



Day 13

This has been a wonderful journey designed to prepare your Divine vehicle to open and expand your Authentic Heart. Your energy systems have been upgraded and reconfigured to handle a whole new expanded level of Light. As your Divine vehicle continues to evolve into the multidimensional vessel it was intended to be, you also must continue to evolve.

Day 12 was the last Mp3 activation. Today, please be within your own expanded heart and allow yourself the space to reflect upon this journey. Listen and hear your own Divine guidance, allowing the grace and gratitude to flow deep into your being.

I would highly recommend listening to this series again, if guided. Each time you complete these activations, your body systems will upshift in alignment with where you are in that Now moment. It was specifically designed this way.

We are truly evolving into a level of awakening beyond what humanity has ever experienced. Each of us plays an important and pivotal role in setting the example and living a life completely from an Authentic Heart.

It has been a privilege and honor to facilitate this upshift in your systems and assist you with embodying another level of YOUR DIVINE ESSENCE of LIGHT.

If you feel the desire, I would love any feedback, comments or testimonials you may be willing to share. Please send to raquel@raquelspencer.com Thank you!

Breathe and Know that You Are Light

Blessings!

Raquel

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