

Double Chocolate Mint Energy Balls

6 SERVINGS 15 MINUTES



INGREDIENTS

1/2 cup Pitted Dates
1/2 cup Almonds (raw)
2 tbsps Cacao Powder
1 tbsp Cacao Nibs
1/8 tsp Sea Salt
1/2 tsp Peppermint Extract
1 tbsp Water

NUTRITION

AMOUNT PER SERVING

Calories	124	Cholesterol	0mg
Fat	7g	Sodium	50mg
Carbs	13g	Vitamin A	2IU
Fiber	4g	Vitamin C	0mg
Sugar	8g	Calcium	41mg
Protein	3g	Iron	1mg

DIRECTIONS

- 01 Add the dates, almonds, cacao powder, cacao nibs, sea salt and peppermint extract to the bowl of a food processor. While the food processor is running stream in the water. Run the food processor until the date mixture forms a ball.
- 02 Form the mixture into small balls with your hands and enjoy!

NOTES

NO ALMONDS

Use raw cashews instead.

SERVING SIZE

One serving is equal to two balls.

STORAGE

Store in the fridge up to five days, or in the freezer for up to three months.

