

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 - Sit N' Sip 10:00 - Chair Yoga 10:30 - Daily Chronicle 11:15 - Lunch 12:30 - iSpy w/ my lil eye 1:00 - BINGO 2:00 - Decorate the ADC 3:00 - iN2L Games	2 9:00 - Morning Music 10:00 - Today's News 10:30 - Sit and Be Fit 11:15 - Lunch 12:30 - Word Scramble 1:00 - Karaoke 2:00 - Look What I Made 3:00 - Penny Ante	3 9:00 - Coffee Social 10:15 - BINGO 11:15 - Lunch 12:30 - Hidden Objects 1:00 - News / Exercise 2:00 - Trivia 3:00 - Would you Rather	4 9:00 - Rise and Grind 10:00 - Extra! Extra! 10:30 - Morning Stretches 11:15 - Lunch 12:30 - Math Mania 1:00 - BINGO 2:00 - Natl. Santa's List 3:00 - Name 10	5 9:00 - Fill Up Friday 10:00 - Dance Party 10:30 - Dear Abby 11:15 - Lunch 12:30 - Spot the Difference 1:00 - Name that Tune 2:00 - Home Alone! 3:30 - Hang Man	6 10:00 - Mocha Woka 10:30 - News / Exercise 11:15 - Lunch 12:30 - Chain Reactions 1:00 - BINGO
7 "It is December, and Nobody Asked If I Was Ready." ~ Sarah Kay	8 9:00 - Cup of Jo 10:00 - Talk of the Town 10:30 - Movin & Grovin 11:15 - Lunch 12:30 - Count / Find 1:00 - BINGO 2:00 - Santa Clause 3:30 - UNO	9 9:00 - Sit N' Sip 10:00 - Morning Stretches 10:30 - Hard Hittin News 11:15 - Lunch 12:30 - Spot the Difference 1:00 - BINGO 2:00 - Christmas Cards 3:00 - Higher or Lower	10 9:00 - Morning Music 10:30 - Music w/ John P. 11:15 - Lunch 12:30 - Brain Buster 1:00 - News / Exercise 2:00 - Let's Get Crafty 3:00 - iN2L Games	11 9:00 - Coffee Social 10:00 - Chair Zumba 10:30 - Today's News 11:15 - Lunch 12:30 - iSpy w/ my lil eye 1:00 - Paint by Number 2:00 - Snowball Fight 3:00 - Penny Ante	12 9:00 - Rise and Grind 10:15 - BINGO 11:15 - Lunch 12:30 - Hidden Objects 1:00 - News / Exercise 2:00 - Natl. Poinsettia 3:00 - I Love Lucy	13 10:00 - Java Jams 10:30 - News / Exercise 11:15 - Lunch 12:30 - Family Feud 1:00 - National Hot Cocoa Day !!
14 Happy Hanukkah !! Enjoy the day with your Friends and Family <3 Hanukkah Begins	15 9:00 - Mud Monday 10:00 - Mindful Meditation 10:30 - Dear Abby 11:15 - Lunch 12:30 - Word Scramble 1:00 - Trivia 2:00 - Crafty Corner 3:00 - Hang Man	16 9:00 - Cup of Jo 10:00 - Extra! Extra! 10:30 - Dance Party 11:15 - Lunch 12:30 - Hidden Objects 1:00 - Holiday Jeopardy 2:00 - Chocolate Covered 3:00 - Discard	17 9:00 - Sit N' Sip 10:15 - BINGO 11:15 - Lunch 12:30 - Math Mania 1:00 - Music w/ Ralph D. 2:00 - News / Exercise 3:00 - Name 10	18 9:00 - Morning Music 10:00 - Talk of the Town 10:30 - Sit and Be Fit 11:15 - Lunch 12:30 - Count / Find 1:00 - BINGO 2:00 - Buddy the Elf 3:30 - Would you Rather	19 9:00 - Coffee Social 10:00 - Chair Zumba 10:30 - Horoscope 11:15 - Lunch 12:30 - Brain Buster 1:00 - BINGO 2:00 - Let's Get Crafty 3:00 - Sanford and Son	20 10:00 - Rise and Grind 10:30 - News / Exercise 11:15 - Lunch 12:30 - The Price is Right 1:00 - BINGO
21 Winter Solstice Begins !! Winter Begins	22 9:00 - Java Jams 10:00 - Hard Hittin News 10:30 - DIY Stretching 11:15 - Lunch 12:30 - Music w/ George 1:00 - BINGO 2:00 - Scavenger Hunt 3:00 - Would you Rather	23 9:00 - Mocha Woka 10:00 - Chair Yoga 10:30 - Daly Chronicle 11:15 - Lunch 12:30 - iSpy w/ my lil eye 1:00 - Let's Get Crafty 2:00 - BINGO 3:00 - UNO	24 9:00 - Cup of Jo 10:00 - Extra! Extra! 10:30 - Movin & Grovin 11:15 - Lunch 12:30 - AGT 1:00 - Christmas Eve !! 2:30 - Christmas Carols 3:00 - Naughty or Nice?	25 Merry Christmas !! Enjoy the day with your Friends and Family <3 Christmas	26 9:00 - Morning Music 10:15 - BINGO 11:15 - Lunch 12:30 - Count / Find 1:00 - News / Exercise 2:00 - Natl. Candy Cane 3:00 - iN2L Games Boxing Day (Canada) Kwanzaa Begins	27 10:00 - Coffee Social 10:30 - News / Exercise 11:15 - Lunch 12:30 - Deal or No Deal 1:00 - Christmas Recap
28 "Remember This December, That Love Weighs More Than Gold!" ~Josephine Bacon	29 9:00 - Rise and Grind 10:00 - Morning Yoga 10:30 - Today's News 11:15 - Lunch 12:30 - Math Mania 1:00 - Music w/ Jack B. 2:00 - Festive Crafts 3:00 - Penny Ante	30 9:00 - Java Jams 10:00 - Current Events 10:30 - Chair Zumba 11:15 - Lunch 12:30 - Brain Buster 1:00 - BINGO 2:00 - Crafty Corner 3:00 - Discard	31 9:00 - Mocha Woka 10:15 - BINGO 11:15 - Lunch 12:30 - Word Scramble 1:00 - News / Exercise 2:00 - New Years Resolutions / PARTY ! 3:30 - Hang Man New Year's Eve			