### December 2022

**Adult Day Center Activity Calendar**

**NATIONAL COOKIE DAY!**

- **December 4th**
  - 9:00 - Rise and Grind
  - 10:00 - Daily Chronicles
  - 11:15 - Lunch
  - 12:30 - I Spy
  - 1:00 - Name that recipe
  - 2:00 - "What's Cookie?"
  - 3:00 - Stocking Stuffers
  - 9:00 - Christmas Chronicles

**May you never be too old to believe in ol’ Saint Nick**

- **December 11th**
  - 9:00 - Cup of Jo
  - 10:00 - CNN 10
  - 10:30 - Chair Disco
  - 11:15 - Lunch
  - 12:30 - What am I?
  - 1:00 - I Spy Christmas
  - 2:00 - Gingerbread House Day
  - 3:00 - Memory Game

**Hanukkah Begins**

- **December 18th**
  - 9:00 - Hot Coca Cart
  - 10:00 - Talk of the Town
  - 10:30 - Mindful Meditation
  - 11:15 - Lunch
  - 12:30 - Riddle Me This
  - 1:00 - Hannukah Facts
  - 2:00 - "Put the Hat On Santa"
  - 3:00 - Christmas show bake off

**Merry Christmas**

- **December 25th**
  - 9:00 - Hot Coca Cart
  - 10:00 - Current Events
  - 10:30 - Chair Yoga
  - 11:15 - Lunch
  - 12:30 - Word Scramble
  - 2:00 - Colors of Kwanzaa coloring craft
  - 3:00 - Three Stooges

**HAPPY KWANZAA**

- **December 31st**
  - 9:00 - Rise and Grind
  - 10:00 - Talk of the Town
  - 10:30 - Balloon Volley
  - 11:15 - Lunch
  - 12:30 - Hangman
  - 1:00 - New Years Eve word scramble
  - 2:00 - New Years Eve Hats Craft
  - 2:00 - Bowling
  - 3:00 - Left Right Center

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Other noteworthy events:

- **December 9th**
  - 9:00 - Java & Jams
  - 10:00 - Talk of the Town
  - 10:30 - Mindful Meditation

- **December 16th**
  - 9:00 - Java & Jams
  - 10:15 - Larry Batter Music

- **December 23rd**
  - 9:00 - Hot Bean Juice
  - 10:00 - Daily Chronicles
  - 10:30 - Chair Disco
  - 11:15 - Lunch

**NEW YEARS EVE**

- **December 31st**
  - 9:00 - Coffee & Crosswords
  - 10:00 - CNN 10
  - 10:30 - Chair Disco
  - 11:15 - Lunch

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**Weekend Events**

- **December 10th**
  - 10:00 - Talk of the Town

- **December 17th**
  - 10:00 - Talk of the Town

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**December 30th**

- 9:00 - Coffee & Crosswords
  - 10:00 - CNN 10
  - 10:30 - Chair Disco
  - 11:15 - Lunch

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**December 31st**

- 9:00 - Coffee & Crosswords
  - 10:00 - CNN 10
  - 10:30 - Chair Disco
  - 11:15 - Lunch
  - 12:30 - What Am I?