

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
 <p style="text-align: center;">Happy July Birthday</p> <p style="text-align: center;">ADC Independent Activities: Word search, iPad, Crosswords, Adult Coloring</p>											
4 Closed <small>Independence Day (US)</small>	9:00 Coffee & Crossword 10:00 Zumba 10:30 Pokeno 11:30 Lunch 12:30 Red, White, and Blue Scavenger Hunt 1:15 Elephant Clues 2:00 July Trivia	5	9:00 Coffee & Crossword 10:00 Resistant Band Workout with a Twist 10:30 Current Events 11:30 Lunch 12:30 Math mania 1:15 Mojo Entertains 2:00 Speedball Game	6	9:00 Coffee & Crossword 10:00 Sittercise 10:30 Manicures 11:30 Lunch 12:30 Homophones Day 1:15 Mixed-Up State Fair 2:00 Pictionary	7	9:00 Coffee & Crossword 10:00 Tai Chi 10:30 Current Events 11:30 Lunch 12:30 Mind Joggers 1:15 Melon Categories 2:00 Dart balloon Pop <small>Canada Day</small>	8	9:00 Coffee & Crossword 10:00 Move with the Beat 10:30 Piggy Bankers 11:30 Lunch 12:30 BBQ Detective 1:15 Fireworks Craft 2:00 What Am I ?	9	3 Closed
11 Closed	9:00 Coffee & Crossword 10:00 Fusion Fitness 10:30 Giant Parachute 11:30 Lunch 12:30 Knock the Cups 1:15 Name Elvis Presley Tunes 2:00 Name Anagram	12	9:00 Coffee & Crossword 10:00 Cardio Workout 10:30 Board Games 11:30 Lunch 12:30 Guess the Flavor? 1:15 Baseball Bingo & Tropical Ice 2:00 Hidden Picture	13	9:00 Coffee & Crossword 10:00 Strength and Balance Exercise 10:30 Current Events 11:30 Lunch 12:30 Beach Collage 1:15 Wacky Wordies 2:00 State Plate Game	14	9:00 Coffee & Crossword 10:00 Cardio Fitness 10:30 Current Events 11:30 Lunch 12:30 iPad Tech Day 1:15 Aloha Party 2:00 Hawaiian Cocktails	15	9:00 Coffee & Crossword 10:00 Chair Stretches 10:30 Current Events 11:30 Lunch 12:30 iN2L Fun 1:15 Decorate Wood Slices 2:00 Deal or No Deal	16	10 Closed
18 Closed	9:00 Coffee & Crossword 10:00 Breeze Exercise 10:30 Current Events 11:30 Lunch 12:30 Pokeno 1:15 Beach Scavenger Hunt 2:00 Mad Gab	19	9:00 Coffee & Crossword 10:00 Meditate with Yoga 10:30 Current Events 11:30 Lunch 12:30 Discard 1:15 Humor Bingo 2:00 Egg Relay Game	20	9:00 Coffee & Crossword 10:00 Sittercise 10:30 Current Events 11:30 Lunch 12:30 Map Quest 1:15 Hockey Tournament 2:00 Charades	21	9:00 Coffee & Crossword 10:00 Sit and Be Fit 10:30 Eversound Activity 11:30 Lunch 12:30 Magazine Craft 1:15 Modern Tech 2:00 Garden Stroll	22	9:00 Coffee & Crossword 10:00 Balloon Toss 10:30 Current Events 11:30 Lunch 12:30 Spot The Difference 1:15 Travel Time 2:00 Family Feud	23	24 Closed
25 Closed	9:00 Coffee & Crossword 10:00 Zumba 10:30 Outdoor Games 11:30 Lunch 12:30 Concentration Puzzles 1:15 Name That Singer 2:00 Deal or No Deal	26	9:00 Coffee & Crossword 10:00 Sit and Be Fit 10:30 Current Events 11:30 Lunch 12:30 Quote The Secret 1:15 Bingo with a Twist 2:00 Amusing Poems & Spelling Bee	27	9:00 Coffee & Crossword 10:00 Zumba 10:30 Manicures 11:30 Lunch 12:30 Creative Craft 1:15 Two Truths & a Lie 2:00 Word in a word	28	9:00 Coffee & Crossword 10:00 iPad Tech Day 10:30 Discard 11:30 Lunch 12:30 Math mania 1:15 John Banker Entertainment 2:00 Humor Poems	29	9:00 Coffee & Crossword 10:00 Sittercise 10:30 Current Events 11:30 Lunch 12:30 Pokeno 1:15 Movie Matinee 2:00 Pictionary & Funny Videos	30	31 Closed