



Day 11

Transmission 30:07

Music: [Daniel Schotsborg - 396 Solfeggio Frequency](#)

This transmission focuses on balancing the Divine Cosmic energies flowing in through the crown chakra, the Divine Earth energies flowing from Gaia in through the base chakra and the Divine energies from your own Higher Self flowing in from the center point of your heart.

Stabilizing the connections through your physical vehicle and energy matrix, the connection from the brain/mind to your heart will be amplified and imprinted to allow easier access and flow. This will provide you with the foundational support to operate from the heart on a consistent basis. As a way to more accurately describe this, the structural support is like moving from one operating system to another, i.e. from a PC to a MAC. A completely different way in which the Light flow configurations within your body process information.

As we continue to evolve within this human experience, living from an Authentic Heart allows us to move beyond the constant emotional ego driven reality. We begin to experience a shift in the amount of time we stay neutral, balanced and coming from a place of deeper understanding and wisdom. Our natural state of being continues to shift from one of an emotional roller coaster to one of grounded stability and compassion for all around us. As the percentages shift, you will find yourself less triggered by outside influences and living more from a place of deep connection to your Divine Essence.

This is the evolutionary journey of living authentically from a place of deep knowing and reverence for the sacredness of who you are. It is much easier to operate from this state of Being with the proper support systems in place. Balance, harmony, compassion and connection to Divine flow are a natural result of operating from the Heart. Breathe, connect and trust in the process. Your Divine Vehicle of Light is shifting into a whole new paradigm of utilizing LIGHT.

Stay In Your Heart and Know You Are Light! Blessings!

Raquel

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