H. Levine (2015) Tap, Click, Read: Growing Readers in a World of Screens
- American Association of Pediatrics Recommendations for Media Usage (2016)

9. Home Learning Practice and Modeled Moments

Pictures are worth a thousand words. Over the past three decades, research has demonstrated that video modeling is an invaluable, evidence-based tool for teaching children. ReadyRosie delivers family learning content weekly so learning extends beyond workshop walls and into the home. ReadyRosie offers modeled moment videos that showcase connections and help every family engage in their child’s learning in meaningful ways.

- Catherine Tamis-LeMonda, New York University. "Child’s home learning environment predicts 5th grade academic skills.”
- Bellini, S., & Akullian, J. Exceptional Children
- Benjamin N. York, Susanna Loeb 2014, One Step at a Time: The Effects of an Early Literacy Text Messaging Program for Parents of Preschoolers:
- Angelica Bonci, 2008, revised June 2010 by Emily Mottram and Emily McCoy and March 2011 by Jennifer Cole, A research review: the importance of families and the home environment
- Lyndsay Grant, FutureLab, Learning in Families: A review of research evidence and the current landscape of Learning in Families with digital technologies.
10. Math

ReadyRosie helps families demystify math and discover the importance of early math development in children and how to create a numeracy-rich home environment by providing math games and real-world math experiences.

- Boaler, J. (2015). *What’s Math Got To Do With It*
- Burns, Marilyn. *About Teaching Mathematics*
- Burns, Marilyn. (2009). *Win-Win Math Games*
- Burns, Marilyn. (2007). *Mental Math*
- Burns, Marilyn. (2006). *The Language of Math*
11. Language and Literacy

ReadyRosie encourages an approach that prompts families to celebrate language and culture. Families enjoy rich conversations, storytelling, sharing books, and learning the literacy skills and building blocks needed to build and enjoy a lifelong love of reading and writing.

- Neuman, Susan B. Changing the Odds for Children at Risk: Seven Essential Principles of Educational Programs That Break the Cycle of Poverty. 2009.
- Mariana Souto-Manning and Jessica Martell: Reading, Writing, and Talk
- Zevenbergen, A.A., Whitehurst, G. J., Dialogic Reading: A Shared Picture Book Reading Intervention for Preschoolers

Irasema Gonzalez. "Developing biliteracy with intentional support: Using interactive word walls with paired learning


Sparks, Alison, Reese Elaine, 2012 *From reminiscing to reading: Home contributions to children’s developing language and literacy in low-income families.*


Golinkoff, R.M., Can, D, Soderstron, M., & Hirsh-Pasek, J. (2015) (Baby) talk to me: The social context of infant-directed speech and its effects on early language acquisition.


Sandra A. Butvilofsky, Susan Hopewell, Kathy Escamilla & Wendy Sparrow Shifting Deficit Paradigms of Latino Emerging Bilingual Students’ Literacy Achievement: Documenting Biliterate Trajectories

Diane August, Timothy Shanahan and Kathy Escamilla. English Language Learners: Developing Literacy in Second-Language Learners—Report of the National Literacy Panel on Language-Minority Children and Youth


Pauline Gibbons Scaffolding Language, Scaffolding Learning: Teaching Second Language Learners in the Mainstream Classroom

Pauline Gibbons Learning to Learn in a Second Language


Schickedanz, J. 1999. Much More Than the ABCs: The Early Stages of Reading and Writing.


Uddin, Moeen, (2016) The Importance of Drawing and Scribbling

12. Leadership
Families and schools work better together when families are empowered in their roles and know how to affect change for their own children and for the community at large. ReadyRosie promotes the most powerful way to enhance family/school interactions: by inspiring and equipping families to grow in their unique role as advocates and leaders.

- National Parent Teacher Association (PTA)

13. Homework

While the topic of “homework” in early education remains controversial, the fact that children need developmentally appropriate home to school connections is not. ReadyRosie helps schools and programs understand that there are alternatives to traditional “homework” that can be more meaningful for children and families.

14. Developmentally Appropriate and Standards-Based
ReadyRosie offers content aligned to the latest developmentally appropriate practices and standards such as: Head Start Early Learning Outcomes, state and national standards, 21st century student outcomes, family protective factors, and CASEL Core SEL Competencies.

15. Summer Learning
All children are subject to loss of academic skills over the summer months, but this loss can be more dramatic and more devastating to children of poverty. Families are often especially under-resourced during summer months due to child care needs, lack of resources and meals they receive during the school year, etc. ReadyRosie advocates that parenting support and resources can and should continue over the summer months.


Results
ReadyRosie has established a new standard for family engagement across the nation—one that brings powerful in-home learning and live family workshops. ReadyRosie has revolutionized family engagement.

Find out more about these proven results by clicking on the research results below:
https://www.readyrosie.com/research/