

A Time for Reconnecting

As part of your gratitude campaign, think about friends or family you haven't reached out to in a while and reconnect. Here are some activities to help you reach out and stay in touch more regularly!



D.E.A.R. Time

This stands for "drop everything and read." Pick a book or article series for you and a friend to read and schedule time weekly or monthly to chat in-person or via video call to share interesting takeaways.



Watch a Show

Start a show you've both been meaning to watch, and talk about it over coffee or on a call!



Plan a Trip

This is a great one for old friends living in different areas. Identify a destination you'd both like to visit, and start planning an adventure for the new year. You'll chat regularly and have something to look forward to!



Recipe Swap

For friends who like to cook (or want to improve), set up a recipe swap. Hop on a call once a month to catch up and go over what you've been cooking. You might even make a meal together over a video call. This works for beverages too!

